



TRIAL INFORMATION AND SELECTION GUIDELINES



Phone :
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Website :
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Triathlon, 13–19 Years

The School Sport Australia (SSA) Triathlon 13–19 Years Championships will be held in **Runaway Bay, QLD** from **Monday 16 March – Friday 20 March, 2026**.

Age Eligibility:

- 13 to 19 years of age as of 31 December 2026.

Sport-Specific Eligibility:

- To be considered eligible for selection, all trialists must be current financial members of Aus Triathlon.
- Multiclass trialists – must comply with the multiclass categories, classifications and descriptions for the 2026 School Sport Australia Championships.
- The 2026 School Sport Australia Championships will be conducted in a draft legal format – trialists must be certified as 'draft legal,' with this credential listed on their Aus Triathlon online membership.
- Trialists are required to participate in the identified Selection Event to be considered for the team. If the Event is cancelled or altered, the identified Contingency Event will be used as the Selection Event.

SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2026.
- SSV will contact you if the school your child attends is not a financial member.

Trials Registration

- Trialists **MUST** register to try out for Team Vic by **Wednesday 12 November** at:

[Registration for Triathlon 13–19 Years](#)

[2XU Triathlon Series](#)

- **NOTE:** Trialists that enter the incorrect or other events **will not** be considered for selection. These events are public-entry events run by external organisations SSV utilises for selection – queries related to the event should be directed to the event organisation. Students will need to register with Gameday **AND** event/s they are participating in.

State Selection:

- To be considered for selection, a trialist must meet the eligibility criteria.
- A maximum of **36** students **may** be selected for the team.
- Up to **2** emergency students of each gender, in each competition category **may** be selected and offered the opportunity to train with the selected team.
- If more than **1** team emergency is named in a category, the students selected will be listed in priority order.
- Selection is not confirmed until school's endorse their student's participation in the SSA Championships as a representative of their school and SSV.



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Competition Categories:

AGE GROUPS	DISTANCES	NUMBER OF TEAM PLACES
Junior 13 – 14 Years	300m swim, 6km cycle, 1.2km run	6 Males, 6 Females
Intermediate 15 – 16 Years	400m swim, 8km cycle, 1.6km run	6 Males, 6 Females
Senior 17 – 19 Years	400m swim, 8km cycle, 1.6km run	6 Males, 6 Females

Selection Events:

JUNIOR 13-14 YEARS	
Selection Event	2XU Triathlon Series – Fun Tri Race 2 – Brighton – 7 December 2025 200m swim, 8km cycle, 2km run
Contingency Event (if Selection Event is either cancelled due to weather or changed into a Duathlon)	2XU Triathlon Series – Fun Tri Race 1 – Elwood – 23 November 2025 150m swim, 7km cycle, 1.2km run
Conditions	<ul style="list-style-type: none"> Top 6 registered trialists in each gender category (AND complete the event in a time less than 110% of the winner's time) will be considered for automatic selection. Trialists must enter the 2XU Races and select Fun Tri.

INTERMEDIATE 15-16 YEARS / SENIORS 17-19 YEARS	
Selection Race	2XU Triathlon Series – Sprint Race 1 – Elwood – 23 November 2025 500m swim, 20km cycle, 5km run
Contingency Event (if Selection Event is either cancelled due to weather or changed into a Duathlon)	2XU Triathlon Series – Sprint Race 2 – Brighton – 7 December 2025 600m swim, 20km cycle, 5km run
Conditions	<ul style="list-style-type: none"> Top 6 registered trialists in each gender category (AND complete the event in a time less than 110% of the winner's time) will be considered for automatic selection. If born in 2007–2011, when entering, trialists must enter the 2XU Draft Legal Youth Race or 2XU Draft Legal Junior Elite Race.

**Note – SSV reserves the right to adjust trial dates, times and venues*



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School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of students and ensuring students, parents and teachers are made aware of this process

Team members are expected to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, practice matches, uniform presentation, team photo, online professional learning sessions etc..) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2026 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$350.00 - \$500.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$900.00 - \$1300.00)
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#).
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.

Guidelines for selectors

- Selection is based on trial performance.
- Where there may be a perceived or actual conflict of interest such as: trial coordinators assessing the selection of a friend or relative, this must be communicated to SSV and a plan to manage the conflict will be developed and implemented.
- Trialists must participate in the identified Selection Event to be considered eligible for selection.
- Team balance is critical to selection of the final squad.

Selectors are looking for:

- Strong performance in selection events
- Concentration and focus during events
- Positive on and off course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the sport
- Adequate level of fitness
- Ability to follow instructions
- Ability to control emotions
- Leadership skills
- Carry out skills under pressure
- Ability to listen to advice
- Team player



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