



TRIAL INFORMATION AND SELECTION GUIDELINES

Phone :
(03) 9084 9001

Website :
www.ssv.vic.edu.au/team-vic

Email :
SSV.TeamVic@education.vic.gov.au

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Cross Country, 10-12 Years

The School Sport Australia (SSA) 10-12 Years Cross Country Championships will be held in **Sydney, New South Wales** from **Monday, 14 September - Thursday, 17 September, 2026**.

Age Eligibility:

- Students who are 10, 11 or 12 years of age as at 31 December 2026 i.e. born in 2016, 2015, 2014.
- Students turning 9 or 13 in 2026 are ineligible for selection.

SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2026.
- SSV will contact you if the school your child attends is not a financial member.
- Selection is not confirmed until schools endorse their student's participation in the SSA Championships as a representative of their school and SSV.

Selection Process:

- The selection event for the 2026 Team Vic Primary Track and Field Team is the [SSV State Cross Country Championships](#). All students must compete under the rules and event specifications published on the SSV website.
- To be considered for selection, students must meet all requirements outlined in the selection guidelines.
- Team Vic selection is based on individual performances at the SSV State Cross Country Championships.
- To be eligible to compete at the SSV State Cross Country Championships, age-eligible students must:
 - Progress through each SSV Primary Interschool Competition Level (Primary District → Primary Division → Primary Region), **or**
 - Progress through each SSV Secondary Interschool Competition Level (Secondary Division → Secondary Region), **or**
 - Attend an SSV Affiliate member secondary school and be age-eligible to compete by invitation. An Affiliate member secondary school is any non-government secondary school that participates in a regular school sport competition for students in year levels 7 to 12 conducted by another secondary school sport organisation.
- Students who turn 12 years of age in 2026 and are enrolled in Year 7 at an SSV Affiliate member secondary school must register via the [Invitation Link](#) by **Wednesday, 01 July 2026**.
- If deemed eligible (attending an SSV Affiliate member secondary school and meeting the age-eligibility criteria), these students may compete as invitation athletes at the SSV State Cross Country Championships for Team Vic selection purposes only. Invitation students are not eligible for state championship medals/placings.



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Able-body students

- The six fastest 10, 11 and 12 year old boys and girls from the SSV State Cross Country Championships will be offered a place in the team
- The next four fastest 10, 11 and 12 year old boys and girls will be placed on an emergency list should one of the qualifying athletes decide not to take their place in the team
- **NOTE** - selection in the 12 year old age group will be based on the six fastest students on times from either the 12/13 PRIMARY or 12/13 SECONDARY races.

Multi-Class students

- The first three 10, 11 and 12 year old boys and girls placegetters as determined using the Australian Athletics Baseline percentages from the SSV State Cross Country Championships will be offered a place in the team
- The next two 10, 11 and 12 year old boys and girls placegetters as determined using the Australian Athletics Baseline percentages will be placed on an emergency list should one of the qualifying athletes decide not to take their place in the team.
- **NOTE** - selection in the 12 year old age group will be based on the six fastest students on times from either the 12/13 PRIMARY or 12/13 SECONDARY races.

State Selection:

- A maximum of 54 students (up to 36 able-bodied athletes and up to 18 multi-class athletes) will be selected for the team
- Selection is not confirmed until schools endorse their student's participation in the SSA Championships as a representative of their school and SSV.

SSV STATE CROSS COUNTRY CHAMPIONSHIPS

Thursday, 16 July 2026

10:00am – 4:30pm

Yarra Valley Racing Club, Armstrong Grove, Yarra Glen, VIC 3775

***Note - SSV reserves the right to adjust event dates, times and venues**

SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of players and ensuring students, parents and teachers are made aware of this process.



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Team members are required to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, practise sessions, uniform presentation, team photo, online professional learning sessions etc.,) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2026 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$300.00 - \$450.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$800.00 - \$1300.00)
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#).
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.

Guidelines for selectors

- Team Selection is based upon the results of the SSV State Cross Country Championships.

Selectors are looking for:

- Concentration and focus during races
- Positive on and off course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the sport
- Ability to follow instructions
- Ability to control emotions
- Leadership skills
- Carry out above skills under pressure
- Ability to listen to advice
- Team player



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