

**EMR Secondary Track & Field Championships 2025****EMR Secondary Track & Field Championships 2025****Knox Athletics Track - 13/10/2025****Session Report**

Session: 1 Track Events

Day 1 - Monday 13/10/2025 - Starts at 09:20 AM

<b>Event</b>	<b>Round</b>
09:20 #1 Boys Open 3000 Meter Run	Finals
09:20 #2 Girls Open 3000 Meter Run	Finals
09:45 #14 Boys 18-20 110 Meter Hurdles 99.1 cm	Finals
09:50 #15 Boys 17 Year Olds 110 Meter Hurdles 91.4 cm	Finals
09:55 #23 Boys 16 Year Olds 110 Meter Hurdles	Finals
10:00 #24 Girls 18-20 100 Meter Hurdles 84 cm	Finals
10:05 #25 Boys 15 Year Olds 100 Meter Hurdles 84 cm	Finals
10:10 #26 Boys 14 Year Olds 100 Meter Hurdles 84 cm	Finals
10:15 #30 Girls 17 Year Olds 100 Meter Hurdles 76.2 cm	Finals
10:18 #31 Girls 16 Year Olds 100 Meter Hurdles 76.2 cm	Finals
10:21 #32 Girls 15 Year Olds 90 Meter Hurdles 76.2 cm	Finals
10:26 #39 Girls 14 Year Olds 90 Meter Hurdles 76.2	Finals
10:29 #40 Boys 12-13 90 Meter Hurdles 76.2	Finals
10:32 #44 Girls 12-13 80 Meter Hurdles 76.2	Finals
10:40 #45 Girls 12-14 100 Meter Dash MC MULTICLASS	Finals
10:40 #46 Boys 12-14 100 Meter Dash MC MULTICLASS	Finals
10:43 #47 Girls 15-16 100 Meter Dash MC MULTICLASS	Finals
10:43 #48 Boys 15-16 100 Meter Dash MC MULTICLASS	Finals
10:46 #49 Girls 17-20 100 Meter Dash MC MULTICLASS	Finals
10:46 #50 Boys 17-20 100 Meter Dash MC MULTICLASS	Finals
10:50 #51 Girls 12-13 100 Meter Dash	Finals
10:52 #55 Boys 12-13 100 Meter Dash	Finals
10:54 #56 Girls 14 Year Olds 100 Meter Dash	Finals
10:56 #57 Boys 14 Year Olds 100 Meter Dash	Finals
10:58 #58 Girls 15 Year Olds 100 Meter Dash	Finals
11:00 #59 Boys 15 Year Olds 100 Meter Dash	Finals
11:02 #66 Girls 16 Year Olds 100 Meter Dash	Finals
11:04 #67 Boys 16 Year Olds 100 Meter Dash	Finals
11:06 #68 Girls 17 Year Olds 100 Meter Dash	Finals
11:08 #69 Boys 17 Year Olds 100 Meter Dash	Finals
11:10 #70 Girls 18-20 100 Meter Dash	Finals
11:12 #74 Boys 18-20 100 Meter Dash	Finals
11:14 #75 Girls 12-13 800 Meter Run	Finals
11:18 #76 Boys 12-13 800 Meter Run	Finals
11:22 #77 Girls 14 Year Olds 800 Meter Run	Finals
11:26 #78 Boys 14 Year Olds 800 Meter Run	Finals
11:30 #79 Girls 15 Year Olds 800 Meter Run	Finals
11:34 #89 Boys 15 Year Olds 800 Meter Run	Finals
11:38 #96 Girls 16 Year Olds 800 Meter Run	Finals
11:42 #97 Boys 16 Year Olds 800 Meter Run	Finals
11:46 #98 Girls 17 Year Olds 800 Meter Run	Finals
11:50 #99 Boys 17 Year Olds 800 Meter Run	Finals

**EMR Secondary Track & Field Championships 2025****EMR Secondary Track & Field Championships 2025****Knox Athletics Track - 13/10/2025****Session Report**

Session: 1 Track Events

Day 1 - Monday 13/10/2025 - Starts at 09:20 AM

<b>Event</b>	<b>Round</b>
11:54 #103 Girls 18-20 800 Meter Run	Finals
11:58 #104 Boys 18-20 800 Meter Run	Finals
12:00 #105 Girls 12-14 800 Meter Run MULTICLASS	Finals
12:02 #106 Boys 12-14 800 Meter Run MULTICLASS	Finals
12:04 #107 Girls 15-16 800 Meter Run MULTICLASS	Finals
12:06 #108 Boys 15-16 800 Meter Run MULTICLASS	Finals
12:08 #109 Girls 17-20 800 Meter Run MULTICLASS	Finals
12:10 #110 Boys 17-20 800 Meter Run MULTICLASS	Finals
12:12 #111 Girls 12-13 200 Meter Dash	Finals
12:14 #112 Boys 12-13 200 Meter Dash	Finals
12:16 #113 Girls 14 Year Olds 200 Meter Dash	Finals
12:18 #114 Boys 14 Year Olds 200 Meter Dash	Finals
12:20 #115 Girls 15 Year Olds 200 Meter Dash	Finals
12:22 #122 Boys 15 Year Olds 200 Meter Dash	Finals
12:24 #123 Girls 16 Year Olds 200 Meter Dash	Finals
12:26 #124 Boys 16 Year Olds 200 Meter Dash	Finals
12:28 #125 Girls 17 Year Olds 200 Meter Dash	Finals
12:29 #126 Boys 17 Year Olds 200 Meter Dash	Finals
12:32 #130 Girls 18-20 200 Meter Dash	Finals
12:34 #131 Boys 18-20 200 Meter Dash	Finals
12:36 #132 Girls 12-14 200 Meter Dash MC MULTICLASS	Finals
12:38 #133 Boys 12-14 200 Meter Dash MC MULTICLASS	Finals
12:40 #134 Girls 15-16 200 Meter Dash MC MULTICLASS	Finals
12:42 #135 Boys 15-16 200 Meter Dash MC MULTICLASS	Finals
12:44 #136 Girls 17-20 200 Meter Dash MC MULTICLASS	Finals
12:46 #137 Boys 17-20 200 Meter Dash MC MULTICLASS	Finals
12:50 #141 Girls 12-13 1500 Meter Run	Finals
12:50 #142 Boys 12-13 1500 Meter Run	Finals
12:57 #149 Girls 14 Year Olds 1500 Meter Run	Finals
12:57 #150 Boys 14 Year Olds 1500 Meter Run	Finals
13:04 #154 Girls 15 Year Olds 1500 Meter Run	Finals
13:04 #155 Boys 15 Year Olds 1500 Meter Run	Finals
13:11 #156 Girls 16 Year Olds 1500 Meter Run	Finals
13:11 #157 Boys 16 Year Olds 1500 Meter Run	Finals
13:18 #158 Girls 17 Year Olds 1500 Meter Run	Finals
13:18 #159 Boys 17 Year Olds 1500 Meter Run	Finals
13:26 #163 Girls 18-20 1500 Meter Run	Finals
13:26 #164 Boys 18-20 1500 Meter Run	Finals
13:35 #165 Girls 12-13 400 Meter Run	Finals
13:38 #166 Boys 12-13 400 Meter Run	Finals
13:41 #167 Girls 14 Year Olds 400 Meter Run	Finals
13:44 #168 Boys 14 Year Olds 400 Meter Run	Finals

**EMR Secondary Track & Field Championships 2025****EMR Secondary Track & Field Championships 2025****Knox Athletics Track - 13/10/2025****Session Report**

Session: 1 Track Events

Day 1 - Monday 13/10/2025 - Starts at 09:20 AM

<b>Event</b>	<b>Round</b>
13:47 #169 Girls 15 Year Olds 400 Meter Run	Finals
13:50 #170 Boys 15 Year Olds 400 Meter Run	Finals
13:53 #171 Girls 16 Year Olds 400 Meter Run	Finals
13:56 #172 Boys 16 Year Olds 400 Meter Run	Finals
13:59 #173 Girls 17 Year Olds 400 Meter Run	Finals
14:02 #174 Boys 17 Year Olds 400 Meter Run	Finals
14:05 #175 Girls 18-20 400 Meter Run	Finals
14:08 #176 Boys 18-20 400 Meter Run	Finals
14:20 #177 Girls 12-13 4x100 Meter Relay	Finals
14:23 #178 Boys 12-13 4x100 Meter Relay	Finals
14:26 #179 Girls 14 Year Olds 4x100 Meter Relay	Finals
14:29 #180 Boys 14 Year Olds 4x100 Meter Relay	Finals
14:31 #181 Girls 15 Year Olds 4x100 Meter Relay	Finals
14:34 #182 Boys 15 Year Olds 4x100 Meter Relay	Finals
14:37 #183 Girls 16 Year Olds 4x100 Meter Relay	Finals
14:40 #184 Boys 16 Year Olds 4x100 Meter Relay	Finals
14:43 #185 Girls 17 Year Olds 4x100 Meter Relay	Finals
14:46 #186 Boys 17 Year Olds 4x100 Meter Relay	Finals
14:49 #187 Girls 18-20 4x100 Meter Relay	Finals
14:52 #188 Boys 18-20 4x100 Meter Relay	Finals

**EMR Secondary Track & Field Championships 2025****EMR Secondary Track & Field Championships 2025****Knox Athletics Track - 13/10/2025****Session Report**

Session: 2 Field Events

Day 1 - Monday 13/10/2025 - Starts at 09:30 AM

<b>Event</b>	<b>Round</b>
09:30 #3 Boys 17 Year Olds Javelin Throw	Finals
09:30 #4 Boys 15 Year Olds Discus Throw	Finals
09:30 #5 Boys 12-13 Shot Put	Finals
09:30 #6 Girls 12-14 Long Jump MC MULTICLASS	Finals
09:30 #7 Boys 12-14 Long Jump MC MULTICLASS	Finals
09:30 #8 Girls 15-16 Long Jump MC MULTICLASS	Finals
09:30 #9 Boys 15-16 Long Jump MC MULTICLASS	Finals
09:30 #10 Girls 17-20 Long Jump MC MULTICLASS	Finals
09:30 #11 Boys 17-20 Long Jump MC MULTICLASS	Finals
09:30 #12 Boys 17 Year Olds High Jump	Finals
09:30 #13 Girls 12-13 High Jump	Finals
09:50 #16 Boys 14 Year Olds Long Jump	Finals
09:50 #17 Girls 14 Year Olds Triple Jump	Finals
09:50 #18 Girls 16 Year Olds Long Jump	Finals
09:50 #19 Boys 16 Year Olds Triple Jump	Finals
09:50 #20 Girls 18-20 Javelin Throw	Finals
09:50 #21 Boys 14 Year Olds Discus Throw	Finals
09:50 #22 Girls 14 Year Olds Shot Put	Finals
10:10 #27 Girls 17 Year Olds Javelin Throw	Finals
10:10 #28 Girls 16 Year Olds Discus Throw	Finals
10:10 #29 Girls 12-13 Shot Put	Finals
10:25 #33 Boys 18-20 High Jump	Finals
10:25 #34 Boys 14 Year Olds High Jump	Finals
10:25 #35 Boys 12-13 Long Jump	Finals
10:25 #36 Girls 12-13 Triple Jump	Finals
10:25 #37 Girls 15 Year Olds Long Jump	Finals
10:25 #38 Boys 15 Year Olds Triple Jump	Finals
10:30 #41 Boys 16 Year Olds Javelin Throw	Finals
10:30 #42 Girls 15 Year Olds Discus Throw	Finals
10:30 #43 Boys 18-20 Shot Put	Finals
10:50 #52 Boys 15 Year Olds Javelin Throw	Finals
10:50 #53 Girls 14 Year Olds Discus Throw	Finals
10:50 #54 Boys 17 Year Olds Shot Put	Finals
11:00 #60 Boys 16 Year Olds Long Jump	Finals
11:00 #61 Girls 16 Year Olds Triple Jump	Finals
11:00 #62 Girls 18-20 Long Jump	Finals
11:00 #63 Boys 18-20 Triple Jump	Finals
11:00 #64 Boys 12-13 High Jump	Finals
11:00 #65 Girls 15 Year Olds High Jump	Finals
11:10 #71 Girls 16 Year Olds Javelin Throw	Finals
11:10 #72 Boys 18-20 Discus Throw	Finals
11:10 #73 Girls 18-20 Shot Put	Finals

**EMR Secondary Track & Field Championships 2025****EMR Secondary Track & Field Championships 2025****Knox Athletics Track - 13/10/2025****Session Report**

Session: 2 Field Events

Day 1 - Monday 13/10/2025 - Starts at 09:30 AM

<b>Event</b>	<b>Round</b>
11:30 #80 Girls 15 Year Olds Javelin Throw	Finals
11:30 #81 Boys 17 Year Olds Discus Throw	Finals
11:30 #82 Girls 17 Year Olds Shot Put	Finals
11:30 #83 Girls 12-14 Shot Put MC MULTICLASS	Finals
11:30 #84 Boys 12-14 Shot Put MC MULTICLASS	Finals
11:30 #85 Girls 15-16 Shot Put MC MULTICLASS	Finals
11:30 #86 Boys 15-16 Shot Put MC MULTICLASS	Finals
11:30 #87 Girls 17-20 Shot Put MC MULTICLASS	Finals
11:30 #88 Boys 17-20 Shot Put MC MULTICLASS	Finals
11:35 #90 Boys 15 Year Olds Long Jump	Finals
11:35 #91 Girls 15 Year Olds Triple Jump	Finals
11:35 #92 Girls 17 Year Olds Long Jump	Finals
11:35 #93 Boys 17 Year Olds Triple Jump	Finals
11:35 #94 Boys 16 Year Olds High Jump	Finals
11:35 #95 Girls 18-20 High Jump	Finals
11:50 #100 Boys 14 Year Olds Javelin Throw	Finals
11:50 #101 Girls 12-13 Discus Throw	Finals
11:50 #102 Boys 16 Year Olds Shot Put	Finals
12:10 #116 Girls 17 Year Olds High Jump	Finals
12:10 #117 Girls 14 Year Olds High Jump	Finals
12:10 #118 Boys 18-20 Long Jump	Finals
12:10 #119 Girls 18-20 Triple Jump	Finals
12:10 #120 Girls 12-13 Long Jump	Finals
12:10 #121 Boys 12-13 Triple Jump	Finals
12:20 #127 Boys 12-13 Javelin Throw	Finals
12:20 #128 Girls 18-20 Discus Throw	Finals
12:20 #129 Boys 15 Year Olds Shot Put	Finals
12:40 #138 Girls 12-13 Javelin Throw	Finals
12:40 #139 Girls 17 Year Olds Discus Throw	Finals
12:40 #140 Girls 16 Year Olds Shot Put	Finals
12:45 #143 Boys 17 Year Olds Long Jump	Finals
12:45 #144 Girls 17 Year Olds Triple Jump	Finals
12:45 #145 Girls 14 Year Olds Long Jump	Finals
12:45 #146 Boys 14 Year Olds Triple Jump	Finals
12:45 #147 Boys 15 Year Olds High Jump	Finals
12:45 #148 Girls 16 Year Olds High Jump	Finals
13:00 #151 Girls 14 Year Olds Javelin Throw	Finals
13:00 #152 Boys 12-13 Discus Throw	Finals
13:00 #153 Girls 15 Year Olds Shot Put	Finals
13:20 #160 Boys 18-20 Javelin Throw	Finals
13:20 #161 Boys 16 Year Olds Discus Throw	Finals
13:20 #162 Boys 14 Year Olds Shot Put	Finals