

Athletics State Level Classification For Athletes with a Physical Impairment Feb 2018



BEFORE YOU BEGIN

What is Classification?

Classification is an assessment process, which allows us to group athletes whose disability causes similar limitations in a particular sport in order to allow for meaningful competition.

What is Provisional National Athlete Evaluation?

This process has been designed to allow athletes who do not have access to a full Classification panel, to gain an indication of whether they are eligible and where they may fit within the national Athletics classification system. The assessment of a provisional classification can be conducted by the athlete's physiotherapist or specialist.

The assessment form is then returned to Athletics Australia where by a certified medical classifier issues an outcome based off the assessment which is conducted in line with International classification rules for Athletics.

A provisional classification is valid for competition up to and including state championships. If you wish to compete at an Australian Championships, you will need a current National Level Classification Athletes who obtain a provisional classification should attend a face to face classification with a national panel at the next available opportunity.

What if I do not agree with my provisional athlete evaluation?

If you disagree with a Provisional Athlete Evaluation outcome, the usual process would be to present for a face to face athlete evaluation before a full classification panel. Provisional athlete evaluation, while endeavouring to be an accurate indication of class, is a general guide only and may change upon face to face assessment by a full classification panel.

STEP 1.

Complete SECTION 1: Athlete Details and Informed Consent

The athlete (or parent guardian if under 18 year of age) completes the athlete details and agrees to the terms in the Informed Consent form in the attached.

STEP 2. Complete SECTION 2: Athletics Athlete Evaluation Sheet (National Provisional Athletics Classification Form) Athletes are to make an appointment with a local physiotherapist or medical doctor to complete the attached forms in SECTION 2. The Physiotherapist or Medical Doctor is to fill in SECTION 2.

STEP 3. Complete SECTION 3: Medical Diagnostics form. Your treating Specialist or medical doctor is to complete the medical diagnostics form.

STEP 4. Application Submission: submit application to classification@athletics.org.au



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SECTION 1 ATHLETE TO COMPLETE

Parent/Guardian Signature: ___

I	(print full athlete name):
Understand that:	

- Classification is a process that requires me to answer a series of questions about my disability and training; complete activities and sport skills; and may require me to be observed during competition.
- Should I not be able to complete the classification fully due to pain, injury or other reason, my
 classification may not be able to be completed.
- Classifiers may require medical documentation to complete my classification
- National classification is for the purposes of Australian domestic competition only. International
 competition requires an International classification and any classification changes supersede any
 national classification.

Agree:

- To answer all questions fully, truthfully and to the best of my knowledge.
- To attempt all activities to the best of my abilities and that failure to give my best effort may be considered cheating. I understand this may result in termination of the classification process.

Am aware that as an outcome to my classification being completed:

- My classification data will be stored in a confidential database.
- Relevant information about my classification will be shared with classifiers and relevant APC and Athletics Australia Classification personnel
- My name, state, date of birth, class and status will be made available on the Athletics Australia and Australian Paralympic Committee website.

I understand that, as an athlete, I have the following rights during classification:

The right to withdraw: My participation in the classification process is voluntary and I have the right to withdraw from the classification process at any time. Signing this form does not change my right to withdraw at any time. I understand that if I withdraw from the classification process I will not be able to be classified and will not be able to compete in Para-Athletics competitions.

The right to respect and confidentiality: Evaluations will be conducted respectfully and information obtained during the classification process will be treated confidentially.

The right to challenge a classification decision or process: This should be done The Right to challenge a classification decision or process

2 I allow my data and any video recordings collected during the classi and educational purposes by my sport. I understand that I may with	•
Athlete Name:	_ Date:/
Athlete Signature:	Where athlete is
under 18 years:	
Parent/Guardian Name: Date	ate:/



Athletics State Level Classification For Athletes with a Physical Impairment Feb 2018



SECTION 1 CONT

Surname:		First Name:			
Address:					
Suburb:		State:	Postcode:		
Phone:					
-mail:					
Date of Birth://		Gender: M /	F		
Classification Summary	(Office Use ONLY)				
Sport	ATHLETICS				
	Track (T) (Runi	ning/Jumps)	Field (F) (Throws)		
Class	Eligible: Class: Not Eligible (NE)*		Eligible: Class: Not Eligible (NE)*		
	Track S	Status	Field Status		
	Provisional Review		Provisional Review		
itatus	Year of review:classifications are alloc		Year of review: (Provision classifications are allocated 1 year review)		
	NOTE: Athletes are to a National Level Classific		pportunity at earliest availability for		
Diagnosis					
mpairment Type		 Hypertonia Limb Deficiency Leg Length Difference Impaired range of movement Athetosis Short Stature Impaired muscle power 			
Classifiers Print Name)					
	All NEs are allocated Revie				

☐ Athlete provided with copy of this result sheet on ___/__/___

☐ Entered on Masterlist on ___/_

INSTRUCTIONS FOR COMPLETING THIS FORM

How to complete this sheet

This form is for athletes with a Physical Impairment.

This sheet is used to collect sports specific information that will assist an authorised Athletics Classifier to determine a provisional Para-Athletics classification.

The form is marked where the athlete or the approved medical professional (Physiotherapist or Medical Doctor) is to complete the various sections of the form.

The approved medical professional will complete a range of physical measures and tests and record the results on the sheet where required.

This form is divided into sections relevant to an athletes specific impairment. Medical Professionals should only complete the parts of the form that relate to the athletes impairment.

Those sections highlighted in yellow and marked for the authorised classifier to complete should be left blank.

Any questions about completing this form should be directed to:

Athletics Australia

Para-Athletics Development Officer Email: classification@athletics.org.au

Phone: 03 8646 7

ATHLETE PERSONAL DETAILS (Athlete to complete) State Family Name First Name Date of Birth Month Year Gender Male Female

TRAINING AND COMPETITION HISTORY			
	(Athlete to cor	mplete)	
List preferred events	1	2	3
& Personal Best times and distances	4	5	6
Number of years Competing:			ate ternational
Names & Years of 3 Highest level Competitions			
Throwing Arm if app	olicable	Right Left	
Are you choosing to	compete?	Sitting OR	Standing
Number of Training Sessions per Week		Number of Sport Specific Sessions per Week	
Number of Strength Sessions per week	Number of Strength Sessions per week		
Any Other Charte and Other Notes:			

Any Other Sports and Other Notes: Classifier Name Classifier Signature Date: Day





PROVISIONAL NATIONAL ATHLETICS CLASSIFICATION FORM ATHLETES WITH A PHYSICAL IMPAIRMENT

June 2018

AUTHORISED CLASSIFIER TO COMPLETE THIS SECTION FINAL OUTCOME OF CLASSIFICATION

Before completing this box please answer the following question: Was the Athlete Evaluation Process able to be completed? Yes No

If the process was completed please complete the box below.

DISCIPLINE	SPORT CLASS	SPORT CLASS STATUS
Track/Jumps	т	Provisional Review
Field	F	Provisional Review

AUTHORISED CLASSIFIER TO COMPLETE THIS SECTION

Justification for allocation of sport class and status (start with eligible impairment type/s) and then state reasons:

Eligible impairment type:	☐ Hypertonia (spasticity, dystonia or rigidity)	□ Athetosis
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☐ Ataxia ☐ Short stature ☐ Leg length difference

☐ Limb deficiency ☐ Impaired muscle power ☐ Impaired PROM

Eligibility Criteria (identify which eligibility criteria is met):

Year

Rationale for Class allocated:

Month

MEDICAL PROFESSIONAL DETAILS (Medical Professional to complete this section)				
Print Name				Signature
Profession				Practice Address
Phone				Email
Date: Day	Month	Year		

SECTION 2: MEDICAL PROFESSIONAL to complete this section for all athletes SECTION 2: MEDICAL PROFESSIONAL to complete this section for athletes where limb deficiency/ Dysmelia, short stature or leg length difference are primary impairments NAME STATE ATHLETES WITH LIMB DEFICIENCY AND DYSMELIA—LOWER LIMB ONLY HEALTH CONDITION/DIAGNOSIS AS STATED/DESCRIBED BY ATHLETE Description: FOR ALL ATHLETES Right Left LENGTH (in cms) Femur (greater trochanter to lateral joint line) This condition is: Congenital Acquired Date Day Month Tibia (medial it line to medial malleoli) Progressive/ Yes No Changing ATHLETE'S DESCRIPTION OF HOW IMPAIRMENT(S) IMPACT ON SPORT Foot (posterior aspect calcaneus to most distal point) Point of the elbow to tip of the middle finger (cm): ATHLETES WITH LIMB DEFICIENCY AND DYSMELIA—UPPER LIMB ONLY Eligible Impairment Types — circle which impairments the athlete identifies: Description: 1. Hypertonia 2. Ataxia 3. Athetosis 4. Limb Deficiency 5. Impaired Passive Range of Movement 6. Impaired Muscle Power 7. Leg Length Difference 8. Short Stature UNILATERAL Affected Arm (circle): Right Left Unaffected Arm (circle): Right Left All Running Acromion to Wrist crease (cm) Length of un affected Humerus= Events/Jumps IF NOT, WHAT IS THE INCONSISTENCY? (Acromion to superior head of radius) ARE IMPAIRMENTS Yes 100m-400m / Acromion to longest fingertip (cm) Length of unaffected arm = CONSISTENT WITH HEALTH CONDITION No Jumps / Throws (Acromion to radial styloid) AS STATED BY ATHLETE? If full extension is not available in unaffected arm, use Length of Humerus + Length of radius Autonomic Dysreflexia **Epilepsy** Asthma **BILATERAL DYS** Acromion to longest finger tip: Right: Left: Secondary conditions (circle) Other Standing height (cm): All Running < 0.646 Х Previous surgery Events/Jumps 100m-400m / < 0.674 Χ Standing height (cm): Jumps Botulinum injections (when and which muscle groups) SHORT STATURE ONLY Current medications used routinely Full standing height (cm): Predicted adult height (under 18 yrs): Arm length -Acromion to tip of longest finger (cm): Sum of Standing Height and Arm Length: Assistive devices used in sport e.g. strapping, prosthesis, brace, shoe raise, wheelchair, Right: Left: throwing frame, etc.

Uses a wheelchair (circle)

Always

Sometimes

Never

FOR ATHLETES WITH LEG LENGTH DIFFERENCE ONLY

Left

Difference

ASIS to inferior tip of medial malleolus Right

SECTION 2: MEDICAL PROFESSIONAL to complete

This page to be completed for athletes with health conditions where hypertonia (spasticity, dystonia, rigidity), ataxia or athetosis are the primary impairments

NAME	STATE
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HYPERTONIA, ATAXIA, ATHETOSIS						
Clear uni or bilateral Babinski	No	Yes	Right	Left		
Clear unilateral or bilateral clonus (4 beats or more)	No	Yes	Right	Left		
Noticeably brisk reflexes or clear difference in reflexes						
Biceps	No	Yes	Right	Left		
Triceps	No	Yes	Right	Left		
Wrist	No	Yes	Right	Left		
Knee	No	Yes	Right	Left		
Ankle	No	Yes	Right	Left		
Clear evidence of athetosis or ataxia	No	Yes				
Stiffness or rigidity in one or more limbs	No	Yes	Right	Left		
Mild atrophy or shortening of a limb	No	Yes	Right	Left		

ASHWORTH SPASTICITY GRADE	Right		Left		
Arms	Proximal	Distal	Proximal	Distal	
Legs	Proximal	Distal	Proximal	Distal	

Ashworth Scale

Grade 0-No increase in tone

Grade 1-slight increase in tone, giving a catch when limb is flexed or extended

Grade 2-More marked increase in tone, but limb is easily flexed or extended

Grade 3-Considerable in crease in tone and passive movement in difficult

Grade 4-Limb is rigid in flexion

Static Trunk Control	Good	Fair	Poor
Dynamic Trunk Movements	Good	Fair	Poor

Additional comments relevant to impairment e.g. scoliosis, contracture, reactionary hypertonia

COORDINATION TESTS — LOWER EXTREMITY				
Complete tasks below, circle any applic	able description	on. Describe sym	metry or o	ther variation from norms.
Gait (describe)				
Tiptoe Walking	Symmetrical	Asymmetrical		
Heel Walking	Symmetrical	Asymmetrical		
Single Leg Stance (secs)	L _		R	
Single Leg Hopping on spot (number)	L .		R	
Tandem Walk	Symmetrical	Asymmetrical	Smooth	Evidence of Ataxia
Side step to Right and Left	Symmetrical	Asymmetrical	Smooth	Incoordination
Grapevining to Right and Left	Symmetrical	Asymmetrical	Smooth	Incoordination
High knees jogging	Symmetrical	Asymmetrical	Smooth	Incoordination
Heel to Buttock Kick jogging	Symmetrical	Asymmetrical	Smooth	Incoordination
Heel-shin Ataxia Test	Symmetrical	Asymmetrical	Smooth	Evidence of Ataxia
COORDINATION TESTS — UPPER EXTRE	MITY			
Complete tasks below, circle any applic	able description	on. Describe sym	metry or o	ther variation from norms
Finger-nose-finger	Symmetric	al Asymmetrical	Smooth	Evidence of Ataxia
Finger-Nose Crucifix	Symmetric	al Asymmetrical	Smooth	Evidence of Ataxia
Fast Hand Rubbing	Symmetrica	al Asymmetrical	Smooth	Incoordination
Fast Hand Pronation/Supination	Symmetrica	al Asymmetrical	Smooth	Incoordination
Fast alternating Elbow Flexion/Extension	n Symmetric	cal Asymmetrica	l Smooth	n Incoordination
Tennis Ball Manipulation (describe abilit	ty to spin tenni	s ball <mark>within</mark> one h	nand) : Sy	mmetrical Asymmetrical

Page 3

SECTION 2: MEDICAL PROFESSIONAL to complete

Additional comments relevant to impairment

This page to be completed for athletes with health conditions where Passive range of

Movement, or muscle strength are the primary impairments

NAME	07475
NAME	STATE

TRUNK MUSCLE ACTIVITY	Upper					Lo	wer					
		Left			Right			Left			Right	
Abdominals	None	Some	Full	None	Some	Full	None	Some	Full	None	Some	Full

SPINE MOVEMENTS (Compared to Functional Norms)			
Upper Thoracic extension	None	Some	Full
Entire Trunk flexion	None	Some	Full
Entire Trunk extension	None	Some	Full
Trunk rotation	None	Some	Full
Side flexion to left	None	Some	Full
Side flexion to right	None	Some	Full

SPINAL / RIB CAGE DEFORMITIES

Detailed description based on observation, including location, severity, type and extent of fusion if present (eg, severe thoracolumbar kyphoscoliosis, convex to left with apex T10)

ı			

MUSCLE POWER			IMPAIRED PASS	IVE RANGE OF	MOVEMENT
	Muscle Strength (Grade 0-5 using	Dani a la	: . I. D	No. and Barrer
	Oxford	scale)	Passive Jo	int Kange	Normal Range
Shoulder	Right	Left	Right	Left	
Flexion - Forward					180
Extension					50
Abduction					180
Adduction					
Flexion – Horizontal					130
Extension – Horizontal					45
Ext Rotation					80
Int Rotation					80
Elbow					
Flexion					150
Extension					0
Wrist					
Flexion					80
Extension					70
Fingers					
PIP Flexion					
PIP Extension					
MCP Flexion					90
MCP Extension					0
Thumb					
Opposition					
Extension					

Wasting of intrinsic muscles of the hand

Yes No

Is it functionally significant?

Yes No

	Muscle Strength	(Grade 0-5	Passive Joint Range N		Named Bases
	using Oxford	d scale)	Passive Jo	int kange	Normal Range
Hip	Right	Left	Right	Left	
Flexion					120
Extension					20
Abduction					45
Adduction					20
Knee					
Flexion					135
Extension					0
Ankle					
Dorsiflexion					20
Plantar Flexion					45
Inversion					35
Eversion					25

Athletics Australia PI Medical Diagnostics Form

Medical Diagnostics Form for athletes with physical impairment

The form is to be completed by the athlete's medical doctor, if the athlete does not have relevant medical information. In the case that you have a current medical letter stating the diagnosis, impairment and physical from a specialist you may submit it in place of this form.

The completed form <u>must</u> be sent to Athletics Australia no later than 2 weeks before the athlete undergoes classification. Depending on the athlete's health condition and impairment, additional medical information is to be attached to this form (see page 2).

Athlete Information Athlete name:	on			
Address:				
Gender:	□ Female	■ Male	Date of Bir	th:
Medical Informat	tion			
Athlete's Medical	Diagnosis:			
Primary impairm		•		
☐ HypertoniaRange	□ Ata	xia	☐ Athetosis	☐ Impaired Passive Joint
☐ Impaired Muscle	e Power 🗆 Sho	ort Stature	□ Limb defici	ency □ Leg length
difference				, 5 5
□ Other:				
Impact of how m	edical diagno	osis affects A	thletic nerform	nance
impact of now in	carcar aragine)313 directs /	ametic periorii	idirec
Health condition	is: 🛭 progr	essive 🗆	stable	
Madical history				
Medical history: Health condition	is:	acquired		□ congenital
		ear:)	, , , , , , , , , , , , , , , , , , ,
Anticipated futur				
procedure(s):				



Athletics Australia Pl Medical Diagnostics Form

Medication:			

Attachments

The athlete's health condition as stated on this form and associated impairment must fully explain the loss of function exhibited by the athlete during classification. Otherwise no sport class can be allocated by the classification panel, as stipulated in the IPC Athletics classification rules.

Additional, recent and relevant medical documentation has to be attached to this form if the athlete has*

- an impairment or diagnosis that cannot be ascertained by clear signs and symptoms;
- a complex or rare health condition, or multiple impairments;
- limb deficiency (amputation or dysmelia) at the level of the wrist (X-rays for the respective joints to be enclosed);
- a spinal cord injury (recent ASIA scale results to be enclosed, within 2 years);
- hypertonia (Modified Ashworth Scale scores to be enclosed).

Other reports by physicians, physiotherapists and other health professionals are welcomed, where relevant, to complement the medical diagnostic information.

Athletics Australia and the Classification Panel may ask for further information to be submitted depending on the individual athlete's health condition and impairment.

☐ I confi Name:	irm that the above information is accurate.
Health care profession:	
Registratio <u>r</u>	n Number:
Address:	
Phone:	E-mail:
Date:	Signature:



Athletics Provisional Classification Data and Consent Form Athletes with a Physical Impairment

Feb 2018



SECTION 3. Application Submission

Submission Checklist

- □ Completed Athlete Details and Informed Consent form (Section 1)
- □ Completed Athletics Classification Evaluation Sheet (Section 2)
- $\hfill\Box$ Attach medical documentation from your medical specialist that outlines your diagnosis

Please return application to:

Submit completed forms via email or post to

Athletics Australia Para-Athletics Development Officer

Athletics House, Level 2, 31 Aughtie Drive, Albert Park, VIC 3206 Phone (03) 8646 4577

Email classification@athletics.org.au

Your completed application will be reviewed by an accredited National Athletics Classifier.

Please allow 3 to 6 weeks for your application to be processed. Any incomplete or missing information may delay the provisional classification process.

You will be contacted by the Athletics Australia confirming your Provisional Classification outcome. Your outcome will also be added to the Australian Athletics Classification Masterlist

 $\frac{http://athletics.com.au/Participate/Para-athletics/Classification/Classification-\\Masterlist}{Masterlist}$

For further information and enquiries please contact:

Athletics Australia
Para-Athletics Development Officer
Phone: 03 8646 4577
Email: classification@athletics.org.au
Website: www.athletics.com.au