



# TRIAL INFORMATION AND SELECTION GUIDELINES

Phone : (03) 9084 9001

Website : [www.ssv.vic.edu.au/team-vic](http://www.ssv.vic.edu.au/team-vic)

Email : [SSV.TeamVic@education.vic.gov.au](mailto:SSV.TeamVic@education.vic.gov.au)

Updated: 09 October 2023

## 11-12 Years Aquathlon

## 13-19 Years Triathlon

## 11-19 Years Multiclass Aquathlon

## 13-19 Years Multiclass Triathlon

The School Sport Australia (SSA) 11-19 Years Aquathlon/Triathlon Championships will be held in **Rockingham, Western Australia**, from **Tuesday 12 March – Friday 15 March, 2024**.

### Eligibility:

- Comply with the age groups for the 2024 SSA Championships as of 31 December 2024
- Comply with the multiclass categories for the 2024 SSA Championships where applicable
- **Triathlon only:** compete in endorsed 'draft legal' selection races (2024 SSA Championships will be conducted in a 'draft legal' format). **NOTE:** Junior events are non-drafting and are accessible to anyone

### SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2024
- SSV will contact you if the school your child attends is not a financial member

### Trials Progression:

- Trial participants are required to participate in at least one selection race to be considered for the team
- Trial participants must register to try out for Team Vic at <https://www.ssv.vic.edu.au/team-vic/pages/triathlon.aspx> by Thursday 7 December, 2023 **AND** register for the listed selection events below via the event websites (e.g. registered for Triathlon - [2XU Triathlon Series](#) or Aquathlon - [Victorian Aquathlon State Championships](#) by visiting their website). Please note that the registration for externally provided selection events may close before Thursday 7 December, 2023.
- Trial participants can achieve selection by either an Automatic selection or through a Discretionary selection

### State Selection:

- A maximum of 116 students **may** be selected for the team as per the table below
- Up to 2 emergency students of each gender, in each competition category **may** be selected and offered the opportunity to train with the selected team
- If more than one team emergency is named in a category, the students selected will be listed in priority order
- Any student selected as an emergency must comply with the responsibilities of team members in order to be eligible for selection should a position in the team become available and offered to them

INDIVIDUAL EVENT	DISTANCES	AGE GROUPS	NUMBER OF TEAM PLACES
Aquathlon	1km run, 200m swim, 1km run	11 - 12 Years	8 Males, 8 Females
Aquathlon Multiclass	100m swim, 1km run	11 - 12 Years	6 Males, 6 Females
	100m swim, 1km run	13 - 14 Years	6 Males, 6 Females



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INDIVIDUAL EVENT	DISTANCES	AGE GROUPS	NUMBER OF TEAM PLACES
Aquathlon Multiclass	200m swim, 2km run	15 - 16 Years	6 Males, 6 Females
	200m swim, 2km run	17 - 19 Years	6 Males, 6 Females
Triathlon	300m swim, 10km cycle, 2km run	13 - 14 Years Junior	6 Males, 6 Females
	500m swim, 15km cycle, 4km run	15 - 16 Years Intermediate	6 Males, 6 Females
	750m swim, 20km cycle, 5km run	17 - 19 Years Senior	6 Males, 6 Females
Triathlon Multiclass	300m swim, 10km cycle, 2km run	13 - 19 Years	8 Males, 8 Females

## Automatic Selection - Aquathlon

- A trial participant can qualify for automatic selection to the below listed **Aquathlon** teams through their performance in the selection race if:
  - Finish Top 3 in the 17-19 Years Category in the Selection Race
  - Finish Top 3 in the 15-16 Years Category in the Selection Race
  - Finish Top 3 in the 13-14 Years Category in the Selection Race
  - Finish Top 3 in the 11-12 Years Category in the Selection Race
  - **AND** complete the event in a time less than 110% of the winner's time.

## Automatic Selection - Triathlon

- A trial participant can qualify for automatic selection to the below listed **Triathlon** teams through their performance in the selection race if:
  - Finish Top 3 in the 17-19 Years (Senior) Category in the Selection Race
  - Finish Top 3 in the 15-16 Years (Intermediate) Category in the Selection Race
  - Finish Top 3 in the 13-14 Years (Junior) Category in the Selection Race
  - Finish Top 3 in the 13-19 Years Para Athlete Category in the Selection Race
  - **AND** complete the event in a time less than 110% of the winner's time.

## Discretionary Selection

- Team Vic Officials may select trial participants for the remaining positions in the team following the allocation of any automatic positions. This discretion is absolute, and it need not be exercised should the selectors believe the trialist will not be able to adequately meet the performance standards required at the SSA event.
- Results from the 'Discretionary' Race will be considered by Team Vic Officials.
- Trial participants are required to participate in at least one selection race to be considered for the team.
- If relevant, a valid Invitation Request needs to have been submitted to the National Programs Manager.



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## SELECTION EVENTS – AQUATHLON

AQUATHLON AUTOMATIC SELECTION RACE		
Sunday 3 December, 2023	Victorian Aquathlon Championships Shepparton Tri Club Victoria Park Lake, Shepparton, 3630	<a href="#">RACE REGISTRATION LINK</a>
<p><b>Information for 11 – 12 Years Non-Multiclass Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2012 – 2013, when entering, you must enter the <b>SSV Ages 11 – 12 Race</b> (200m swim, 2km run)</li> </ul> <p><b>Information for Multiclass Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2010 – 2013, when entering, you must enter the <b>Multiclass Ages 11 – 14 Race</b> (100m swim, 1km run)</li> <li>If born between 2005 – 2009, when entering, you must enter the <b>Multiclass Ages 15 – 19 Race</b> (200m swim, 2km run)</li> </ul>		

AQUATHLON DISCRETIONARY SELECTION TRIAL		
Saturday 9 December, 2023 2:00pm – 4:00pm	Team Vic Aquathlon Trial Melbourne Sports and Aquatic Centre (MSAC) & Lakeside Athletics Track 30 Aughtie Drive, Albert Park, 3206	<b>NO REGISTRATION REQUIRED</b> (collected when registering for Team Vic)
<p><b>Information for Trialists</b></p> <ul style="list-style-type: none"> <li>100m or 200m pool time trial, followed by 1km or 2km running time-trial</li> <li>Arrive at the pool and warm up for time-trials to begin at 2:00pm</li> <li>Multiclass athletes will trial first</li> <li>11 – 12-year-old non-multiclass athletes will trial from 2:30pm.</li> <li>You must register and pay for this trial by Friday 2 December (link above)</li> </ul>		

## SELECTION EVENTS – TRIATHLON

TRIATHLON AUTOMATIC SELECTION RACE		
Sunday 10 December, 2023	2XU Triathlon Series – Race 2 Brighton Green Point, Brighton, 3186	<a href="#">RACE REGISTRATION LINK</a>
<p><b>Information for Junior Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2010 – 2011, when entering, you must enter the <b>Fun Tri Event</b></li> </ul> <p><b>Information for Intermediate Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2008 – 2009, when entering, you must enter the <b>2XU Draft Legal Youth Race</b> or <b>2XU Draft Legal Junior Race</b></li> </ul> <p><b>Information for Senior Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2005 – 2007, when entering, you must enter the <b>2XU Draft Legal Junior Race</b></li> </ul> <p><b>Information for Multiclass Trialists</b></p> <ul style="list-style-type: none"> <li>Multiclass trialists must enter the <b>Fun Tri Race</b> and select the ‘para athlete’ category for your age group</li> </ul> <p><b>NOTE:</b> Trialists that enter the incorrect or other events <b>will not</b> be considered for selection</p>		



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## TRIATHLON DISCRETIONARY SELECTION RACE

<b>Sunday 26 November, 2023</b> 2XU Triathlon Series - Race 1 Elwood Elwood Park, Elwood, 3184	<a href="#">RACE REGISTRATION LINK</a>
<p><b>Information for Junior Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2010 - 2011, when entering, you must enter the <b>Fun Tri Event</b></li> </ul> <p><b>Information for Intermediate Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2008 - 2009, when entering, you must enter the <b>2XU Draft Legal Youth Race</b> or <b>2XU Draft Legal Junior Race</b></li> </ul> <p><b>Information for Senior Trialists</b></p> <ul style="list-style-type: none"> <li>If born between 2005 - 2007, when entering, you must enter the <b>2XU Draft Legal Junior Race</b></li> </ul> <p><b>Information for Multiclass Trialists</b></p> <ul style="list-style-type: none"> <li>Multiclass trialists must enter the <b>Fun Tri Race</b> and select the 'para athlete' category for your age group</li> </ul> <p><b>NOTE:</b> Trialists that enter the incorrect or other events <b>will not</b> be considered for selection</p>	

## SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of players and ensuring students, parents and teachers are made aware of this process

### Team members are expected to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to initial briefing, training, practice matches, jumper presentation, team photo etc..) as deemed compulsory by Team Officials including the State Camp (if applicable)
- Must be accompanied by a parent/carer to the 2024 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child
- Purchase the compulsory uniform
- Complete and return all team documentation to the Team Manager by the due date
- Pay all team membership invoices by the due date
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#)
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities
- Follow [COVID-19 guidance to protect yourselves and others](#) and comply with any health advice that is issued.



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## Guidelines for selectors

- Where there may be a perceived or actual conflict of interest such as: trial coordinators assessing the selection of a friend or relative, this must be communicated to SSV and a plan to manage the conflict will be developed and implemented.

## Selectors are looking for:

- Strong results in selection events
- Positive on and off court / field / course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the game
- Adequate level of fitness
- Ability to follow instructions
- Ability to control emotions
- Leadership skills
- Carry out above skills under pressure
- Ability to listen to advice
- Team player



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