



TRIAL INFORMATION AND SELECTION GUIDELINES



Phone :
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Website :
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Triathlon & Aquathlon Multiclass, 11–19 Years

The School Sport Australia (SSA) Triathlon and Aquathlon Multiclass 11–19 Years Championships will be held in **Runaway Bay, QLD** from **Monday 16 March – Friday 20 March, 2026**.

Age Eligibility:

- **Triathlon** – 13 to 19 years of age as of 31 December 2026
- **Aquathlon** – 11 to 19 years of age as of 31 December 2026

Sport-Specific Eligibility:

- To be considered eligible for selection, all trialists must be current financial members of Aus Triathlon.
- Multiclass trialists – must comply with the multiclass categories, classifications and descriptions for the 2026 School Sport Australia Championships.
- **Triathlon only:** The 2026 School Sport Australia Championships will be conducted in a draft legal format – trialists must be certified as 'draft legal,' with this credential listed on their Aus Triathlon online membership.
- Trialists are required to participate in the identified Selection Event to be considered for the team. If the Event is cancelled or altered, the identified Contingency Event will be used as the Selection Event.

SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2026.
- SSV will contact you if the school your child attends is not a financial member.

Trials Progression:

- Trialists **MUST** register to try out for Team Vic by **Wednesday 12 November** at:

[Registration for Triathlon & Aquathlon Multiclass 11–19 Years](#)

[2XU Triathlon Series](#)

[Shepparton Aquathlon](#)

[Western Suburbs TC Aquathlon](#)

- **NOTE:** Trialists that enter the incorrect or other events **will not** be considered for selection. These events are public-entry events run by external organisations SSV utilises for selection – queries related to the event should be directed to the event organisation. Students will need to register with Gameday **AND** event/s they are participating in.

State Selection:

- To be considered for selection, a trialist must meet the eligibility criteria.
- A maximum of **88** students **may** be selected for the team.
- Up to **2** emergency students of each gender, in each competition category **may** be selected and offered the opportunity to train with the selected team.
- If more than **1** team emergency is named in a category, the students selected will be listed in priority order.
- Selection is not confirmed until school's endorse their student's participation in the SSA Championships as a representative of their school and SSV.



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Competition Categories:

Triathlon

AGE GROUPS	DISTANCES	NUMBER OF TEAM PLACES
Junior 13 – 14 Years	300m swim, 6km cycle, 1.2km run	6 Males, 6 Females
Intermediate 15 – 16 Years	400m swim, 8km cycle, 1.6km run	6 Males, 6 Females
Senior 17 – 19 Years	400m swim, 8km cycle, 1.6km run	6 Males, 6 Females

Aquathlon:

AGE GROUPS	DISTANCES	NUMBER OF TEAM PLACES
Youth 11 – 12 Years	200m swim, 1.2km run	8 Males, 8 Females
Junior 13 – 14 Years	300m swim, 1.2km run	6 Males, 6 Females
Intermediate 15 – 16 Years	400m swim, 1.6km run	6 Males, 6 Females
Senior 17 – 19 Years	400m swim, 1.6km run	6 Males, 6 Females

TRIATHLON 13-19 YEARS MULTICLASS

Selection Event

2XU Triathlon Series – Fun Tri
Race 2 – Brighton – 7 December 2025
200m swim, 8km cycle, 2km run

Reserve Event

2XU Triathlon Series – Fun Tri
Race 1 – Elwood – 23 November 2025
150m swim, 7km cycle, 1.2km run

Conditions

- Top 6 in each gender category (AND complete the event in a time less than 110% of the winner's time) are automatic selections, unless the event is cancelled due to weather.
- It is important that trialists complete their event within a suitable time frame that reflects both effort and ability. While speed is a factor, the focus is on finishing the race in a manner that demonstrates readiness and capability for higher-level competition, with consideration for the unique challenges faced by multiclass athletes.
- If a full team cannot be selected from **Race 2**, results from **Race 1** may be used to complete team selection. Selection will be determined strictly by finishing position.



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AQUATHLON 11-19 YEARS MULTICLASS

Selection Event

Shepparton Aquathlon Event – Sprint
30 November 2025
200m swim, 2km run

Reserve Event

Western Suburbs Aquathlon Event – Sprint
21 December 2025
200m swim, 2km run

- Top 8 in each gender category for the Youth events (AND complete the event in a time less than 110% of the winner's time) will be considered for selection.
- Top 6 in each gender category for the Junior, Intermediate and Senior events (AND complete the event in a time less than 110% of the winner's time) will be considered for selection.
- It is important that trialists complete their event within a suitable time frame that reflects both effort and ability. While speed is a factor, the focus is on finishing the race in a manner that demonstrates readiness and capability for higher-level competition, with consideration for the unique challenges faced by multiclass athletes.
- If a full team cannot be selected from **Shepparton Aquathlon**, results from **Western Suburbs Aquathlon** may be used to complete team selection. Selection will be determined strictly by finishing position.

**Note – SSV reserves the right to adjust trial dates, times and venues*

SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of students and ensuring students, parents and teachers are made aware of this process

Team members are expected to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, practice matches, uniform presentation, team photo, online professional learning sessions etc..) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2026 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$350.00 – \$500.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$900.00 – \$1300.00)
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#).
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.



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Guidelines for selectors

- Selection is based on trial performance.
- Where there may be a perceived or actual conflict of interest such as: trial coordinators assessing the selection of a friend or relative, this must be communicated to SSV and a plan to manage the conflict will be developed and implemented.
- Trialists must participate in the identified Selection Event to be considered eligible for selection.
- Team balance is critical to selection of the final squad.

Selectors are looking for:

- Strong performance in selection events
- Concentration and focus during events
- Positive on and off course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the sport
- Adequate level of fitness
- Ability to follow instructions
- Ability to control emotions
- Leadership skills
- Carry out skills under pressure
- Ability to listen to advice
- Team player



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