



TRIAL INFORMATION AND SELECTION GUIDELINES

Phone :
(03) 9084 9001

Website :
www.ssv.vic.edu.au/team-vic

Email :
SSV.TeamVic@education.vic.gov.au

Updated: 15 February 2025

Cross Country, 10–12 Years

The School Sport Australia (SSA) 10–12 Years Cross Country Championships will be held on the **Gold Coast, QLD**, from **Sunday 07 September - Wednesday 10 September 2025**.

Age Eligibility:

- Turning 10, 11 or 12 years of age as at 31 December 2025 i.e. born in 2015, 2014, 2013
- Students turning 9 or 13 in 2025 are ineligible for selection

SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2025.
- SSV will contact you if the school your child attends is not a financial member.

Selection Process:

- To be eligible for selection, students must progress through each SSV interschool level (district > division > region) to qualify for the SSV State Cross Country Championships or attend an affiliate member school and be age eligible to compete by invitation
- Selection for Team Vic is determined by individual performances at the SSV State Cross Country Championships
- Students turning 11 or 12 years of age in 2025 who are in Year 7 at an affiliate member school, must register for entry at this [link](#) by **Wednesday, 2 July 2025**. If approved as eligible, these students will compete as invitation athletes in the SSV State Cross Country Finals for Team Vic selection purposes only and are not eligible for state championship medals.

Able-body students

- The six fastest 10, 11 and 12 year old boys and girls from the SSV State Cross Country Championships will be offered a place in the team
- The next four fastest 10, 11 and 12 year old boys and girls will be placed on an emergency list should one of the qualifying athletes decide not to take their place in the team
- NOTE - selection in the 12 year old age group will be based on the six fastest students on times from either the 12/13 PRIMARY or 12/13 SECONDARY races.

Multi-Class students

- The first three 10, 11 and 12 year old boys and girls placegetters as determined using the Athletics Australia Baseline percentages from the SSV State Cross Country Championships will be offered a place in the team
- The next two 10, 11 and 12 year old boys and girls placegetters as determined using the Athletics Australia Baseline percentages will be placed on an emergency list should one of the qualifying athletes decide not to take their place in the team.
- NOTE - selection in the 12 year old age group will be based on the six fastest students on times from either the 12/13 PRIMARY or 12/13 SECONDARY races.



@SchoolSportVictoria



TRIAL INFORMATION AND SELECTION GUIDELINES

Phone :
(03) 9084 9001

Website :
www.ssv.vic.edu.au/team-vic

Email :
SSV.TeamVic@education.vic.gov.au

State Selection:

- A maximum of 54 students (up to 36 able-bodied athletes and up to 18 multi-class athletes) will be selected for the team
- Selection is not confirmed until school's endorse their student's participation in the SSA Championships as a representative of their school and SSV.

SCHOOL SPORT VICTORIA STATE CROSS COUNTRY CHAMPIONSHIPS

Thursday, 24 July 2025

9:00am – 1:30pm

Venue: Yarra Valley Racing Club, Armstrong Grove, Yarra Glen

SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of players and ensuring students, parents and teachers are made aware of this process.

Team members are required to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, practise sessions, uniform presentation, team photo, online professional learning sessions etc..) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2025 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$250.00 - \$400.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$800.00 - \$1200.00)
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the [SSA Championship Attendance Policy](#).
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.

Guidelines for selectors

- Selections are based upon results of SSV State Cross Country Championships

Selectors are looking for:

- Concentration and focus during races
- Positive on and off course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the sport
- Ability to follow instructions
- Ability to control emotions



@SchoolSportVictoria



TRIAL INFORMATION AND SELECTION GUIDELINES



Phone :
(03) 9084 9001



Website :
www.ssv.vic.edu.au/team-vic



Email :
SSV.TeamVic@education.vic.gov.au

- Leadership skills
- Carry out above skills under pressure
- Ability to listen to advice
- Team player



@SchoolSportVictoria