



TRIAL INFORMATION AND SELECTION GUIDELINES



Phone :
(03) 9084 9001



Website :
www.ssv.vic.edu.au/team-vic



Email :
SSV.TeamVic@education.vic.gov.au

Updated: 19 January 2026

Swimming, 10-19 Years

The School Sport Australia (SSA) Swimming Championships will be held separately in 2025.

The **13-19 Years** event will be held in **Melbourne, VIC** from **Saturday, 25 July to Thursday, 30 July 2026**.

The **10-12 Years** event will be held in **Melbourne, VIC** from **Sunday, 29 November to Thursday, 03 December 2026**.

Age Eligibility:

- 10 – 19 years of age as at 31 December 2026.

SSV Member Schools:

- Selection for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2026.
- SSV will contact you if your child is provisionally selected in the team and the school your child attends is not a financial member.

Trials Progression:

- There are no selection trials for any age group for swimming.
- Students must nominate and register for Team Vic before the registration closing date. Only students nominating via this process will be considered.
- Registering for this team indicates a student is available for selection, their intent to swim if selected and that they have meet the qualifying standards in at least **two events** (as listed below).

State Selection:

- To be considered for selection, a student must meet the requirements in the selection guidelines.
- Selection is not confirmed until school's endorse their student's participation in the SSA Championships as a representative of their school and SSV.
- All students must meet the qualifying standards in at least **two events** (as listed below).
- Where applicable, students must comply with the Multi-Class classification requirements for the 2026 SSA Championships. Students may only nominate as either a Multi-Class competitor or as an able-bodied competitor – not both.
- Students will be asked to nominate five (5) preferred **individual** events i.e. stroke and distance. Selectors will attempt to utilise student preferences when allocating events to students, noting that a balanced team will take precedence.
- Students' results must be visible on [Swimming Australia's Results Central](#). To turn this option on, please navigate to your child's Swim Central profile and unselect the 'Hide results in Public Portal' option. If a student's results are not visible, they will be ineligible for selection.



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- Selection for relays will be finalised prior to the Championships. Students will be advised of the number of potential relays they will swim after individual selections have occurred and team selection is finalised. It is **compulsory** for each student to swim in all relays they are selected for.
- There is a restriction on the number of students that can be entered in each event but not on maximum team size. The provisionally selected team will have sufficient students in each gender and group to fill all events.
- Selectors reserve the right to distribute events to students on an equitable basis to maximise the number of individual swims across the team.
- Students will be selected in order of those with the greatest number of highest rated swims in each age group.
- Students must be provisionally selected in a minimum of two (2) events to be selected in the provisional team.
- A student can only be selected for a maximum of six (6) individual events (10-12 Years).
- A student can only be selected for a maximum of seven (7) individual events (13-19 Years).
- No more than 2 athletes from the same class will be selected in each Multiclass event in each age group unless there are no other nominations or qualified swimmers for that event
- Potential emergencies may be identified but will not be named at the time of selection. Emergencies will receive notification of a pending call-up into the team if required.

Eligible Qualifying Standards Events:

- All **long course** swim meets approved by [Swimming Victoria](#) as 'Qualifying Meets' from Tuesday, 1 July 2025 to Friday, 1 May 2026. This includes the SSV State Championships and any times recorded as official times on [Swimming Australia's Results Central](#).
- Swimming Victoria approved meets, which may include independent school sport associations, or lower levels of SSV competitions in which the Meet Manager files are provided to SSV.
- Split times and relay lead off times may be considered if they are recorded as official times on [Swimming Australia's Results Central](#).
- Short course swim meets and times will not be considered.
- **Please note:** Long course times achieved after registrations have closed will be used to update entry times for the School Sport Australia Championships but **will not** change individual or relay event selections. The Swimming Australia database will be used to access these times. Short course times **will not** be used.



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Qualifying Standards:

MULTI-CLASS

- All students must meet the Multi-Class Point Score (MCPS) standards in at least **two (2) events** that make up the SSA Championships event program:

50 Free	100 Free	200 Free	50 Fly
100 Fly	50 Brst	100 Brst	50 Back
100 Back	150 IM (SM 1-4)	200 IM	

- Multi-Class students must have achieved qualifying times at eligible events, scoring at or above the minimum points listed below, or,
- Achieved two (2) Swimming Victoria Multi-Class qualifying times for their class for the Swimming Victoria State Championships.
- To determine a Multi-Class Point Score (MCPS), please refer to the [Swimming Australia website](#) for the Long Course Multi-Class Point Score Calculator.

AGE GROUPS & MULTI-CLASS POINT SCORE STANDARDS

10-12 Years 130 points	13-15 Years 175 points	16-19 Years 225 Points
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ABLE-BODIED

- All students must meet the qualifying standards in at least **two (2) events** that make up the SSA Championships event program:

GIRLS

EVENT	10yo	11yo	12yo	13yo	14yo	15yo	16yo	17/18/19+
50 Free	35.00	33.00	30.00	30.00	29.00	29.00	28.50	29.50
50 Back	40.00	37.00	35.00	33.00	32.50	32.00	32.00	33.00
50 Brst	45.00	42.00	39.00	38.00	37.50	37.00	37.00	38.00
50 Fly	40.00	35.00	33.00	32.00	31.50	30.50	30.00	31.00
100 Free	1.20.00	1.11.00	1.07.00	1.04.00	1.03.00	1.02.00	1.01.50	1.03.00
100 Back	1.30.00	1.22.00	1.18.00	1.12.00	1.10.00	1.10.00	1.08.00	1.10.00
100 Brst	1.45.00	1.34.00	1.28.00	1.20.00	1.19.50	1.19.00	1.18.00	1.20.00
100 Fly	1.42.00	1.28.00	1.19.00	1.11.00	1.10.00	1.10.00	1.09.50	1.09.00
200 Free	2.39.00			2.25.00		2.15.00		2.18.00
200 Back				2.30.00		2.35.00		2.35.00
200 Brst				2.50.00		2.50.00		2.50.00
200 Fly				2.42.00		2.40.00		2.40.00
200 IM	3.18.00	3.05.00	2.50.00	2.35.00		2.35.00		2.35.00



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EVENT	10yo	11yo	12yo	13yo	14yo	15yo	16yo	17/18/19+
400 Free				4.55.00		4:50:00		4:50:00
400 IM				5.35.00		5.30.00		5.30.00
800 Free				9.35.00				
1500 Free				18.50.00				

ABLE-BODIED

- All students must meet the qualifying standards in at least **two (2) events** that make up the SSA Championships event program:

BOYS

EVENT	10yo	11yo	12yo	13yo	14yo	15yo	16yo	17/18/19+
50 Free	36.00	32.00	30.00	28:00	27.80	27.00	26.50	26.00
50 Back	42.00	41.00	36.00	34.00	32.00	31.50	30.50	29.50
50 Brst	47.00	42.00	40.00	38.00	37.50	35.00	34.50	32.50
50 Fly	39.00	35.00	34.00	30.50	30.00	29.50	29.00	28.50
100 Free	1.24.00	1.12.00	1.09.00	1.01.00	1.00.00	58.00	57.00	56.00
100 Back	1.33.00	1.24.00	1.21.00	1.11.00	1.10.00	1.08.00	1.07.00	1.02.00
100 Brst	1.50.00	1.34.00	1.32.00	1.20.00	1.19.00	1.16.00	1.15.00	1.13.00
100 Fly	1.43.00	1.24.00	1.20.00	1.08.00	1.07.50	1.04.00	1.03.00	1.02.00
200 Free	2.30.00			2.10.00		2.05.00		2.02.00
200 Back				2:28:00		2:20:00		2:18:00
200 Brst				2.50.00		2.40.00		2.38.00
200 Fly				2.35.00		2:25:00		2:22:00
200 IM	3.30.00	3.00.00	2.54.00	2.30.00		2:20:00		2.22.00
400 Free				4.38.00		4.25.00		4.22.00
400 IM				5.20.00		5.05.00		5.02.00
800 Free				9.00.00				
1500 Free				17.00.00				

SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of players and ensuring students, parents and teachers are made aware of this process.



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Team members are required to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, uniform presentation, team photo, online professional learning sessions etc.,) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2026 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$300.00 - \$450.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$800.00 - \$1300.00)
- Attend **all** SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#).
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.

Guidelines for selectors

- Where there may be a perceived or actual conflict of interest such as: trial coordinators assessing the selection of a friend or relative, this must be communicated to SSV and a plan to manage the conflict will be developed and implemented.
- Only official times (individual or relay) recorded on the Swimming Australia database will be used for selection purposes.
- Selectors must ensure sufficient swimmers in each gender and age group are selected to fill the events on the program.
- The team will be selected in order of those with the greatest number of highest rated swims in each age group.
- Selectors reserve the right to distribute swims to team members on an equitable basis to maximise the number of individual swims across the team.
- Team balance is critical to selection of the final squad.



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