



SCHOOL SPORT VICTORIA

CROSS COUNTRY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Venue: Bundoora Park Plenty Road, Bundoora Melway Map 19 F-4

Format: Finals for athletes and teams qualifying from Region Finals.

Qualifiers Competing athletes including athletes with a disability are those nominated by the SSV Regions.

In '12/13 Years' – '17-20 Years' events each SSV Secondary Region, in each race, will enter the top 7 individual runners plus a team of 5 runners from one school. All team members are also entered in the individual competition.

In '9/10 Years' – '12/13 Years' events, each SSV Primary Region, in each race, maximum of 12 individuals.

12/13 years PRIM = 12/13 year PRIMARY

ie Students must be turning 12 or 13 in the year of competition, attend a Full or Associate member Primary Schools and competed in the 12/13 years Primary race at the SSV Region level

12/13 years SEC = 12/13 years SECONDARY

ie Students must be turning 12 or 13 in the year of competition, attend either a Full or Associate member secondary school and competed in the 12 /13 years Secondary race at the SSV Region level

Entries: Once all Region entries have been received they will be posted on the SSV web Page.

All entrants are asked to check that their entry has been correctly posted and to notify the convener of any errors as early as possible.

If you wish your name (or your child's name) to be withheld, please contact the convener.

SSV reserves the right to invite extra Multi Class Athletes to the State Final based on times at Region and the MDS points system.

Multi Class Athletes wishing to compete in able body events must qualify according to the regular SSV progression pathway.

Multi Class Athletes Events for Multi Class (MC) Athletes (athletes with a disability, excluding wheelchair athletes) will be conducted concurrently with the following events:

Girls 9/10 Years, 11 Years & 12/13 PRIM Years - Girls 9/10 Years 2000m

Boys 9/10 Years, 11 Years & 12/13 PRIM Years - Boys 9/10 Years 2000m

Girls 13-15 - Girls 14 Years 3000m Boys 13-15 - Boys 14 Years 3000m

Girls 16-20 - Girls 15 Years 3000m Boys 16-20 - Boys 15 Years 3000m

Each Multi Class Athletes competitor MUST have competed at the Region level.

Multi Class Athletes events will be conducted using the multi disability format for both boys and girls and results calculated using the Athletics Australia Multi Disability Standards (MDS) tables.

Students must hold a current classification. Students without a classification must contact the Athletics Victoria (see contact details on the SSV website)

Teams: For 12/13 years SEC and older age groups, teams will consist of 4 or 5 athletes with the placings of the best 4 competitors being used to determine the team score.

Winning Team: In calculating team scores, the placings of the first 4 runners from each team shall be added. The team with the lowest total is the winner.

In the event of a tie, the team with the best placed fourth-placed athlete shall be declared the winner.

Program:	Time	Event	Distance	Time	Event	Distance
1	10:30am	Girls 11 yrs	3000m	8	12:40pm	Boys/Mixed 12/13 3000m
2	10:50am	Boys 11 yrs	3000m	9	1:00pm	Girls 14 yrs & 3000m
3	11:10am	Girls 9/10 yrs & Girls 9/10 yrs MC & Girls 11 yrs MC & Girls 12/13 yrs PRIM MC	2000m	10	1:20pm	Boys/Mixed 14 yrs 3000m
4	11:25am	Boys 9/10 yrs & Boys 9/10 yrs MC & Boys 11 yrs MC & Boys 12/13 yrs PRIM MC	2000m	11	1:40pm	Girls 15 yrs & 3000m
5	11:40am	Girls 12/13 yrs PRIM	3000m	12	2:00pm	Girls 16-20 yrs MC 3000m
6	12:00pm	Boys 12/13 yrs PRIM	3000m	13	2:20pm	Boys/Mixed 15 yrs 3000m
7	12:20pm	Girls 12/13 yrs SEC	3000m	14	2:40pm	Boys 16-20 yrs MC 3000m
				15	3:00pm	Girls 16 yrs 3000m
				16	3:25pm	Girls 17-20 yrs 3000m
						Boys/Mixed 16 yrs 5000m
						Boys/Mixed 17-20 5000m

- Conditions:** See the School Sport Victoria 'General Conditions of Competition'.
- Warming Up:** No warming-up is permitted on the course. Walking the course prior to the start of competition is permitted.
- Rules:** Ages are calculated as at December 31, 2018. Competing athletes may compete in only one age group for which they are eligible.
- Athletes turning 8 years of age in the year of competition are not eligible to compete in the 9/10 Years events.
- The course will be marked with flags and cones. Officials will be located at various points around the course. The course is subject to alteration at any time.
- IAAF Rules only allow an athlete to carry a watch and/or a 'Ventolin' inhaler.
- Disqualifications:** Athletes being paced are subject to disqualification.
- Checkpoint officials have the power to disqualify competitors who deviate from the course to gain an advantage or who are not putting in a reasonable effort (who are walking) or who are being 'paced' by a coach/spectator.
- Protests & Corrections:** Protests concerning the conduct of an event must be lodged orally with the Referee immediately an issue/concern arises or within 10 minutes of the conclusion of the race.
- After the Referee has made his/her decision, there is an opportunity to lodge an appeal in writing with the convener within 10 minutes of the conclusion of the race of the Referee's decision, whichever comes first. There is an appeal fee of AUD\$50 cash to accompany any appeal. Presentations will be withheld whilst any protest or appeal is being heard.
- Results will be posted as soon as all entries are collated at the conclusion of each event, together with the time they are posted.
- There will be a ten minute opportunity for protests over results or corrections to be lodged with the convener.
- After 10 minutes, if there are no protests or appeals of any kind or corrections, presentations will be made to the individuals and team place-getters.
- Protests received after this 10 minutes period has elapsed and presentations have been made will not be heard.
- All attempts will be made to video the finish of each race.
- Souvenirs:** SSV will be selling State Cross Country souvenirs at the venue.
- Programs will be not be available for sale at the event but will be available free for download from the School Sport Victoria website.
- Pets:** Dogs are not welcome at the venue.
- Privacy:** The names and schools of all entrants, plus full results, will be published on the School Sport Victoria web site.
- If you wish your name (or your child's name) to be withheld, please contact the convener.
- Dress:** Students must wear appropriate athletic uniform.
- Tags/timing devices/competition bib numbers will be supplied.
- For '12/13 years **SECONDARY**', '12/13 years **PRIMARY** and Under' students spiked footwear or footwear with blades or cleats constructed of hard plastic are **NOT** permitted.
- For **14 years SECONDARY** and older students spikes may be worn but they must be pyramid spikes no longer than 12mm.
- Athletes not correctly dressed will not be permitted to compete.
- State Team Selection (Team Vic):** For 10, 11 and 12 year olds, the team for these age groups will be selected from the performances at the School Sport Victoria Cross Country Championships.
- For ALL Multi Class Athlete age groups the team will be selected from the performances at the School Sport Victoria Cross Country Championships.
- For 13 years and over, students must enter the Athletics Victoria All School Cross Country Championships with Athletics Victoria. Details can be found at www.athsvic.org.au
- More information concerning Team Vic Cross Country can be found at www.ssv.vic.edu.au