



TRACK & FIELD TRIAL INFORMATION



Phone :
(03) 9084 9001



Website :
www.ssv.vic.edu.au/team-vic



Email :
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Updated: 20 August 2025

SCHOOL SPORT VICTORIA (SSV) 2025 TEAM VIC TRACK AND FIELD SELECTION TRIALS TOM KELLY ATHLETICS TRACK

IMPORTANT INFORMATION ABOUT THE SELECTION TRIALS THAT MUST BE READ CAREFULLY

1. These Trials are being conducted to select the Team Vic team to compete in the School Sport Australia (SSA) 10 to 12 Years & Under Track and Field Championships to be held in Canberra, ACT from Thursday 27 November to Sunday 30 November 2025.
2. The Trials are being conducted according to World Athletics and IPC rules unless stated below.
3. These Trials will **not** be cancelled due to weather conditions.
4. It is expected that students competing at these trials are making themselves available for selection.
5. These Trials are not a '**come and try**' day, nor can the results be used for any records applications with Little Athletics Victoria, Athletics Victoria or School Sport Victoria. As a guide the **qualifying standards** should be no less than **8th place** at the SSV State Primary Track and Field event. To view previous qualifying standards please see [this link](#).
6. Wind gauges will not be used for any sprint events or horizontal jumps.
7. There will be no presentations at these Trials.
8. Students should wear appropriate competition uniform (this could be your club athletics uniform, your school PE uniform).
9. **Please do not wear Team Vic, Athletics Victoria or Little Athletics Victoria State uniform.**
10. Please consider the weather conditions in the lead up to the trial i.e. clothing appropriate for the weather, sunscreen, change of clothes etc...

ASSISTANCE FROM PARENTS:

We may ask for assistance from parents to help us at the throws and long jump to collect implements and rake pits. Just offer your services at the event site prior to the commencement of that event.

We don't expect you to 'work' when your child is competing but help at other times will be greatly appreciated.



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REGISTRATION CONFIRMATION:

1. Combined Event

- If you have ticked the registration option for being considered for the combined event, your information will be shared with the Combined Coach.
- If you wish to be considered for the combined event you must have entered and compete in at least 2 of the events in the CE (100m, Long Jump, 800m) at the Trials.
- A separate Shot Put event for all CE triallists will be held.

2. Multi class Athletes Verification

- If you cannot provide this paperwork at the trials, any selection will be subject to the supply of correct classification verification.

SPECIFIC COMPETITION INFORMATION:

- There will be no call room.
- Spikes are permitted to be worn for all track events and jumps.
- For **field events**, students must report to the appropriate **marshalling area 15 MINUTES PRIOR TO** the scheduled starting time.
- For **track events**, students must report to the **start area** of the respective track event **15 MINUTES PRIOR TO** the first event in that event block e.g. the first 100m event is at 11:00am, so all 100m runners should report to the 100m **marshalling area** by 10:45 am. You will be marshalled into your heat/lane and given hip numbers as required.
- Announcements will be made to remind students of marshalling times and if events are running late.
- The Competition Director reserves the right to alter the timetable should the need arise.

100m and 200m

- Where heats are required, advancement to the final will be the winner of each heat plus the next fastest to make a final of 8.
- Students may use a crouch start (with or without blocks) or a standing start.
- One false start rule is now used nationally.
- As per World Athletics rules, any student observed running on the white line on the inside of their lane on the curve of the 200m will be disqualified.



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800m

1. The 800m will be run as straight finals and will run the first 100m in lanes.
2. Where there are more than 8 entrants, 2 athletes will be allocated to a lane as required.
3. If there are a large number of entrants, timed finals will be conducted at the discretion of the Competition Director.
4. As per World Athletics rules, any student observed running on the white line on the inside of their lane in the first 100m will be disqualified.

1500m

1. The 1500m will be run as straight finals.
2. If there are a large number of entrants, timed finals will be conducted at the discretion of the Competition Director.

Long Jump, Shot Put and Discus

1. All long jump events (except multi class students) will be conducted from the white board that is 20 cm in width and up to 2 m from the edge of the pit. This is the same event conditions for the School Sport Australia Championships.
2. Multi class students will jump from a white board that is 20 cm in width and 1m from the edge of the pit or from the edge of the pit. This is the same event conditions for the School Sport Australia Championships.
3. All students will be given 3 attempts. After 3 attempts, the top 8 will be given another single (1) attempt.
4. The Competition Director reserves the right to reduce this number if the program runs behind time.

Implement Weights:

Girls	Shot Put	Discus	Boys	Shot Put	Discus
10 Years	2 kg	500 g	10 Years	2 kg	500 g
11 Years	2 kg	750 g	11 Years	2 kg	750 g
12 Years	3 kg	750 g	12 Years	3 kg	750 g
MC	As per age and classification		MC	As per age and classification	



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High Jump

1. Whenever possible, the high jump will jump to completion.
2. The Competition Director reserves the right to stop a competition once a result has been achieved.
3. Jump offs may be required if more than 3 tie for first place or more than 2 tie for second or third place. The jump off will be conducted according to World Athletics rules.
4. The Competition Director reserves the right to vary the starting heights and progressions listed below.

Starting Heights and Progressions:

Girls	Starting Height	Progression	Boys	Starting Height	Progression
10 Years	1.05m	2 x 5m rises then 3cm	10 Years	1.10m	2 x 5m rises then 3cm
11 Years	1.15m	2 x 5m rises then 3cm	11 Years	1.15m	2 x 5m rises then 3cm
12 Years	1.20m	2 x 5m rises then 3cm	12 Years	1.25m	2 x 5m rises then 3cm

Protests:

If a parent or student wishes to protest over the conduct of an event, the following procedures **MUST** be followed:

1. The Protest must be made orally to the relevant Referee either immediately any incident occurs or within 5 minutes of the completion of the event. The Referee will be wearing a yellow arm band.
2. The Referee will rule on the protest.
3. If the parent or student wishes to appeal the Referee's decision, then they must complete an Appeal Form and lodge it with the Competition Director along with AUD \$50.00 cash appeal fee.
4. A Jury of Appeal will then make a decision.
5. There is no right of appeal once the Jury has made a decision.

Scratchings:

1. If you wish to scratch from an event, please **notify Phoenix Lawton by email phoenix.lawton@education.vic.gov.au no later than Thursday 28 August 2025** as this affects the number of heats.
2. The Trial fee is non-refundable.



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Warm Up:

1. To take place on the oval to the West of the track, a path through to the oval will be available on the day.
2. Students should be supervised at all times during warm up.
3. Correct track etiquette is expected from students and parents
4. This warm up area is available to all students and, if abused, will be closed.
5. No throwing warm ups can be conducted on the oval, warm up will take place before your event.

Clash of Events

1. If you have a clash of events, the student or a parent may report the student 'in' at the field event whilst the student competes in the track event.
2. The student must report **immediately** back to the field event at the completion of the track event.
3. If the student is required to attend the Team Vic Uniform Room, they must complete the field event first.
4. Students will be able to take their attempts out of order.

SELECTION CRITERIA – ABLE BODY ATHLETES ONLY

1. Students who place First, Second, Third and Fourth in 100m events and First, Second and Third in all other events at the Trials will be **considered** for selection. **There is NO automatic selection.**
2. Students who place First, Second, Third and Fourth in 100m events and First, Second and Third in all other events at the Trials will be directed to attend the Team Vic Uniform Room to meet the Team Managers, try on the Team Vic Uniform, have your photo taken and receive further information about the Championship to be held in NSW.

SELECTION CRITERIA – MULTI CLASS ATHLETES ONLY

1. Multi class students must provide verification of their classification to be considered for selection.
2. Performances by Multi class students will be converted to percentages using the current Baseline Standards as supplied by Athletics Australia
3. To be considered for selection, Multi class students must achieve at least 50% of the Standard for that event within your classification.
4. Multi class students who achieve these percentages will be directed to attend the Team Vic Uniform Room to meet the Team Managers, try on the Team Vic Uniform, have your photo taken and receive further information about the Championship to be held in NSW.



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SELECTION CRITERIA – ALL ATHLETES

1. Selectors will meet at the conclusion of the Trials to select the final team.
2. The maximum size of the team will be 140 students (able body and multi class).
3. The final team will be posted on the SSV website **no later than Tuesday 9 September 2025.**
4. If you are successful, you will be required to accept your place in the team.
5. SSV will send you an email requesting you to pay to accept your place in the team as well as Team Documentation and Team Bulletin Information to review and complete.
6. All team selections are subject to your school being financial members of SSV for 2025.
7. Relay teams will be selected from the students selected in the team of up to 140 students.
8. The Uniform Shop will open after the team announced, an email will be sent to successful students with this information included.



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