

2025 Rule & Policy Changes

The following rules and policies changes have been approved by the SSV Management Team

<u>SPORT</u>	<u>NEW RULE</u>
<u>Bowls - Secondary</u>	Team Size: Three (3) players only may be used in each game. Four (4) players only may be used in one day and may consist of boys only, girls only or mixed. Only four (4) SSV medallions plus one (1) for the coach will be awarded to placegetters. Extra SSV medallions will NOT be available.
<u>Diving - Primary</u>	Age Groups: Diving will be offered in the following age groups for both Boys and Girls: <ul style="list-style-type: none">• 9-10 years• 11-12 years• 13-14 years• 15-16 years 17-20 years
<u>Volleyball - Primary</u>	Rules: A full-size court will be used A server will be able to step into the court from the baseline to serve the ball. The ball must be released from the hand before service, ie in the air. It cannot be hit/punched directly off the palm of the hand
<u>General Conditions of Competition</u>	10. Team Sports Offered Boys Netball – Secondary Change: Year 7 Boys/Mixed Year 8 Boys/Mixed Intermediate Boys (yrs 9&10) Senior Boys (Yrs 11&12)



SCHOOL SPORT VICTORIA

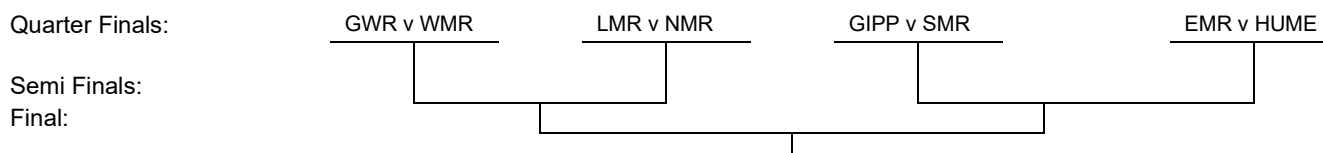
AUSTRALIAN FOOTBALL – SECONDARY

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These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.

State Format: Quarter Finals, Semi Finals, Final



State Match Format: **Quarter Finals:**
4 x 15-minute quarters with $\frac{1}{4}$ time - 5 min, $\frac{1}{2}$ time - 15 min, $\frac{3}{4}$ time - 5 min

Semi Finals:
4 x 15-minute quarters with $\frac{1}{4}$ time - 5 min, $\frac{1}{2}$ time - 15 min, $\frac{3}{4}$ time - 5 min

Finals:
4 x 20-minute quarters with $\frac{1}{4}$ time - 5 min, $\frac{1}{2}$ time - 15 min, $\frac{3}{4}$ time - 5 min

In the event of a draw the game shall be decided by playing two 5-minute halves with a one-minute interval. If the game is still a draw both teams change ends and the first score wins.

'Time On' is not played unless directed by the field umpire in extenuating circumstances (Injury, Blood Rule, Time Wasting etc.)

Conditions: See the School Sport Victoria ['General Conditions of Competition'](#).

All players, teachers, spectators and officials are bound by the ['SSV Codes of Conduct'](#)

A girl cannot play in a girls' team and a boys/mixed team in the same sport.

Clarification: Please note that Girls cannot play in Senior Boys Australian Football or Intermediate Boys Australian Football teams – they are Boys only teams.

The level of competition chosen by a student at Division level remains binding through to Region and State Levels.

A 'Yellow Card' may be used to give the umpires/convenor the power to send a player from the field for a 10-minute period. A player sent from the field with a 'Yellow Card' is not replaced.

If a player receives two 'Yellow Cards' during one day's competition, the second 'Yellow Card' will be recognised as a 'Red Card' and the Order Off Rule will apply.

Team Size: **For Boys and Girls:**

A maximum of twenty-five (25) players may be used in one day.

Eighteen (18) players on the field and up to seven (7) interchange players to be named for each game.

Only twenty-five (25) SSV medallions plus one (1) for the team coach will be awarded to placegetters. Extra medallions will NOT be available.

Rules: Australian Football is conducted under the Laws of Australian Football unless otherwise stated.

For all levels both Boys & Girls:

Where the ball is kicked out of bounds without being touched, a free kick will be awarded to the nearest opposition player.

Where the ball is touched out of bounds, play will be restarted by a Ball-up conducted 5 metres in from the boundary.

Rules (continued):**For Girls matches:**

- a 25m penalty will be imposed rather than 50 metres;
- a mark will be awarded for a ball travelling 10m rather than 15m;
- a Player may only bounce the ball a maximum of two (2) times before disposing of it; a free kick shall be awarded against a player who takes full possession of the football at a bounce or throw by a field Umpire or at a boundary throw in, instead players are required to tap or punch the ball back into play from a bounce or throw by a field Umpire, or boundary throw in.

Goal Post Padding

All fixed, in ground goal posts require goal post padding.

Officials:

Each team is required to provide:

- A Competent Timekeeper with a time clock and a siren or bell;
- A Goal Umpire wearing a white top, with flags and score card;
- A correctly attired team runner. NB. Teams are restricted to one (1) runner.
- A student to operate the scoreboard.
- NB. Field Umpires are provided at the State Quarter, Semi and Grand Finals.

Dress:

Players must wear matching jumpers with distinctive numbering corresponding to their team sheet, same colour shorts (without pockets) and same colour socks.

No jewelry is to be worn.

Players not correctly dressed will not be permitted to compete.

Lateness Penalty:

If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, the convener will try to accommodate the team.

If a team is more than 10 minutes late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then the team will be penalised 3 goals for each complete 10 minutes late.

Equipment to Bring:

Competing teams must provide:

- New football
S & I Boys – Size 5 Leather 7 & 8 Boys/Mixed – Size 4 Leather
Senior Girls – Size 4 Leather Intermediate Girls – Size 4 Leather
Junior Girls – Size 4 Synthetic

(Match balls are provided at State Grand Finals)

- First aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#)
- Mouthguards are strongly recommended
- Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.

NOTE: An up to date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.





SCHOOL SPORT VICTORIA AUSTRALIAN FOOTBALL PREMIER LEAGUE *PROUDLY SUPPORTED BY AFL*

Updated March 2025



Venues/Home Team:

Round Robin & Girls Semi-Final Match venues & umpires are to be organised by the 'home' team.

All matches are to be played on a senior size ground.

Dates:

Matches will be scheduled during the week by agreement between the two teams.

Round 1 Girls	Week beginning	April 28 th
Round Robin Part 1 – Round 1 Boys	Week beginning	May 5 th
Round 2 Girls	Week beginning	May 12 th
Round Robin Part 1 – Round 2 Boys	Week beginning	May 19 th
Round 3 Girls	Week beginning	May 26 th
Round Robin Part 1 – Round 3 Boys	Week beginning	June 2 nd
Semi Finals (Cross over) Girls	Week beginning	June 10 th
Round Robin Part 2 – Round 1 Boys	Week beginning	June 16 th
Round Robin Part 2 – Round 2 Boys	Week beginning	June 23 rd
Round Robin Part 2 – Round 3 Boys	Week beginning	June 30 th
Grand Final: Girls		Wednesday July 2 nd
MCC Herald Sun Shield Senior Girls – Elimination Round (Division 1)	Wednesday, July 30 th	vs AGSV
MCC Herald Sun Shield Senior Boys – Semi Final (Division 1)	Wednesday, August 6 th	vs SIS
MCC Herald Sun Shield Senior Girls – Semi Final (Division 1)	Thursday, August 7 th	vs GSV
MCC Herald Sun Shield Senior Boys - Grand Final (Division 1)	Thursday, August 14 th	vs TBA: Winner SF1 – TBA v TBA
MCC Herald Sun Shield Senior Girls - Grand Final (Division 1)	Tuesday, August 19 th	vs TBA: Winner SF1 – TBA v TBA or TBA

Format:

Boys: Double Round Robin (Part 1 & 2), 3 Pools of three (3) school teams.

In Part 1 of the Round Robin, the winning school from the previous year's Premier League, the runner-up school from the previous year & the losing semi-finalist from the previous year with the lowest losing margin in the semi-final from the previous year's competition will be allocated to Pool D, E & F by a ballot.

The remaining six (6) schools will be allocated by a random ballot to be performed by the SSV State Championships Officer & allocated to the remaining spots in each of the three (3) pools.

Each school will play the other two (2) teams in their allocated pool that will make up the three (3) rounds of Round Robin Part 1.

At the completion of Round Robin Part 1, the teams are allocated again into three (3) pools based on their position ranking at the end of the Round Robin Part 1.

If, at the end of the round-robin, two teams are tied on round robin points then the winner of their face-to-face match will be declared the winner. If their face-to-face match was a draw, percentage (calculated to two decimal points) from the matches involving the other teams in the pool will be calculated to determine a winner. In the unlikely event that percentage is still tied, the ranking will be drawn by lot.

If more than two teams are tied on matches won, percentage (calculated to two decimal points) from the matches involving the other tied teams will be calculated to determine a winner. In the unlikely event that percentage is still tied, the ranking will be drawn by lot.

Points will be allocated for Round Robin Part 1 matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss.

The school that finishes ranked first in each of the three (3) Pools D, E & F will be re-allocated into Pool A, the second-best ranked schools in each Pool D, E & F re-allocated into Pool B & the team that finished third in each of Pool D, E & F re-allocated into Pool C.

The two further games are to be played by each team in their respective pool for Round Robin Part 2.

Points will be allocated for Round Robin matches as follows: 4 points for a win and 0 for a loss.

In the event of scores being tied in Round Robin Part 2 games, the two goal umpires are to first verify that the scores are tied. If tied, 2 extra periods of 5 minutes are played. Coaches are not permitted on the ground and may not address their players. Teams do not change ends for the first 5 minutes but change after the first period. If scores are still tied after the second period of extra time, the siren will not sound, and play will continue until a team scores ("golden score").

At the completion of the Round Robin Part 2 games, Pool A placings will be finalised as the teams placed first, second and third in the overall competition. Pool B to consist of teams placed fourth, fifth and sixth. Pool C to consist of seventh, eighth & ninth overall.

The draw for pool matches to be as follows:

Pool D & A: 1v3 3v2 2v1

Pool E & B: 4v6 6v5 5v4

Pool F & C: 7v9 9v8 8v7

The teams that finish eighth & ninth overall are subject to relegation from the Premier League competition to compete in the regular SSV schools Senior Boys Australian Football competition, with the pathway of progression beginning at the division level. The winner of the State Australian Football final will be offered the opportunity to be promoted to the Premier League in the following year.

Girls: Girls: Split Round Robin, 2 Pools of 3, Cross over Semi Finals, Grand Final

The teams finishing first and second at the end of the rounds will play off in the Cross-over Semi-finals with the two winners of the semi-finals playing off in the Grand Final. Teams finishing third in their respective round-robin pools may also play off.

If more than two teams are tied on matches won, percentage (calculated to two decimal points) from the matches involving the other tied teams will be calculated to determine a winner.

Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss.

Conditions:

See the School Sport Victoria's '[General Conditions of Competition](#)'. All players, teachers, spectators and officials are bound by the '[SSV Codes of Conduct](#)' and the '[Participant Behaviour Policy](#)'.

Rules:

A 'Yellow Card' may be used to give the umpires/convenor the power to send a player from the field for a 10-minute period. A player sent from the field with a 'Yellow Card' is not replaced.

If a player receives two 'Yellow Cards' during one day's competition, the second 'Yellow Card' will be recognised as a 'Red Card' and the Order Off Rule will apply.

Australian Football is conducted under Laws of Australian Football unless otherwise stated. If Boundary Umpires are unable to be provided by the host team; then the following will apply:

Where the ball is kicked out of bounds without being touched, a free kick will be awarded to the nearest opposition player.

Where the ball is touched out of bounds, play will be restarted by a Ball-up conducted 5 metres in from the boundary.

Time-on will not be added unless the Umpire specifically instructs the Timekeepers at the time. For example, serious injury, lost ball, deliberate time wasting.

Match Format:

All Matches: 4 x 20-minute quarters with ¼ time - 5 min, ½ time - 15 min, ¾ time - 5 min

Officials:

Field, Boundary and Goal umpires will be provided for the Grand Final only.

Host team is to provide:

- * Competent and correctly attired field umpires for the Pool Matches;
- * Correctly attired Boundary Umpires & Goal Umpires: preferable qualified – see the Rules section if Boundary Umpires cannot be provided.

Each team is to provide:

- * Competent Timekeeper with a time clock and a siren or bell;
- * A correctly attired team runner. NB. Teams are restricted to one (1) runner.
- * A student to operate the score board.

Forfeiting teams:	Any forfeiting teams will finish last in the overall results and will be subject to relegation for the following year's competition. If two (2) or more teams forfeit any game, they shall finish equal last with final placings allocated based on their percentage of the games played.
Player Restrictions:	<p>7 interchange players may be used in all matches.</p> <p>Year 10 students may play a maximum of three (3) Premier League match and still be eligible to play in the SSV Intermediate competition.</p> <p>Only twenty-five (25) SSV medallions plus one (1) for the team coach will be awarded to placegetters.</p> <p>Extra medallions will NOT be available.</p> <p>Clarification: Please note that Girls cannot play in a Boys Premier League Australian Football team – they are a Boys only team.</p>
Team Sheet:	Copies of an up-to-date team sheet must be handed to the opposing Team Manager and Central Umpire on the day of competition. This team sheet must include players' uniform numbers. Download the Team & Result sheet
Girls Semi-Final & Girls Grand Final Winner:	<p>In the event of scores being tied in a Semi-Final or a Grand Final, the two goal umpires are to first verify that the scores are tied. If tied, 2 extra periods of 5 minutes are played. Coaches are not permitted on the ground and may not address their players. Teams do not change ends for the first 5 minutes but change after the first period.</p> <p>If scores are still tied after the second period of extra time, the siren will not sound, and play will continue until a team scores ("golden score").</p>
Lateness Penalty:	<p>If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, the convener will try to accommodate the team.</p> <p>If a team is more than 10 minutes late without notice or communication or in the convener's opinion their lateness makes the draw impracticable, then the team will be penalised 3 goals for each complete 10 minutes late.</p>
Dress:	<p>Players must wear matching jumpers with distinctive numbering corresponding to their team sheet, same colour shorts (without pockets) and same colour socks. No jewelry is to be worn.</p> <p>Players not correctly dressed will not be permitted to compete.</p>
First Aid/Sports Trainers:	<p>Teams are to provide their own First Aid/Sports Trainer</p> <p>A Sports Trainer will be provided for the Grand Final</p>
Equipment to Bring	New football:
For Round Robin Matches:	<p>Senior Boys – Size 5 Leather Senior Girls – Size 4 Leather</p> <p>(Footballs will be provided for the Grand Final only)</p> <ul style="list-style-type: none"> • First aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist • Mouthguards are strongly recommended • Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

NOTE: Copies of an up-to-date team sheet must be handed to the opposing coach and the umpire on the day of competition. This team sheet must include players' uniform numbers.



SCHOOL SPORT VICTORIA

BADMINTON - SECONDARY

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These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
State Format:	Split Round Robin, Cross-Over Semi Finals, Final
State Match Schedule:	There will be a Pre-Championships Briefing for all teams prior to the first round of matches. See the Badminton Draw, on the SSV website for the Match Schedule.
State Match Format:	In all matches, 4 seeded singles games and 2 doubles games will be played. Singles and Doubles as one game to 21 points with a 2-point advantage to a maximum of 30 points. Changing of seedings during competition will result in either forfeiture of the relevant matches or forfeiture of the round or disqualification from the competition, at the Convener's discretion. Note: players are restricted to one singles game and one doubles game in each match. Play must be continuous. An ill or injured player must be able to continue within five minutes or the match will be forfeited. Any pairings may be used for the doubles to comprise a First Pair and a Second Pair. Teams must nominate their doubles pairings before the start of play in each match. Pairings may be changed following the singles by mutual agreement of the two coaches involved.
State Match Order:	1 st Singles & 2 nd Singles, 3 rd Singles & 4 th Singles, 1 st Doubles Pair & 2 nd Doubles Pair.
State Match Winner:	Matches will be decided by games won. If equal, then points scored. If still equal, points percentage will be used. If still equal, a draw will be declared.
State Round Robin Winner:	Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 point for a draw and 0 for a loss. If, at the end of the round robin, two teams are equal on matches won, then the winner of their face to face match will be declared the winner. If their face to face match was tied, then each team will nominate a doubles pair who will then play an extra game. If more than two teams are equal on matches won, then the winner will be determined by total games won against the other tied teams. If equal, then by total points scored in the matches against the other tied teams. If still equal, then points percentage from the matches involving the other tied teams will be used. If still equal, each team will nominate two doubles pairs who will then play an extra game simultaneously. If they win one match each, points total will decide the winning team.
State Final Winner:	The Final will be decided by games won. If equal, then points scored. If still equal, percentage will be used. If still equal, each team will nominate two doubles pairs who will then play an extra game simultaneously. If they win one match each, points total will decide the winning team.
Conditions:	See the School Sport Victoria's 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' and the 'Participant Behaviour Policy'. A girl cannot play in a girls' team and a boys/mixed team in the same sport. The level of competition chosen by a student at Division level remains binding through to Region and State levels.
Team Size:	A team consists of 4 to 6 players A maximum of six (6) SSV medallions plus one (1) for the team coach will be awarded to placegetters. Extra medallions will NOT be available.
Rules:	Badminton is conducted under the rules of the Australian Badminton Association unless otherwise stated. This includes the international rules for scoring.

- Dress:** Competitors must be dressed in their school sports uniform or in approved light coloured non-contrasting squash or tennis attire. Players not correctly dressed will not be permitted to compete.
- Jeans, board shorts (surf shorts) and clothing with designs, advertising or large manufacturer's logos are not acceptable.
- Non mark soled sports shoes must be worn.
- Lateness Penalty:** If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.
- If a team is more than 10 min late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will forfeit their number 3 and 4 singles one game 0:21 for each further 10 minutes of lateness.
- Equipment to Bring:** Competing schools must provide:
- Racquets.
- Note: Shuttles are supplied for State Finals
- The following ranges of shuttlecocks are approved & recommended for use in SSV Badminton competitions:
- Pro-Tech Majestic Yellow
 - Yonex League 7
 - YONEX AS20, AS30 or AS40 (speed 3 or 4)
 - Epsilon Orange or Yellow (speed 50 or 51)
 - RSL Standard, Official, Silver Feather or Tourney 1 (speed 78 or 79)
- A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist
- Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.
- Please consult the relevant Region or Division page on the SSV website for the type of shuttles to be used at those competitions.

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition. This team sheet must include the players in the correct seeded order.





BADMINTON SCORE SHEET

Yr 7 / Yr 8 / Int / Snr

Boys / Girls

Courts:

A Vs B

																															TOTAL		
Singles # 1	# 1		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 1		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Singles # 2	# 2		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 2		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Singles # 3	# 3		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 3		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Singles # 4	# 4		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 4		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Doubles # 1	# 1		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 1		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Doubles # 2	# 2		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	# 2		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

		Games Won	Points Won
A			
B			
Winning Team:			

A Coach's Signature

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B Coach's Signature

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SCHOOL SPORT VICTORIA

BASEBALL - SECONDARY

Proudly supported by Baseball Victoria



These rules apply to State, Region and Division competitions. Any variations to these rules at Region will be found on the relevant page on the SSV website.

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
State Format:	Split Round Robin, Final
State Match Length:	Duration of Round Robin matches will be: <ul style="list-style-type: none">• Year 7, Year 8, Intermediate & Senior - 80 minutes or up to 7 equal innings All Finals will be played as a minimum of 4 complete innings with no time limit.
State Match Schedule:	There will be a Pre-Championships Briefing for all teams prior to the first round of matches. Refer to the Baseball Draw, on the SSV website, for the Match Schedule
State Round Robin Winner:	Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 point for a draw and 0 for a loss. The winner will be determined on matches won. If, at the end of the round-robin, two teams are tied on matches won then the winner of their face to face match will be declared the winner. If their face to face match was a draw, then their total percentage will be used to determine a winner.
State Final Winner:	If more than two teams are tied on matches won, percentage from the matches involving the other tied teams will be compared (total runs 'for' / by total runs 'scored' (for + against)). If the final is tied at the end of the 4 innings, extra innings will be played until one team scores more than the other in an equal number of innings.
Conditions:	See the School Sport Victoria's 'General Conditions of Competition'. A girl cannot play in a girls' team and a boys/mixed team in the same sport. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' The level of competition chosen by a student at Division level remains binding through to Region and State levels.
Team Size:	A maximum of sixteen (16) players may be used in one day. Twelve (12) players are to be named for each game. Teams may bat with an extended line up (maximum of 12) which remains constant for the game & allows for players to be swapped on & off the field throughout the game without making a substitution. An injured player may be removed from game and the line-up shortened without penalty. A player who is removed can play no further part in that game. Only sixteen (16) SSV medallions plus one (1) for the team coach will be awarded to placegetters. Extra medallions will NOT be available.
Rules:	Baseball is conducted under the rules of Baseball Australia unless otherwise stated. The '5 run rule' will apply. Time and game will be declared if at the end of the 5 th innings one team is more than 5 runs ahead. The catcher <u>must</u> use a designated runner and put on their gear immediately they return to the bench. NB. Managers are asked to ensure the relief pitcher comes in from the bench & not the field, if a team has more than 9 players.

three (3) innings in any one game. NB. One (1) pitch in an innings constitutes an appearance.

If & when the maximum number of innings are pitched, they must be removed from the mound. They can continue to play throughout the game provided they do not pitch or catch.

A player cannot be used as both the pitcher and the catcher in the same game.

Year 7 pitchers are not permitted to throw curve balls.

Dress:

All players must be attired in matching tops, same colour long pants (shorts are not advised) and socks. All batters and base-runners must wear approved helmets.

All base coaches must wear a helmet.

Year 7, Year 8 and Intermediate players are **not** permitted to wear metal cleats.

Players not correctly dressed will not be permitted to compete.

Lateness Penalty:

If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.

If a team is more than 10 min late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will be penalised one run for every 10 minutes late, or part thereof.

Equipment to Bring:

Competing teams are required to provide:

- * A set of canvas bases, together with pegs and plates (NB. Bases will be supplied for State Finals).
- * One (1) new genuine leather (winter) baseball (as specified below) plus one (1) spare genuine leather (winter) ball (as specified below) [in reasonable condition], for each game. NB. The baseballs used must be one of the following –

A. X-Plate 2000W (available at Oz Sport Knox), or

B. Easton 850W (available at Fielders Choice), or

C. Wilson A1010 Blem (available at K2)

(Match balls will be supplied for State Finals, teams will need to bring their own practice balls).

* a competent scorer and a score book;

* a first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist

* Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.

Field Dimensions:

Playing dimensions:	Yr. 7/8	Inter/Senior
Pitching distance	16.46m (54')	18.44m (60'6")
Base paths	24.38m (80')	27.43m (90')
Passed ball line	9.14m (30')	12.19m (40')
Home run fence L/R from Senior Pitching Plate	64.00m (210')	64.00m (210')
Coaches box	4.88 x 2.44m	6.10 x 3.05m
Batting box	1.83 x 1.22m	1.83 x 1.22m

NOTE: An up to date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.

School Sport Victoria

Baseball Score Sheet

Year 7 / Year 8 / Inter / Senior

Vs

POS	UNI	PLAYERS		BAT	1	2	3	4	5	6	7
				1	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				2	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				3	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				4	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				5	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				6	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				7	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				8	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				9	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				10	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				11	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
				12	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
TOTALS		INNINGS TOTAL									
		PROGRESS TOTAL									

Pitchers may be used for a maximum number of six (6) innings in a day, with a maximum of three (3) innings in any one game. One (1) pitch in an innings constitutes an appearance.

Cross out the total number of pitch counts from all previous games played on the same day

NAME _____

PITCH COUNT

Innings Pitch Count	Total Pitch Count (Day)
---------------------	-------------------------

PITCHER #1	
PITCHER #2	
PITCHER #3	
PITCHER #4	
PITCHER #5	
PITCHER #6	
PITCHER #7	
PITCHER #8	
PITCHER #9	
PITCHER #10	

[illegible]



SCHOOL SPORT VICTORIA

BASKETBALL - SECONDARY

Proudly supported by Basketball Victoria

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.

State Format: Split Round Robin, Final

State Match Format: Seniors & Inters: Matches consist of 2 x 15-minute halves with 2-minute interval.

Years 7 & 8: Matches consist of 2 x 15-minute halves with 2-minute interval.

There will **not** be a 24 second shot clock.

The clock only stops on all whistles in the last three minutes of the second half.

One time-out per team per half.

No time-out in the last minute of the first half.

State Match Schedule: There will be a Pre-Championships Briefing for all teams prior to the first round of matches.

Refer to the Basketball Draw, on the SSV website, for the Match Schedule

State Round Robin Winner: Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss.

If 2 teams are equal at the end of the round robin, then the result of their head-to-head match will be used to determine the winner.

If the two equal teams tied their head-to-head match, or more than two teams finished on the same number of wins, the winner will be decided on percentage (total points for, total points against).

State Final Winner: If teams are tied in the final, the game will be extended by 3 minutes.

If still tied, the game will be extended by a further 3 minutes. This will continue until a result is reached.

Conditions: See the School Sport Victoria 'General Conditions of Competition'.

All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'

A girl cannot play in a girls' team and a boys/mixed team in the same sport.

The level of competition chosen by a student at Division level remains binding through to Region and State levels.

Team Size: A maximum of twelve (12) players may be used in one day.

Only twelve (12) SSV medallions plus one (1) for the team coach will be awarded to placegetters.

Extra medallions will NOT be available.

Rules: Basketball is conducted under the FIBA Rules as interpreted by Basketball Victoria unless otherwise stated.

All fouls will be recorded. Players who receive 5 personal fouls cannot continue to play but they can be replaced on court. Two shots penalty will apply after the 8th team foul.

Year 7 and Year 8 competitions will use the inside 3-point line.

No Zone Defence (Year 7 only): 'Man to Man' defence is compulsory for the entire game. At no stage is zone defence allowed. This man-to-man defence can be full court or half court.

Teams can press as long as they assume Man to Man defensive positioning once the ball has been advanced into the half court.

Teams who deliberately play zone defence by not picking up a player each or drop back into the key will be penalised once the ball has been advanced into the half court with the following: 1st time is a warning, 2nd time offensive team gets ball advanced to a base line throw in, 3rd time coach is awarded a technical foul.

All penalties awarded by the referee.

- Officials:** Each school must supply a competent scorer and timekeeper.
At the State Finals, School Sport Victoria will appoint referees.
- Goal Post Padding:** Goal posts on outdoor courts (dual netball/basketball towers) require padding
- Dress:** Competitors must be suitably attired. Singlets/tops must be clearly and legally numbered from 00-99 and be of the same design and colour. Shorts must be the same design and colour and have no pockets.
Players cannot take the court under any circumstances in shorts that have pockets. For other uniform violations, teams will be penalised 5 points per game for each player out of uniform and will be added onto the opposition's score to a maximum of 20 points in any game.
- Lateness Penalty:** If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.
If a team is more than 10 min late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will be penalised one point for every one minute late.
- Equipment to Bring:** Competing schools must provide:
- A Basketball (for warm-ups)
Sizes:
All Girls and Year 7 Boys - Size 6
Year 8 Boys, Intermediate Boys and Senior Boys - Size 7
A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#)
 - Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.
 - A competent scorer

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.



BASKETBALL SCORE SHEET

Prim/ Yr 7 / Yr 8 / Int / Snr

BOYS / BOYS (MIXED) / GIRLS

[illegible][illegible]

RUNNING SCORE

A	B		
1	1		
2	2		
3	3		
4	4		
5	5		
6	6		
7	7		
8	8		
9	9		
10	10		
11	11		
12	12		
13	13		
14	14		
15	15		
16	16		
17	17		
18	18		
19	19		
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27	27		
28	28		
29	29		
30	30		
31	31		
32	32		
33	33		
34	34		
35	35		
36	36		
37	37		
38	38		
39	39		
40	40		

A	B		
41	41		
42	42		
43	43		
44	44		
45	45		
46	46		
47	47		
48	48		
49	49		
50	50		
51	51		
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71	71		
72	72		
73	73		
74	74		
75	75		
76	76		
77	77		
78	78		
79	79		
80	80		

A	B		
81	81		
82	82		
83	83		
84	84		
85	85		
86	86		
87	87		
88	88		
89	89		
90	90		
91	91		
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111	111		
112	112		
113	113		
114	114		
115	115		
116	116		
117	117		
118	118		
119	119		
120	120		

A	B		
121	121		
122	122		
123	123		
124	124		
125	125		
126	126		
127	127		
128	128		
129	129		
130	130		
131	131		
132	132		
133	133		
134	134		
135	135		
136	136		
137	137		
138	138		
139	139		
140	140		
141	141		
142	142		
143	143		
144	144		
145	145		

FINAL SCORES

SCORES

A

B

1ST HALF:

2ND HALF:

WINNING TEAM:

REFEREE:

SCORE KEEPER:

A

B



SCHOOL SPORT VICTORIA

BOWLS

Proudly supported by Bowls Victoria



These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website. 2 Bowl Triples

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
State Match Schedule:	<p>There will be a Pre-Championships Briefing for all teams prior to Roll Up and first round matches.</p> <p>Refer to the Bowls Draw, on the SSV website, for the Briefing and Roll Up times and Match Schedule</p>
State Match Format:	<p>Play will be in.</p> <p>In Round Robin matches play will continue for 7 ends or 40 minutes, whichever comes first. If time elapses, the end in progress must be completed.</p> <p>In Semi Finals and Finals play will continue for 10 ends with no time limit.</p> <p>'Dead' ends are not replayed. The jack is re-spotted on the 'T' at the back if the jack is hit out of bounds.</p>
State Round Robin Winner:	<p>Matches in the round-robin section will be decided by 'shots up'.</p> <p>If a round robin match is tied, a draw will stand.</p> <p>Bowling order: A1, B1, A1, B1; A2, B2, A2, B2 Further to this, the Lead & Second (A1, A2) all at the bowling end with the Skip (A3) at the head (end with all the bowls).</p> <p>Once A1, B1, A2 & B2 have had all their bowls, they all walk up the other end & the two skips (A3 & B3) would walk down to the bowling end to have their bowls.</p> <p>Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 point for a draw and 0 for a loss.</p> <p>If, at the end of a round robin, two teams are equal on matches won, then the winner of their face to face match will be declared the winner. If their face to face match was a draw, then total 'shots-up' will be used to determine the winner. If still tied, percentage for/against will be calculated using scores from all round-robin matches. If still tied, 1 extra end will be played to determine the winner.</p> <p>If more than two teams are equal, then the winner will be determined by total 'shots-up' against the other tied teams. If equal, then percentage for/against against the other tied teams.</p>
State Match Winner:	If a semi-final or the final is tied, one additional end will be played to determine a winner.
Conditions:	<p>See the School Sport Victoria's 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' and the 'Participant Behaviour Policy'.</p> <p>The level of competition chosen by a student at Division level remains binding through to Region and State levels.</p>
Team Size:	<p>Three (3) players only may be used in each game. Four (4) players only may be used in one day and may consist of boys only, girls only or mixed. Only four (4) SSV medallions plus one (1) for the coach will be awarded to placegetters. Extra SSV medallions will NOT be available.</p>
Rules:	Matches to be played under the Bowls Australia rules.
First Aid:	<ul style="list-style-type: none"> Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist. Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition.



SCHOOL SPORT VICTORIA

CRICKET – SECONDARY

Proudly Supported by Cricket Victoria

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Note: Divisions may elect to play Cricket Victoria's Cricket Blast School Cup format for the Year 7 & Year 8 Boys/Mixed & Year 7 & Year 8 Girls age-groups (Modified 8 overs a side. Multiple Games on one oval – See [Year 7 & 8 Cricket Blast rules](#)), **however at the Region & State level competitions the following formats will apply – see table below.**

Rules: Matches to be played under CA's '[Junior Cricket Formats 20 over Detailed Match Day rules](#)' – Stages 3 – except Year 7 – Stage 1 & Year 8 Girls – Stage 2.

The field should be marked with two semi-circles of 27.43m radius from the middle stump at each end and joined with parallel straight lines which form the field restriction circle.

Please consult the following table & its links for the relevant rules & restrictions – player numbers, pitch length, boundary & ball.

Age Group	Gender	Competition	Format	Responsibility	Pathway
Year 7	Boys/Mixed	SSV	Junior Formats Stage 3	SSV	Division → Region → State
Year 7	Girls	SSV	Junior Formats Stage 1	SSV	Division → Region → State
Year 8	Boys/Mixed	SSV	Junior Formats Stage 3	SSV	Division → Region → State
Year 8	Girls	SSV	Junior Formats Stage 2	SSV	Division → Region → State
Year 9 & 10	Boys/Mixed	SSV	Junior Formats Stage 3	SSV	Division → Region → State
Year 9 & 10	Girls	SSV	Junior Formats Stage 3	SSV	Division → Region → State
Year 11 & 12	Boys/Mixed	SSV Cricket Victoria Premier School Shield	Junior Formats Stage 3	SSV	Division → Region → State
Year 11 & 12	Girls	SSV	Junior Formats Stage 3	SSV	Division → Region → State

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator. See links in the table above.

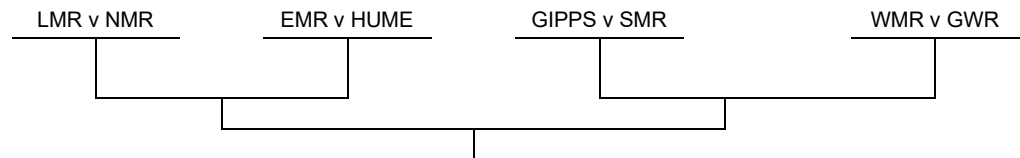
State Match Schedule: There will be a Pre-Championships Briefing for all teams prior to the start of the first round of matches

See the Cricket Draws, on the SSV website for the Match Schedule

There will a lunch break of approximately 20 minutes.

State Match Format:

Quarter Finals:



Semi Finals:

Final:

All matches are played under Twenty20 conditions.

- [a] Teams have 80 minutes to bowl 20 overs.
- [b] Team batting second shall be entitled to receive as many legal balls as the team batting first.
- [c] Should the team batting first be dismissed before the scheduled completion of its innings, including dismissal on the last scheduled delivery, then the team batting second shall receive 20 overs.
- [d] Should it be necessary to reduce playing time due to a delayed start or adverse weather conditions, then the number of overs in the match will be reduced at the rate of 1 over for every 4 minutes lost.
- [e] The fielding team is expected to be in position to bowl the first ball of the last of their 20 overs within 80 minutes playing time.

The bowling team will have one over's leeway (as long as the over is commenced within the 80 minutes) in addition to any time that the Umpires may allow for stoppages.

If the bowling team does not complete their 20 overs in 80 minutes, they will be penalised 6 runs for each over not completed.

State Match Winner:

The team making the greater number of runs, regardless of wickets lost, shall be the winner.

If the two teams score an equal number of runs then the team that lost the fewer wickets will be declared the winner.

If still equal, a 'Super Over' will be played:

- Teams bat in the same order as before
- Field side chooses which end to bowl from
- The same ball used before is used again

If scores are still equal, the team that hit the most sixes in their two combined innings (20/20 Match innings plus the Super Over innings) is the winner.

If still equal, the team that hit the most boundaries in their two (2) combined innings (20/20 Match innings plus the Super Over innings) is the winner.

If still equal, another Super Over will be played.

Conditions:

See the School Sport Victoria's 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' and the 'Participant Behaviour Policy'.

A girl cannot play in a girls' team and a boys/mixed team in the same sport. The level of competition chosen by a student at Division level remains binding through to Region and State levels.

Team Size:

A maximum of thirteen (13) players may be used in one day (except Cricket Blast a maximum of twelve (12) players may be used in one day).

(Cricket Blast: Eight (8) players are to be named for each game).

Stage 1: Seven (7) players are to be named for each game.

Stage 2: Nine (9) players are to be named for each game.

Stage 3: Eleven (11) players are to be named for each game.

Only thirteen (13) SSV medallions plus one (1) for the team coach will be awarded to placegetters.

Extra medallions will NOT be available.

Officials:

Umpires will be provided, where possible, but schools should be prepared to supply a competent umpire, if required.

Adverse Weather:

- [a] In the event of a delayed start or interruption to play in the first innings, the umpires shall insofar as possible attempt to minimize the differences in time and overs available for each innings. The umpires shall advise both captains of the number of overs and of the allotted time calculated for each innings.
- [b] If rain interrupts the second innings, a minimum of 5 overs must be bowled for a result to be declared. The result will then be decided on net run rate.
- [c] In the event of a delayed start, or interruption to play during the innings of the team batting first, the umpires shall reduce the number of overs to be bowled by each side at the rate of one over for every four completed minutes of play lost. The number remaining shall be the same for each team.

The amount of time allocated for each innings shall be reduced by half the time lost.

e.g. Match is 80 minutes or 20 overs and 40 minutes lost = 10 overs reduction (5 overs per side). The side batting first then has 20 minutes less batting time than their allocated 80 minutes = 60 minutes min or 15 overs, or until dismissed, whichever comes first.

- [d] In the event of an interruption to play which prevents the team batting second from receiving the same number of overs as the team batting first, the umpires shall reduce the number of overs to be faced in the second innings by one over for every 4 (completed) minutes of time lost.

e.g. Side A scores 5/120 from 20 overs and 16 minutes is lost = 4 overs reduction.

As Side A has a run rate of 6 per over, then the target for Side B shall be $120 - 4 \times 6$ (overs x runs per over). i.e. $120 - 24 = 96$ from 16 overs.

If the match is abandoned before side B has faced 16 overs (providing it has faced more than 5 overs), then the result will be decided on net run rate.

- [e] If a team is dismissed in fewer than its allotted overs, it shall be deemed to have received all of its allotted overs for the purpose of calculating run rate.
- [g] In the event of an abandoned State Final, and schools cannot agree on a date/time for a replay then a tie will be declared.
- [h] If 5 overs have not been completed the match is considered a draw and it shall be replayed.

Bowling:

No bowler will be permitted to bowl more than 4 overs in a match.

The fielding team only changes ends after each block of 5 overs. The batsmen change ends instead.

Where a match is reduced for both teams, no bowler will bowl more than one-fifth of the total overs allowed.

A free hit will apply after a foot fault no ball.

In Girls' matches a maximum of 8 balls are to be bowled in an over except in the final over of the innings when 6 'legitimate' deliveries must be bowled.

Wides:

The Laws of Cricket as they apply to the calling of wides, no-balls and overs shall apply except that a full toss above waist high or a delivery which, in the opinion of the umpire, bounces or would have passed higher than the shoulder of the batter in their normal stance shall be called a no-ball.

In order to assist umpires in determining whether a delivery should be called a wide, the following interpretations are suggested. Umpires should adopt a fair and consistent attitude. A delivery pitched outside the leg stump and which goes further away to leg shall be called a wide. A delivery pitched outside the off stump which does not give the batter a reasonable chance to score from it, as distinct from hitting it, shall be called a wide.

Fielding:

At the instant of delivery there shall not be more than 5 fieldsmen on the leg side. If infringed, the batting team will receive 1 run penalty and the ball will be re-bowled.

In the first 6 overs of each innings only two fielders will be permitted to field outside the field restriction area at the instant of delivery. Where the ground is not suitably marked the umpires shall determine the restricted area.

No fielders within 10 metres (except regulation off-side – slips, gully & wicket keeper).

Batting:

The incoming batsman must be in position to take guard or for his partner to be ready to receive the next ball within 90 seconds of the fall of the previous wicket.

Umpires are instructed to apply a strict interpretation of time-wasting by the batsman (five-run penalties). Specifically, batsmen are expected to be ready for the start of a new over as soon as the bowler is ready.

- Helmets Compulsory:** **Batters SHALL BE GIVEN OUT if they do not wear a helmet with a face grid and pads.**
Wicket Keepers must wear a helmet with a face grid when they are standing up to the stumps for all types of bowling.
- Dress:** All players must be correctly attired in cricket whites **or** all players must be uniformly dressed in their school sports uniform; provided the school sports uniform is not red.
 Players not correctly dressed will not be permitted to compete.
- Lateness Penalty:** If a team is late for the start of their match for reasons beyond their control and the team communicates this information to the convener beforehand, then the convener will try to accommodate the team as best he/she can.
 If a team is more than 4 minutes late without notice or communication of this information, the coin toss will be dispensed with and the other team will choose whether they bat or bowl.
 The late team will have their batting period reduced by one over for each completed 4 minutes of lateness. The other team will receive the full allotment of overs.
- Equipment to Bring:**
- All playing equipment including helmets with face grids
 - A full set of stumps and balls
 - Boundary markers
 - A new leather-cased, two-piece composition ball of the correct weight:
 - For Senior, Inter, Yr. 8 & Yr. 7 Boys matches the ball shall weigh between 150 & 165 g.
 - All Girls matches shall use a ball weighing between 140 & 150 g.
 - Match balls will be provided for State Semi-finals & State Finals only. NB. Participating teams will need to bring their own new ball for State Quarterfinals & also their own practice balls.
 - [Recommended Junior Format Stage 1 Modified Cricket Balls](#)
- Balls recommended Junior Format Stage 1 Modified Cricket Balls include:
- Gray-Nicolls Fusion – Weight 130g/21cm circumference/Colour - Pink
 - Kookaburra Star – 137g/22 cm/Pink, Red & White
 - Aero Safetyball Matchweight – 140g/22cm/Red
 - A competent scorer and a scorebook.
 - A square leg umpire
 - A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#).
 - Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.



SCHOOL SPORT VICTORIA

TWENTY20 SCORE SHEET



TEAM BATTING FIRST:		WHO WON TOSS:									
BATSMAN'S NAME		RUNS SCORED		HOW OUT		BOWLER		Overs Bowled			
1						1		11			
2						2		12			
3						3		13			
4						4		14			
5						5		15			
6						6		16			
7						7		17			
8						8		18			
9						9		19			
10						10		20			
11											
12											

BYES:		LEG BYES:		WIDES:		NO BALLS:		TOTAL EXTRAS:		WICKETS FOR:			
-------	--	-----------	--	--------	--	-----------	--	---------------	--	--------------	--	--	--

BOWLER'S NAME	OVER 1	OVER 2	OVER 3	OVER 4	Overs	M'dens	Runs	Wk	NB	Wides
B. LB. RO										
TOTAL										

FALL OF WICKETS

1 for	2 for	3 for	4 for	5 for	6 for	7 for	8 for	9 for	All Out for
P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship

1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	20	1	2	3	4	5	6	7	8	9	30	1	2	3	4	5	6	7	8	9	40
1	2	3	4	5	6	7	8	9	50	1	2	3	4	5	6	7	8	9	60	1	2	3	4	5	6	7	8	9	70	1	2	3	4	5	6	7	8	9	80
1	2	3	4	5	6	7	8	9	90	1	2	3	4	5	6	7	8	9	100	1	2	3	4	5	6	7	8	9	110	1	2	3	4	5	6	7	8	9	120
1	2	3	4	5	6	7	8	9	130	1	2	3	4	5	6	7	8	9	140	1	2	3	4	5	6	7	8	9	150	1	2	3	4	5	6	7	8	9	160
1	2	3	4	5	6	7	8	9	170	1	2	3	4	5	6	7	8	9	180	1	2	3	4	5	6	7	8	9	190	1	2	3	4	5	6	7	8	9	200
1	2	3	4	5	6	7	8	9	210	1	2	3	4	5	6	7	8	9	220	1	2	3	4	5	6	7	8	9	230	1	2	3	4	5	6	7	8	9	240
1	2	3	4	5	6	7	8	9	250	1	2	3	4	5	6	7	8	9	260	1	2	3	4	5	6	7	8	9	270	1	2	3	4	5	6	7	8	9	280
1	2	3	4	5	6	7	8	9	290	1	2	3	4	5	6	7	8	9	300	1	2	3	4	5	6	7	8	9	310	1	2	3	4	5	6	7	8	9	320

SCHOOL SPORT VICTORIA TWENTY20 SCORE SHEET



TEAM BATTING SECOND:		WHO WON TOSS:	
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	BATSMAN'S NAME	RUNS SCORED	HOW OUT	BOWLER	Overs Bowled			
1					1		11	
2					2		12	
3					3		13	
4					4		14	
5					5		15	
6					6		16	
7					7		17	
8					8		18	
9					9		19	
10					10		20	
11								
12								

BYES:		LEG BYES:		WIDES:		NO BALLS:		TOTAL EXTRAS:		
WICKETS FOR:										

BOWLER'S NAME	OVER 1	OVER 2	OVER 3	OVER 4	Overs	M'dens	Runs	Wk	NB	Wides
B. LB. RO										
TOTAL										

FALL OF WICKETS

1 for	2 for	3 for	4 for	5 for	6 for	7 for	8 for	9 for	All Out for
P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship	P'ship

1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	20	1	2	3	4	5	6	7	8	9	30	1	2	3	4	5	6	7	8	9	40
1	2	3	4	5	6	7	8	9	50	1	2	3	4	5	6	7	8	9	60	1	2	3	4	5	6	7	8	9	70	1	2	3	4	5	6	7	8	9	80
1	2	3	4	5	6	7	8	9	90	1	2	3	4	5	6	7	8	9	100	1	2	3	4	5	6	7	8	9	110	1	2	3	4	5	6	7	8	9	120
1	2	3	4	5	6	7	8	9	130	1	2	3	4	5	6	7	8	9	140	1	2	3	4	5	6	7	8	9	150	1	2	3	4	5	6	7	8	9	160
1	2	3	4	5	6	7	8	9	170	1	2	3	4	5	6	7	8	9	180	1	2	3	4	5	6	7	8	9	190	1	2	3	4	5	6	7	8	9	200
1	2	3	4	5	6	7	8	9	210	1	2	3	4	5	6	7	8	9	220	1	2	3	4	5	6	7	8	9	230	1	2	3	4	5	6	7	8	9	240
1	2	3	4	5	6	7	8	9	250	1	2	3	4	5	6	7	8	9	260	1	2	3	4	5	6	7	8	9	270	1	2	3	4	5	6	7	8	9	280
1	2	3	4	5	6	7	8	9	290	1	2	3	4	5	6	7	8	9	300	1	2	3	4	5	6	7	8	9	310	1	2	3	4	5	6	7	8	9	320



SCHOOL SPORT VICTORIA

CROSS COUNTRY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Venue: Yarra Valley Racing Club, Armstrong Grove, Yarra Glen (NB. Please **do not** visit the Yarra Valley Racing Club prior to any upcoming Cross Country race days. Yarra Valley Racing Club is a private business & do not permit unauthorised entry).

Format: Finals for athletes and teams qualifying from Region Finals.

Qualifiers Competing athletes including athletes with a disability are those nominated by the SSV Regions.

In '12/13 Years' – '17-20 Years' events each SSV Secondary Region, in each race, will enter the top 12 individual runners plus any winning School Team runners (e.g., runner #3 & /or #4) outside the top 12. All team members are also entered in the individual competition.

In '9/10 Years' – '12/13 Years' events, each SSV Primary Region, in each race, maximum of 12 individuals.

12/13 years PRIM = 12/13 year PRIMARY

i.e., Students must be turning 12 or 13 in the year of competition, attend a Full or Associate member Primary Schools and competed in the 12/13 years Primary race at the SSV Region level

12/13 years SEC = 12/13 years SECONDARY

i.e., Students must be turning 12 or 13 in the year of competition, attend either a Full or Associate member secondary school and competed in the 12/13 years Secondary race at the SSV Region level

Entries: Once all Region entries have been received, they will be posted on the SSV web Page.

All entrants are asked to check that their entry has been correctly posted and to notify the convener of any errors as early as possible.

If you wish your name (or your child's name) to be withheld, please contact the convener.

SSV reserves the right to invite extra Multi Class Athletes to the State Final based on times at Region and the MDS points system.

Multi Class Athletes wishing to compete in able body events must qualify according to the regular SSV progression pathway.

Multi Class Athletes Events for Multi Class (MC) Athletes (athletes with a disability, excluding wheelchair athletes) will be conducted concurrently with the following events:

Girls 9/10 Years MC, 11 Years MC & 12/13 PRIM MC Years - Girls 9/10 Years 2000m

Boys 9/10 Years MC, 11 Years MC & 12/13 PRIM MC Years - Boys 9/10 Years 2000m

Girls 12-14 SEC Years MC - Girls 12/13 SEC Years 3000m

Boys 12-14 SEC Years MC - Boys 12/13 SEC Years 3000m

Girls 15-16 Years MC - Girls 14 Years 3000m

Boys 15-16 Years MC – Boys 14 Years 3000m

Girls 17-20 Years MC - Girls 15 Years 3000m

Boys 17-20 Years MC - Boys 15 Years 3000m

Each Multi Class Athletes competitor MUST have competed at the Region level.

Multi Class Athletes events will be conducted using the multi disability format for both boys and girls and results calculated using the Athletics Australia Multi Disability Standards (MDS) tables.

Students must hold a current classification. Students without a classification must contact the Athletics Victoria (see contact details on the SSV website)

Teams: For 12/13 years SEC and older age groups, teams will consist of 3 or 4 athletes with the placings of the best three (3) competitors being used to determine the team score.

Winning Team: In calculating team scores, the placings of the first three (3) runners from each team shall be added. The team with the lowest total is the winner.

In the event of a tie, the team with the best placed third-placed athlete shall be declared the winner.

Program:

Race No.	Marshalling Time	Race Time	Gender/Age Group	Distance
1	10:10am	10:30am	Girls 11 yrs	3000m
2	10:30am	10:50am	Boys 11 yrs	3000m
3	10:50am	11:10am	Girls 9/10 yrs &	2000m
3	10:50am	11:10am	Girls 9/10 yrs MC &	2000m
3	10:50am	11:10am	Girls 11 yrs MC &	2000m
3	10:50am	11:10am	Girls 12/13 yrs PRIM MC	2000m
4	11:05am	11:25am	Boys 9/10 yrs &	2000m
4	11:05am	11:25am	Boys 9/10 yrs MC &	2000m
4	11:05am	11:25am	Boys 11 yrs MC &	2000m
4	11:05am	11:25am	Boys 12/13 yrs PRIM MC	2000m
5	11:20am	11:40am	Girls 12/13 yrs PRIM	3000m
6	11:40am	12:00pm	Boys 12/13 yrs PRIM	3000m
7	12:00pm	12:20pm	Girls 12/13 yrs SEC &	3000m
7	12:00pm	12:20pm	Girls 12-14 yrs SEC MC	3000m
8	12:20pm	12:40pm	Boys/Mixed 12/13 SEC &	3000m
8	12:20pm	12:40pm	Boys 12-14 yrs SEC MC	3000m
9	12:40pm	1:00pm	Girls 14 yrs &	3000m
9	12:40pm	1:00pm	Girls 15-16 yrs MC	3000m
10	1:00pm	1:20pm	Boys/Mixed 14 yrs &	3000m
10	1:00pm	1:20pm	Boys 15-16 yrs MC	3000m
11	1:20pm	1:40pm	Girls 15 yrs &	3000m
11	1:20pm	1:40pm	Girls 17-20 yrs MC	3000m
12	1:40pm	2:00pm	Boys/Mixed 15 yrs &	3000m
12	1:40pm	2:00pm	Boys 17-20 yrs MC	3000m
13	2:00pm	2:20pm	Girls 16 yrs	3000m
14	2:20pm	2:40pm	Girls 17-20 yrs	3000m
15	2:40pm	3:00pm	Boys/Mixed 16 yrs	5000m
16	3:05pm	3:25pm	Boys/Mixed 17-20 yrs	5000m

Marshalling:

Athletes need to listen for PA Announcements calling for them to make their way to the Call room (Marshalling Pavilion – Jockeys Room).

If an athlete is unsure as to whether their event has been announced they should make their way to the Call Room no later than 20 minutes prior to the advertised start time for their event.

A Starters Marshal will supervise athletes walking to the start line from the Call Room 10 minutes prior to the advertised start time.

The Starter begins each race from the respective start line. NB. There is a different start line for the 2km, 3km & 5km races.

Conditions:

See School Sport Victoria's 'General Conditions of Competition'.

All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'

A girl cannot play in a girls' team and a boys/mixed team in the same sport. A Boys/Mixed team must be made up of a minimum of one Boy.

The level of competition chosen by a student at District level remains binding through to Division, Region and State levels.

Warming Up:

No warming-up is permitted on the course. Walking the course prior to the start of competition is permitted until 10.00am. Please **do not** visit the Yarra Valley Racing Club prior to any upcoming Cross Country race days. Yarra Valley Racing Club is a private business & do not permit unauthorised entry.

Sports Tape MUST be supplied by the student/competing team if pre-event strapping for injury prevention by the qualified sports trainer (if present) is required.

Rules:	<p>Ages are calculated as at December 31 in the year of competition. Competing athletes may compete in only one age group for which they are eligible.</p> <p>Athletes turning 8 years of age in the year of competition are not eligible to compete in the 9/10 Years events.</p> <p>The course will be marked with flags and cones. Officials will be located at various points around the course.</p> <p>The course is subject to alteration at any time.</p> <p>In the 5000m events, the 2000m loop will be run first by competitors followed by the 3000m loop.</p> <p>IAAF Rules only allow an athlete to carry a watch and/or a 'Ventolin' inhaler.</p> <p>Please see the SSV Primary Schools Resource Manual for more useful sport specific information.</p>
Disqualifications:	<p>Athletes being paced are subject to disqualification.</p> <p>Checkpoint officials have the power to disqualify competitors who deviate from the course to gain an advantage or who are not putting in a reasonable effort (who are walking) or who are being 'paced' by a coach/spectator.</p>
Protests & Corrections:	<p>Protests will be heard on the day of competition ONLY. Protests received after the day of competition will not be accepted</p> <p>Protest concerning the conduct of an event, in the first instance, should be made to the Referee by the athletes or their teacher. If their teacher is not in attendance, the adult responsible for the athlete may act on the athlete's behalf. This can be made immediately an incident occurs or within 10 minutes of the conclusion of the event.</p> <p>If the Referee, makes a decision that is not agreed with, an appeal to the Jury of Appeal may be made, accompanied by a fee of A\$50 cash, which will be forfeited if the appeal is not upheld. This appeal must be in writing within 10 minutes of the conclusion of the event or the Referee's decision, whichever comes first. The written appeal must be given to the Championship Convener.</p> <p>Protests concerning results or corrections need to be made to the Championship Convener within 10 minutes of the posting of the results. Results will be posted as soon as all entries are collated at the conclusion of each event, together with the time they are posted. Protests received after this 10-minute period has elapsed and presentations have been made will not be accepted.</p> <p>All attempts will be made to video the finish of each race.</p> <p>No other form of protest will be heard.</p>
Souvenirs:	<p>SSV will be selling State Cross Country souvenirs at the venue.</p> <p>Programs will not be available for sale at the event but will be available free for download from the School Sport Victoria website.</p>
Pets:	Dogs are not welcome at the venue.
Privacy:	<p>The names and schools of all entrants, plus full results, will be published on the School Sport Victoria web site.</p> <p>If you wish your name (or your child's name) to be withheld, please contact the convener.</p>
Dress:	<p>Students must wear appropriate athletic uniform.</p> <p>Tags/timing devices/competition bib numbers will be supplied.</p> <p>For '12/13 years SECONDARY', '12/13 years PRIMARY and Under' students spiked footwear or footwear with blades or cleats constructed of hard plastic are NOT permitted.</p> <p>For 14 years SECONDARY and older students spikes may be worn but they must be pyramid spikes no longer than 12mm.</p> <p>Athletes not correctly dressed will not be permitted to compete.</p>
First Aid:	<ul style="list-style-type: none"> Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist. Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.



SCHOOL SPORT VICTORIA DIVING VICTORIA

REGION AND STATE DIVING CHAMPIONSHIPS

PRIMARY AND SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Division levels will be found on the relevant page on the SSV website.

Date:	Wednesday, 30 th April, 2025
Venue:	MSAC, Aughtie Drive, Albert Park
Entries:	Divers will be required to enter for Region Competitions by Tuesday 25th March 2025. NB. Entries will be taken by registration only. To register, please use the following link NB. There are no restrictions on the number of divers who may enter each Region Competition
Age Groups:	Diving will be offered in the following age groups for both Boys and Girls: <ul style="list-style-type: none">• 9-10 years• 11-12 years• 13-14 years• 15-16 years• 17-20 years
Coaching Clinic:	In partnership with Diving Victoria, coaching clinics for inexperienced divers are being offered on the morning of competition (as per above schedule). Clinics will be conducted by experienced and qualified Diving Victoria coaches only. All new divers MUST attend the Coaching Clinic.
Dive Requirements:	These requirements apply to Region and State Competitions. At Region competitions, divers may use a forward and/or backward jump, but will not be able to progress to the State Championships in the afternoon 9-10 Years & 11-12 Years All divers will perform: <ul style="list-style-type: none">• Three (3) dives from two (2) groups• Compulsory Forward Group 101, 103 or 105 must be performed first• Restricted to the 1m springboard• No repeat dives 13-14 Years, 15-16 Years and 17-20 Years All divers will perform: <ul style="list-style-type: none">• Four (4) dives from three (3) groups• Compulsory Forward Group 101, 103 or 105 must be performed first• The 1m and 3m springboards may be used• No repeat dives
List of Dives Form:	A 'List of Dives' Form is available below & at http://www.ssv.vic.edu.au/Downloads%20Library/Diving%20Form%20State%20Region.pdf Divers will be required to complete a 'List of Dives Form' form prior to the start of competition. <u>Experienced Divers:</u> Please bring the form with you and submit it on the day on arrival. See below for the Diving Form. <u>New and Inexperienced Divers:</u> You will be assisted to complete your list of dives after you have completed your assigned clinic. Your clinic coach must sign off your 'List of Dives' Form.
Conditions:	See the School Sport Victoria 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' Conducted under FINA Diving Rules unless otherwise stated. NB. Board and football shorts are <u>NOT</u> to be worn.
Rules:	The Convener reserves the right to disqualify any diver not participating with a bona fide effort. Any diver 'bombing' will be disqualified. Please see the SSV Primary Schools Resource Manual for more useful sport specific information.
Qualification for State Championships:	Winners of each Region Competition plus the up to the next top eight (8) divers, who have met the dive requirements below, will progress to the State Championships in the afternoon.

Parking:

There is metered parking in the Lakeside Stadium Car Park and Albert Drive. The week day costs are \$6.00 per hour or All Day parking costs approx. \$14.30.

Alternatively, car parking at MSAC (multi story & southern car parks) is free for the first hour, then \$6.00 per hour or part thereof; \$30 maximum daily rate.

Please note that information is correct at the time of printing.

Presentations:

At the conclusion of events the first three placegetters, when announced, will be presented with awards. Placegetters are to wear their school tracksuit or school polo to presentations.

First Aid:

First Aid Kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff & First Aid Kit Contents Checklist](#).

Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

MSAC Café:

Lunches and refreshments may be bought at the MSAC Café.

Competition Schedule:

Region Competitions – All Divers must register online as advised above in Entries.

New/Inexperienced Divers Clinic #1 for Age Groups (Age Group TBA - Boys and Girls)

Registration: All times will be advised asap after registrations are closed.

Clinic: TBA

Dive Forms Completed: TBA

New/Inexperienced Divers Clinic #2 for Age Groups (Age Group TBA - Boys and Girls)

Registration: All times will be advised asap after registrations are closed.

Clinic: TBA

Dive Forms Completed: TBA

New/Inexperienced Divers Clinic #3 for Age Groups (Age Group TBA - Boys and Girls)

Registration: All times will be advised asap after registrations are closed.

Clinic: TBA

Dive Forms Completed: TBA

NOTE: Clinics will be taken by qualified and Diving Victoria registered Coaches only

Divers in Event 1, 2 & 3 not Attending a Clinic

Registration: All times will be advised asap after registrations are closed.

Dive forms must be submitted on the day on arrival.

REGION COMPETITIONS:

SCHEDULE AND TIMES ARE SUBJECT TO CHANGE ON THE DAY.

Event # and Time	Side Boards	Stand Side	Lake Side
Warm Up for All Non – Clinic Divers	TBA – Age & Gender Group Clinic	TBA - Time	TBA - Time
Event 1: TBA - Time	TBA – Age & Gender Group Clinic	TBA – Age & Gender Group	TBA – Age & Gender Group
Event 1: Results	TBA - Time	TBA - Time	TBA - Time
Event 2: TBA - Time	TBA – Age & Gender Group	TBA – Age & Gender Group	TBA – Age & Gender Group
Event 2: Results	TBA - Time	TBA - Time	TBA - Time
Event 3: TBA - Time	TBA – Age & Gender Group	TBA – Age & Gender Group	TBA – Age & Gender Group
Event 3: Results	TBA - Time	TBA - Time	TBA - Time

STATE CHAMPIONSHIPS**SCHEDULE AND TIMES ARE SUBJECT TO CHANGE ON THE DAY.**

_Event # and Time	Stand Side	Lake Side
Changes to Dives	Event 1: TBA - Time	Event 2: TBA - Time
Warm Up for Finals	TBA - Time	
Event 1: TBA	TBA – Age & Gender Group	TBA – Age & Gender Group
Event 1: Results	TBA - Time	
Event 2: TBA	TBA – Age & Gender Group	TBA – Age & Gender Group
Event 2: Results	TBA - Time	



SCHOOL SPORT VICTORIA

FINA - DEGREE OF DIFFICULTY TABLE

Updated January 2018

SPRINGBOARD		1 METRE				3 METRE			
		Strt	Pike	Tuck	Free	Strt	Pike	Tuck	Free
FORWARD GROUP		A	B	C	D	A	B	C	D
101	Forward Dive	1.4	1.3	1.2		1.6	1.5	1.4	
102	Forward Somersault	1.6	1.5	1.4		1.7	1.6	1.5	
103	Forward 1½ Somersaults	2.0	1.7	1.6		1.9	1.6	1.5	
104	Forward 2 Somersaults	2.6	2.3	2.2		2.4	2.1	2.0	
105	Forward 2½ Somersaults		2.6	2.4		2.8	2.4	2.2	
106	Forward 3 Somersaults		3.2	2.9		2.8	2.5		
107	Forward 3½ Somersaults		3.3	3.0		3.1	2.8		
108	Forward 4 Somersaults			4.0		3.8	3.4		
109	Forward 4½ Somersaults			4.3		4.2	3.8		
112	Forward Flying Somersault		1.7	1.6		1.8	1.7		
113	Forward Flying 1½ Somersaults		1.9	1.8		1.8	1.7		
115	Forward Flying 2½ Somersaults					2.7	2.5		

SPRINGBOARD		1 METRE				3 METRE			
		Strt	Pike	Tuck	Free	Strt	Pike	Tuck	Free
BACK GROUP		A	B	C	D	A	B	C	D
201	Back Dive	1.7	1.6	1.5		1.9	1.8	1.7	
202	Back Somersault	1.7	1.6	1.5		1.8	1.7	1.6	
203	Back 1½ Somersaults	2.5	2.3	2.0		2.4	2.2	1.9	
204	Back 2 Somersaults		2.5	2.2		2.5	2.3	2.0	
205	Back 2½ Somersaults		3.2	3.0		3.0	2.8		
206	Back 3 Somersaults		3.2	2.9		2.8	2.5		
207	Back 3½ Somersaults					3.9	3.6		
208	Back 4 Somersaults					3.7	3.4		
209	Back 4½ Somersaults					4.7	4.4		
212	Back Flying Somersault		1.7	1.6		1.8	1.7		
213	Back Flying 1½ Somersault					2.4	2.1		
215	Back Flying 2½ Somersault					3.3	3.1		

SPRINGBOARD		1 METRE				3 METRE			
		Strt	Pike	Tuck	Free	Strt	Pike	Tuck	Free
REVERSE GROUP		A	B	C	D	A	B	C	D
301	Reverse Dive	1.8	1.7	1.6		2.0	1.9	1.8	
302	Reverse Somersault	1.8	1.7	1.6		1.9	1.8	1.7	
303	Reverse 1½ Somersaults	2.7	2.4	2.1		2.6	2.3	2.0	
304	Reverse 2 Somersaults	2.9	2.6	2.3		2.7	2.4	2.1	
305	Reverse 2½ Somersaults		3.2	3.0		3.4	3.0	2.8	
306	Reverse 3 Somersaults		3.3	3.0		2.9	2.6		
307	Reverse 3½ Somersaults					3.8	3.5		
308	Reverse 4 Somersaults					3.7	3.4		
309	Reverse 4½ Somersaults					4.7	4.4		
312	Reverse Flying Somersault		1.8	1.7		1.9	1.8		
313	Reverse Flying 1½ Somersault		2.6	2.3		2.5	2.2		

SPRINGBOARD		1 METRE				3 METRE			
		Strt	Pike	Tuck	Free	Strt	Pike	Tuck	Free
INWARD GROUP		A	B	C	D	A	B	C	D
401	Inward Dive	1.8	1.5	1.4		1.7	1.4	1.3	
402	Inward Somersault	2.0	1.7	1.6		1.8	1.5	1.4	
403	Inward 1½ Somersaults		2.4	2.2		2.1	1.9		
404	Inward 2 Somersaults		3.0	2.8		2.6	2.4		
405	Inward 2½ Somersaults		3.4	3.1		3.0	2.7		
407	Inward 3½ Somersaults					3.7	3.4		
409	Inward 4½ Somersaults					4.6	4.2		
412	Inward Flying Somersault		2.1	2.0		1.9	1.8		
413	Inward Flying 1½ Somersaults		2.9	2.7		2.6	2.4		

SPRINGBOARD		1 METRE				3 METRE			
		Strt	Pike	Tuck	Free	Strt	Pike	Tuck	Free
TWISTING GROUP		A	B	C	D	A	B	C	D
5111	Forward Dive ½ Twist	1.8	1.7	1.6		2.0	1.9	1.8	
5112	Forward Dive 1 Twist	2.0	1.9			2.2	2.1		
5121	Forward Somersault ½ Twist				1.7				1.8
5122	Forward Somersault 1 Twist				1.9				2.0
5124	Forward Somersault 2 Twist				2.3				2.4
5126	Forward Somersault 3 Twists				2.8				2.9
5131	Forward 1½ Somersaults ½ Twist				2.0				1.9
5132	Forward 1½ Somersaults 1 Twist				2.2				2.1
5134	Forward 1½ Somersaults 2 Twists				2.6				2.5
5136	Forward 1½ Somersaults 3 Twists				3.1				3.0
5138	Forward 1½ Somersaults 4 Twists				3.5				3.4
5151	Forward 2½ Somersaults ½ Twist		3.0	2.8		2.8	2.6		
5152	Forward 2½ Somersaults 1 Twist		3.2	3.0		3.0	2.8		
5154	Forward 2½ Somersaults 2 Twists		3.6	3.4		3.4	3.2		
5156	Forward 2½ Somersaults 3 Twists					3.9	3.7		
5172	Forward 3½ Somersaults 1 Twists					3.7	3.4		

5211	Back Dive ½ Twist	1.8	1.7	1.6		2.0	1.9	1.8	
5212	Back Dive 1 Twist	2.0				2.2			
5221	Back Somersault ½ Twist				1.7				1.8
5222	Back Somersault 1 Twist				1.9				2.0
5223	Back Somersault 1½ Twists				2.3				2.4
5225	Back Somersault 2½ Twists				2.7				2.8
5227	Back Somersault 3½ Twists				3.2				3.3
5231	Back 1½ Somersaults ½ Twist				2.1				2.0
5233	Back 1½ Somersaults 1½ Twists				2.5				2.4
5235	Back 1½ Somersaults 2½ Twists				2.9				2.8
5237	Back 1½ Somersaults 3½ Twists								3.3
5239	Back 1½ Somersaults 4½ Twists								3.7
5251	Back 2½ Somersaults ½ Twist		2.9	2.7		2.7	2.5		
5253	Back 2½ Somersaults 1½ Twists					3.4	3.2		
5255	Back 2½ Somersaults 2½ Twists					3.8	3.6		

5311	Reverse Dive ½ Twist	1.9	1.8	1.7		2.1	2.0	1.9	
5312	Reverse Dive 1 Twist	2.1				2.3			
5321	Reverse Somersault ½ Twist				1.8				1.9
5322	Reverse Somersault 1 Twist				2.0				2.1
5323	Reverse Somersault 1½ Twists				2.4				2.5
5325	Reverse Somersault 2½ Twists				2.8				2.9
5331	Reverse 1½ Somersaults ½ Twist				2.2				2.1
5333	Reverse 1½ Somersaults 1½ Twists				2.6				2.5
5335	Reverse 1½ Somersaults 2½ Twists				3.0				2.9
5337	Reverse 1½ Somersaults 3½ Twists				3.6				3.5
5339	Reverse 1½ Somersaults 4½ Twists								3.8
5351	Reverse 2½ Somersaults ½ Twist		2.9	2.7		2.7	2.5		
5353	Reverse 2½ Somersaults 1½ Twists		3.5	3.3		3.3	3.1		
5355	Reverse 2½ Somersaults 2½ Twists		3.9	3.7		3.7	3.5		
5371	Reverse 3½ Somersaults ½ Twist					3.4	3.1		
5373	Reverse 3½ Somersaults 1½ Twists						3.7		
5375	Reverse 3½ Somersaults 2½ Twists						4.1		

5411	Inward Dive ½ Twist	2.0	1.7	1.6		1.9	1.6	1.5	
5412	Inward Dive 1 Twist	2.2	1.9	1.8		2.1	1.8	1.7	
5421	Inward Somersault ½ Twist				1.9				1.7
5422	Inward Somersault 1 Twist				2.1				1.9
5432	Inward 1½ Somersaults 1 Twist				2.7				2.4
5434	Inward 1½ Somersaults 2 Twists				3.1				2.8
5436	Inward 1½ Somersaults 3 Twists								3.5

In the above table empty spaces have not been calculated.



SCHOOL SPORT VICTORIA

REGION AND STATE DIVING CHAMPIONSHIPS

LIST OF DIVES

EXPERIENCED DIVERS: COMPLETED FORMS TO BE SUBMITTED ON THE DAY ON ARRIVAL

INEXPERIENCED DIVERS: FORMS WILL BE COMPLETED AFTER YOUR CLINIC AND SIGNED BY YOUR CLINIC COACH. NB. INEXPERIENCED DIVERS DO NOT USE THIS FORM.

Diver's Name:

Diver's School:

Gender (please circle):

Age Group (please circle):

Age calculated as at 31st of December in the year of competition

MALE

FEMALE

9-10 yrs

11-12 yrs

13-14 yrs

15-16 yrs

17-20 yrs

Name	Dive #	Dive Position A, B, C or D	Board Height 1 or 3 m	Group 1-6	Flying	# Somersaults	# Twists	Degree of Difficulty

Explanation Notes:

- Dive requirements are listed above
- All age groups except 9-12 years must complete 4 dives
- Please use the table below to complete your list of dives
- A= a dive completed in the straight position
- B= a dive completed in the pike position
- C= a dive completed in the tuck position
- D= a dive completed in optional positions



SCHOOL SPORT VICTORIA

PREMIER LEAGUE FOOTBALL

STATE CHAMPIONSHIPS

PROUDLY SUPPORTED BY FOOTBALL VICTORIA

Competition:	Senior Boys & Senior Girls. Students that are entered in the SSV Premier League are currently not eligible to participate in the SSV Regions competition.		
Dates:	Matches will be scheduled for the 'Week Commencing' the match date is to be made by agreement between the two teams.		
	Round 1 (Boys & Girls)	Week commencing	10 February 2025
	Round 2 (Girls)	Week commencing	17 February 2025
	Round 3 (Girls) Round 2 (Boys)	Week commencing	24 February 2025
	Round 4 (Girls) Round 3 (Boys)	Week commencing	11 March 2025
	Round 5 (Girls) Cross-Over	Tuesday	18 March 2025
	Semi-Finals (Boys)		
	Grand Finals (Boys & Girls)	Wednesday	3 April 2025
Format:	Boys: Split Round-Robin, Cross-Over Semi-Finals, Final Girls: Round-Robin, Final		
Match Format:	All Round Robin Matches shall consist of - Boys: 2 x 40-minute halves & Girls: 2 x 35-minute halves with a half time interval of 15 minutes. All teams may use 6 interchange players.		
Round Robin Winner:	Points will be allocated for Round Robin matches as follows: 3 points for a win, 1 point for a draw and 0 for a loss. In the event that two or more teams are tied at the end of the round robin draw. The following will be used to determine the winner: <ul style="list-style-type: none"> a. Head to Head result; in the event that teams have drawn with each other you will look at goal difference b. Goal difference. When you subtract the goals conceded from the goals scored the team with the most positive goal difference is the winner. In the event that the goal difference is equal then the next parameter is used which is most goals scored. c. Most goals scored. The team that has scored the most goals will be the winner of the pool. d. In the event that a winner still cannot be determined a school will be drawn out randomly and will be declared the winner. 		
Semi Final Winner:	The Semi Final will be a maximum of - Boys: 2 x 40-minute halves & Girls: 2 x 35-minute halves In the event of scores being tied in a Semi Final: <ul style="list-style-type: none"> • Two (2) extra periods of 10 minutes are played. • Coaches are not permitted on the ground and may not address their players. • Teams do not change ends for the first 10 minutes but change after the first period. If scores are still tied after the second period of extra time a penalty shootout will take place.		
Final Winner:	The Grand Final will be a maximum of - Boys: 2 x 40-minute halves & Girls: 2 x 35-minute halves In the event of scores being tied at the end of full time in the Grand Final, there will be extra time played and if required, teams will go to a penalty shootout.		
Conditions:	The application of a 'yellow card' will be as per the FIFA rules. Swearing will not be tolerated by any player/coach and is an automatic yellow card. A 'red card' is automatic disqualification for the current match and the following game. Straight Red card will be reviewed by a disciplinary committee. The conditions of the SSV Order Off rule will then apply. See the School Sport Victoria's ' General Conditions of Competition '. All players, teachers, spectators and officials are bound by the ' SSV Codes of Conduct ' and the ' Participant Behaviour Policy '		
Team Sheet:	Copies of an up to date team sheet must be handed to the opposing coach and Referee on the day of competition. This team sheet must include players' uniform numbers. Download the Team & Result sheet		
Rules:	Football is conducted under the FIFA Laws of the Game unless otherwise stated.		
Player Restrictions:	Eleven players on the field and up to 6 interchange players may be used in all matches.		

Year 11 and Year 12 students who play Premier League are not permitted to participate in the regular SSV Senior competition.

Boys: Year 10 students may play a maximum of three (3) Premier League matches and still be eligible to play in the SSV Intermediate competition.

Year 7 – 9 students are ineligible to compete in the Premier League competition.

Girls: Year 9 & 10 students may play a maximum of three (3) Premier League matches and still be eligible to play in the SSV Intermediate competition.

Year 7 – 8 students are ineligible to compete in the Premier League competition.

Home Team:

Home team is to liaise with SSV to organise:

- FV appointed Referee and Assistants for all Round Robin matches.
- Venue for Round Robin matches & Three Match Balls – Size 5

Please note that SSV also will organise the Referees and Assistants will be provided for Semi Finals and Grand Finals.

Lateness Penalty:

If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, the convener will try to accommodate the team.

If a team is more than 15 minutes late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then the team will forfeit the match.

Dress:

Each team must have a First and Alternate Strip which is to have the school logo only. No partnerships or sponsors are to be recognised on this uniform or on warm-up or pre & post-game uniform. This applies to the playing teams, all staff & officials.

Players must wear matching strips with distinctive numbering corresponding to their team sheet, same colour shorts (without pockets) and same colour socks.

The goalkeeper must wear a contrasting shirt.

No jewellery is to be worn.

Shin Guards are compulsory.

Mouthguards are strongly recommended.

Players not correctly dressed will not be permitted to compete.

First Aid/Sports Trainers:

Teams are to provide their own First Aid/Sports Trainer and First Aid Kits.

First Aid Kits - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#)

Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.





SCHOOL SPORT VICTORIA

FOOTBALL – SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.

State Format: Split Round Robin, Final.

State Match Format: All matches shall consist of 2 x 15-minute halves with a half-time interval of 5 minutes.
All teams may use 6 reserve players on an interchange basis.
The application of a 'yellow card' will be as per the FIFA rules
A 'red card' is an automatic disqualification for the match and day.
The conditions of the Order Off Rule will then apply. See 'General Conditions of Competition and the Order Off Rule)

State Match Schedule: There will be a Pre-Championship Briefing for all teams prior to the first round of matches
See the Football (Soccer) Draw, on the SSV website, for the Match Schedules

State Round Robin Winner: Points will be allocated for Round Robin matches as follows: 3 points for a win, 1 point for a draw and 0 for a loss.

In the event that two teams are tied at the end of the round robin the winner of the face to face match will be declared the winner.

If this was a draw or if more than two teams are tied, then the following will be used to determine the winner:

- a. Goal difference. When you subtract the goals conceded from the goals scored the team with the most positive goal difference is the winner. In the event that the goal difference is equal then the next parameter is used which is most goals scored.
- b. Most goals scored. The team that has scored the most goals will be the winner of the Round Robin.
- c. Least goals against. The team that has had the least goals scored against will be the winner of the Round Robin
- d. Team that scored first when the tied teams played against each other
- e. Team with the least amount of red card infringements.
- f. Team with the least amount of yellow card infringements.
- g. In the event that a winner still cannot be determined a coin toss will decide the winner of the Round Robin.

State Final Winner: If the final is tied at full-time 10 minutes of extra time will be played (5 minutes each way).
If tied after extra time, a series of 5 penalty kicks shall be taken by each team.

- a. Each penalty kick to be taken alternately by five different players. The Goalkeeper to defend for each team.
- b. The teams will toss again to determine the choice of whether to shoot or defend first.
- c. If still tied, a further series of penalty kicks, alternately taken by different players, shall be taken until a decision is reached on an even kick basis. Players who have participated in previous penalty kicks are not to be used unless all team members, excluding the Goalkeeper, have participated.

Conditions: See the School Sport Victoria's '[General Conditions of Competition](#)'. All players, teachers, spectators and officials are bound by the '[SSV Codes of Conduct](#)' and the '[Participant Behaviour Policy](#)'.

A girl cannot play in a girls' team and a boys/mixed team in the same sport.

The level of competition chosen by a student at Division level remains binding through to Region and State levels.

Team Size:	<p>A maximum of seventeen (17) players may be used in one day.</p> <p>Eleven (11) players on the field and up to six (6) interchange players to be named for each game.</p> <p>Only seventeen (17) SSV medallions plus one (1) for the team coach will be awarded to placegetters.</p> <p>Extra medallions will NOT be available.</p>
Rules:	Football will be conducted under the FIFA Laws of the Game unless otherwise stated.
Officials:	<p>Referees will be provided for State Finals</p> <p>Each team is required to provide a competent linesperson.</p>
Dress:	<p>Players must wear matching strips with distinctive numbering corresponding to their team sheet, same colour shorts (without pockets) and same colour socks.</p> <p>The goalkeeper must wear a contrasting shirt.</p> <p>No jewelry is to be worn.</p> <p>The wearing of shin guards is compulsory.</p> <p>Mouthguards are strongly recommended.</p> <p>Players not correctly dressed will not be permitted to compete.</p>
Lateness Penalty:	<p>If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.</p> <p>If a team is more than 10 minutes late without notice or communication or in the convener's opinion their lateness makes the draw impracticable, then they will be penalised one goal for each completed 10 minutes of lateness.</p>
Equipment to Bring:	<p>Competing schools must provide:</p> <ul style="list-style-type: none"> • A competent linesperson • A new competition standard (size 5) soccer ball • Match balls will be provided for the State Finals, teams will need to provide their own practice balls. • A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist. • Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

NOTE: An up to date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.





SCHOOL SPORT VICTORIA

HOCKEY - SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

- Match Format:** For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
- Format:** Split Round Robin, Final
- State Match Format:** The scheduled duration of matches shall be 2 x 20-minute halves. 5 minutes half time.
- Penalty corners will be played out when 'Time' is called.
- A 'yellow card' does not automatically lead to a player being disqualified from the remainder of the tournament.
- A 'red card' is automatic disqualification for the match and day. The 'Order Off Rule' will then apply. (See 'General Conditions of Competition' and the Order Off Rule).
- State Match Schedule:** There will be a Pre-Championship Briefing for all teams prior to the first round of matches
- See the Hockey Draw, on the SSV website, for the Match Schedules.
- State Round Robin Winner:** Points will be allocated for Round Robin matches as follows: 3 points for a win, 1 point for a draw and 0 for a loss.
- If, at the end of the round-robin, two teams are tied on round robin points then the winner of their face-to-face match will be declared the winner. If their face-to-face match was a draw, then goal difference. If still equal, most goals for then least goals against.
- If more than two teams are tied on round robin points, then goal difference followed by most goals for then least goals against.
- State Final Winner:** In the event of a tied match in the final, a penalty shootout will be taken by five nominated players in a nominated order from each of the tied teams. The team to attack first will be decided by the toss of a coin. Goalkeepers will defend the penalty shootout. If still tied, a series of 'sudden death' penalty shootouts will be taken alternately by the same nominated players until a decision is reached after an even number of attempts. The team defending first for the first penalty shootout shall attack first for the 'sudden death' shootouts.
- Conditions:** See the School Sport Victoria 'General Conditions of Competition'.
- All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'
- A girl cannot play in a girls' team and a boys/mixed team in the same sport.
- The level of competition chosen by a student at Division level remains binding through to Region and State levels.
- Team Size:** A maximum of sixteen (16) players may be used in one day.
- Eleven (11) players on the field and up to five (5) interchange players to be named for each game.
- Only sixteen (16) SSV medallions plus one (1) for the team coach will be awarded to placegetters.
- Extra medallions will NOT be available.
- Rules:** Hockey is conducted under the rules of the Federation of International Hockey Board unless otherwise stated.
- The Tomahawk stroke is not permitted to be used at any level.
- Dress:** Players must wear same colour shorts/skirts (without pockets), matching numbered shirts and same colour socks.
- The goalkeeper must wear a contrasting shirt.
- No jewelry is to be worn.
- The wearing of shin guards and mouth guards is strongly recommended.
- An approved Hockey-specific face mask is compulsory to be worn by a field player when defending a penalty corner or penalty stroke and when they are inside the circle they are defending. Goalkeepers must wear as part of their protective equipment a helmet and mask plus kickers during the game.

Dress (continued): Should a goalkeeper be incapacitated, suspended or substituted pursuant to the current Rules of Hockey, the nominated player who assumes the privileges of a goalkeeper must wear a protective helmet and mask. The said nominated player shall be permitted to put on, without delay, the said protective helmet and mask.

Players not correctly dressed will not be permitted to compete.

Lateness Penalty: If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.

If a team is more than 10 minutes late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will be penalised one goal for each completed 10 minutes of lateness.

Equipment to Bring: Each competing team to supply:

- one new match ball;
- Match balls will be supplied for State Finals, teams will need to bring their own practice balls;
- all their own equipment including shin pads, face mask. Sticks with jagged ends or splits are not permitted;
- goal keeper's protective helmet and a fixed mask [not a catcher's mask]. Any buckles must be taped;
- an alternative set of shirts and socks, if available;
- a first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#).
- Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

STADIUM RULES: -

Footwear: Experience has shown that most players prefer the multi-grip style of shoe although gym boots, sneakers and tennis shoes may be used.

Leather, metal or screw-in plastic sprigs are not permitted. Moulded style footwear must have at least 15 sprigs per boot.

Clothing: No buckles or similar items.

Goalkeepers' protective equipment must be taped to ensure that the turf is protected at all times.

Equipment: Teams to supply their own sticks which must be regulation size and material. Split or jagged ends are not permitted.

Circle marks: The standard practice of goalkeepers marking specific points in the circle, which is often seen on natural grass grounds, is not permitted.

Prohibited:

- [a] Smoking
- [b] Chewing gum
- [c] Glass bottles/glasses etc.

Coaching: Coaches are to remain on the concrete fringe in their own half of the field. If any coaching is required on the other side of the stadium, the coach will have to go outside and around.





SCHOOL SPORT VICTORIA

NETBALL - SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
State Format:	Split Round Robin, Cross Over Semi Finals, Final.
State Match Schedule:	There will be a Pre-Championship Briefing for all teams prior to the first round of matches See the Netball Draw, on the SSV website, for the Match Schedules
State Match Format:	Match length for all competitions will be 4 x 7-minute quarters with a 2-minute break at half time. At $\frac{1}{4}$ and $\frac{3}{4}$ time the players must change straight over without delay. Positions may be changed, and substitutions made provided it doesn't hold up play.
State Round Robin Winner:	Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss. If, at the end of the round robin, two teams are equal on matches won, then the winner of the face-to-face match will be declared the winner. If their face-to-face match was a draw, then total percentage from all their games will be used to determine the winner. If more than two teams are tied on matches won, percentage from the matches involving the other tied teams will be calculated to determine the winner.
State Final Winner:	In the event of a draw being played in the semi-final & final, the game shall be decided by playing two, five-minute halves with a one-minute interval until a winner is determined.
Conditions:	See the School Sport Victoria's ' General Conditions of Competition '. All players, teachers, spectators and officials are bound by the ' SSV Codes of Conduct ' and the ' Participant Behaviour Policy '. A girl cannot play in a girls' team and a boys/mixed team in the same sport. Clarification: Please note that Girls cannot play in Senior Boys Netball or Intermediate Boys Netball teams – they are Boys only teams. The level of competition chosen by a student at Division level remains binding through to Region and State levels.
Team Size:	A maximum of twelve (12) players may be used in one day. Seven (7) players on the court and up to five (5) interchange players are to be named for each game. Only twelve (12) SSV medallions plus one (1) for the team coach will be awarded to placegetters. Extra medallions will NOT be available.
Rules:	Netball is conducted under the rules of the All Australian Netball Association unless otherwise stated. Any infringements under section 13 Game Management, Rule 13.2 Foul Play will see the umpire apply the Rule 13.1 Actions Taken by an Umpire. The Team Coach/Teacher accompanying the team MUST be informed when these actions are taken.
Goal Post Padding:	Goal post padding is required for all netball goal posts for all levels of matches.
Officials:	Umpires will be provided for the State Final.
Interchange:	Rolling substitutions during a game & the interchange of players are permitted at the interval. Teams should have two sets of bibs to facilitate rolling substitutions. Rolling substitutions must occur in the designated area. Only one (1) rolling substitute per team can be made at a time. However, it is required that these players must be ready to take the court so that no time is lost.
Blood Rules:	Where central timing is used, the player is to be removed and substituted immediately and can be re-substituted at the next appropriate whistle.

Lateness Penalty: If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.

If a team is late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will be penalised 1 goal per minute they are late up to half time when they will forfeit the match. Eg: If the match is 2x12 minute halves, the forfeit score is 12-0

Dress: Players must wear same colour skirts/bodysuits/shorts (without pockets) and same colour tops with contrasting bibs. Fingernails should be taped or cut, and no visible jewelry can be worn.

Players not correctly dressed will not be permitted to compete.

Equipment to Bring:

Competing teams must provide:

- Positional bibs.
- One competition size 5 netball.
- Match Balls will be supplied for all State Finals, teams will need to bring their own practice balls.
- A competent scorer.
- To avoid a clash of colours & to facilitate rolling substitutions, schools are asked to bring a second set of bibs.
- A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#).
- Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition.





NETBALL SCORE SHEET

Prim / Yr 7 / Yr 8 / Jnr / Int / Snr

Boys / Boys (Mixed) / Girls

Court.....

Centre Pass	Qtrr	Total	Total		
	1	G.Sh. <td></td>		G.Sh. <td></td>	
		G.A. <td></td>		G.A. <td></td>	
	2	G.Sh. <td></td>		G.Sh. <td></td>	
		G.A. <td></td>		G.A. <td></td>	
	3	G.Sh. <td></td>		G.Sh. <td></td>	
		G.A. <td></td>		G.A. <td></td>	
	4	G.Sh. <td></td>		G.Sh. <td></td>	
		G.A. <td></td>		G.A. <td></td>	
		TOTAL <td></td>		TOTAL <td></td>	

WINNING TEAM: _____

Captains: _____



SCHOOL SPORT VICTORIA

SOFTBALL – SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
State Format:	Split Round Robin, Final
State Match Schedule:	There will be a Pre-Championships Briefing for all teams prior to the first round of matches. See the Softball Draw, on the SSV website, for the Match Schedule.
State Match Format:	Matches to be played over 7 innings or 75 minutes
State Round Robin Winner:	Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 point for a draw and 0 for a loss. If at the end of the round robin two teams are equal on matches won, then the winner of the face-to-face match will be declared the winner. If their face-to-face match was a draw, then total percentage from all their games will be used to determine the winner. If more than two teams are tied on matches won, percentage from the matches involving the other tied teams will be calculated to determine the winner.
State Final Winner	If the final is tied when time is called, or at the end of the 7 innings, extra innings will be played until one team scores more than the other in an equal number of innings.
Conditions:	See the School Sport Victoria 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' The level of competition chosen by a student at Division level remains binding through to Region and State level.
Team Size:	A maximum of twelve (12) players may be used in one day. Teams are permitted to bat through the line up to the maximum of twelve (12) players. Nine (9) players are only permitted to field with up to three (3) substitutes to be named for each game. Substituted players are permitted to return to the field of play. Only twelve (12) SSV medallions plus one (1) for the team coach will be awarded to placegetters. Extra medallions will NOT be available.
Rules:	Softball is conducted under the Softball Australia Official Playing Rules unless otherwise stated. All levels will play a fast pitch format.
Playing Area:	Dimensions for all levels will be Square 18.3m and Pitch Distance 12.2m.
Mercy Rule:	15 runs after 3 innings, 10 runs after 4 innings, 7 runs after 5 innings
5 Minute Rule:	A 5-minute rule will operate only in the final: <ul style="list-style-type: none"> • If at the conclusion of equal innings from the call of 'side out' there is less than 5 minutes before the scheduled end of the game, a further innings will not be played. • Once an innings is started it is to be completed.
Fully Loaded Format (Year 7 & 8 only):	At the beginning of each inning, the last 3 batters in the batting line-up will begin on base. <ul style="list-style-type: none"> • The last person to bat in the inning will begin on first base • The second last person to bat in the inning will begin on second base • The third last person to bat in the inning will begin on third base. • The Dropped 3rd strike rule does not apply for Year 7 & 8 only.
7-Run Rule:	An inning is completed when either three (3) outs have been made or 7 runs have crossed the plate.

Infield Fly Rule:	The Infield Fly Rule does not apply in this competition.
Line-Up Sheet:	Each team must submit to the umpire before each game commences a completed Line-Up sheet .
Score Sheets:	Team Coaches and the Umpire are required to sign the score sheets at the conclusion of each game.
Officials:	Umpires will be provided at State Final.
Dress:	<p>All teams must wear softball uniforms with matching tops and same colour pants.</p> <p>No jewelry is to be worn. Navel rings must be taped.</p> <p>All batters, baserunners & base coaches must wear approved helmets.</p> <p>Senior players only are permitted to wear metal cleats.</p> <p>It is recommended that all players wear protective gear e.g., Shin guards, mouth guards. The catcher must wear a helmet, mask, throat, chest protector and shin pads.</p> <p>The wearing of a mouth guard by catchers is recommended.</p> <p>Players not correctly dressed will not be permitted to compete.</p> <p>The catcher must use a designated runner and put on her gear immediately she returns to the bench.</p>
Lateness Penalty:	<p>If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.</p> <p>If a team is more than 10 min late without notice or communication or in the convener's opinion their lateness makes the draw impracticable, then they will be penalised one run for every 10 minutes late, or part thereof.</p>
Equipment to Bring:	<p>Senior & Intermediate - 2 new 12" solid core leather balls.</p> <p>Year 7 & 8 - Competing teams must provide a new ball [The 11" (Easton Softcore ball or Ausport Primary Softball) Synthetic leather softball (with SOFT polycore centre)].</p> <p>Match balls will be supplied for State Finals, but teams will need to bring their own practice balls.</p> <p>All playing and protective equipment, including bats, which must be official softball bats</p> <p>An official scorebook and a competent scorer.</p> <p>A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist.</p> <p>Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.</p>

NOTE: An up to date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.



SOFTBALL SCORE SHEET

PRIM / YEAR 7 / YEAR 8 / INTER / SENIOR

Boys/Mixed

Girls

Round:

Diamond #

TEAMS Vs

TEAM

POS	UNI	PLAYERS	BAT	1	2	3	4	5	6	7
			1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			9	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TOTALS		INNINGS TOTAL								
		PROGRESS TOTAL								

Winning Team:



SOFTBALL SCORE SHEET

PRIM / YEAR 7 / YEAR 8 / INTER / SENIOR

Boys/Mixed

Girls

Round:

Diamond #

TEAMS Vs

TEAM

POS	UNI	PLAYERS	BAT	1	2	3	4	5	6	7
			1							
			2							
			3							
			4							
			5							
			6							
			7							
			8							
			9							
			10							
			11							
			12							
TOTALS		INNINGS TOTAL								
		PROGRESS TOTAL								

Winning Team:

FULLY LOADED SOFTBALL SCORESHEET

Score:
Team 1:

Score:
vs Team 2:

Winner:



Team 1:

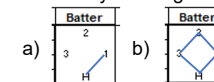
	Name	Innings 1				Innings 2				Innings 3				Tie Breaker if needed			
		Batter	Runs	Runner	Runs	Batter	Runs	Runner	Runs	Batter	Runs	Runner	Runs	Batter	Runs	Runner	Runs
Lead off 1st innings	1	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	2	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	3	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
Lead off 2nd innings	4	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	5	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	6	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
Lead off 3rd innings	7	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	8	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	9	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
Extra batters if needed	10	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	11	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
	12	B 3 S	2 1	B S		B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1	B 3 S	2 1
TOTAL																	

Instructions for Scoring

1. Set your batting order

2. Runners that start on base are highlighted in yellow, tell your runners who's on base

3. You can follow runners around by marking sheet



4. Once batter scores box is marked like (b) and a '1' marked in the 'run' column

5. Follow runners by marking in 'Runner' column and add '1' in the run column once they score

6. If a runner is out mark the box with an 'X'

7. Tally innings score by counting all 'Batters' and 'Runners' that scored

8. Ensure you manage your batting order and count all runners that score

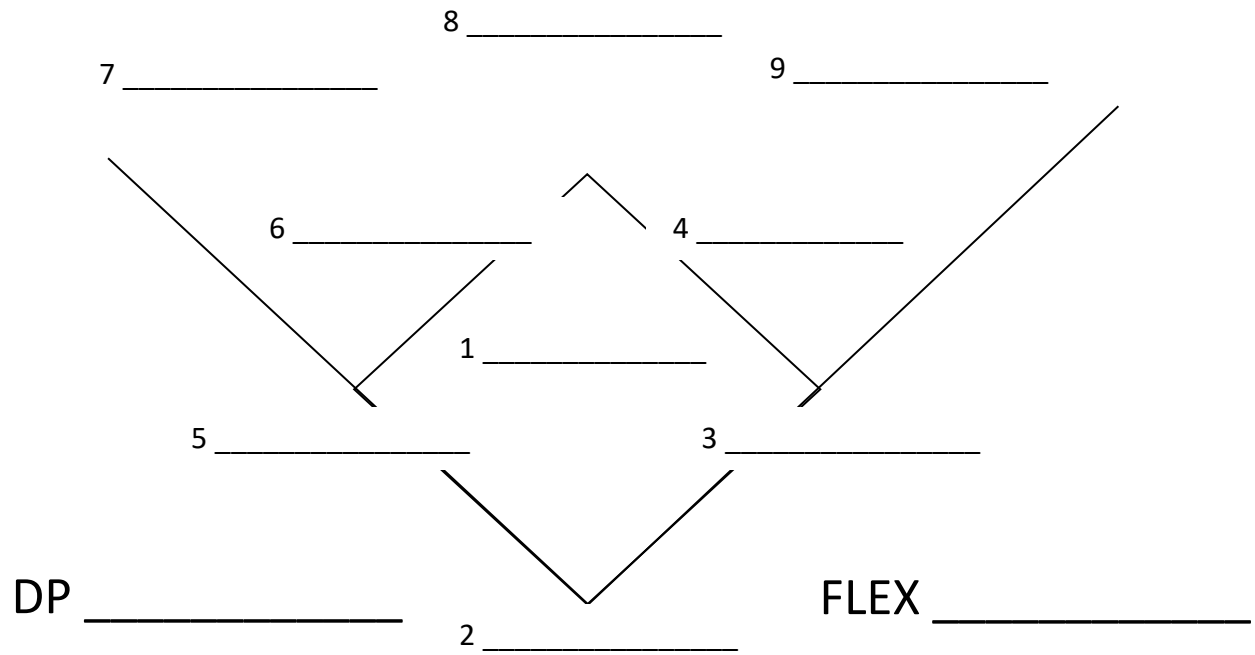
9. Game result is decided at end of the last complete innings

NOTE: If game is tied and there is time, use a 'tie-breaker' to decide result (see rules 4.1)

Team 2:

_____ v _____

FIELDING



HITTING ORDER

Players

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
- FLEX. _____
- DR. _____



SCHOOL SPORT VICTORIA

SWIMMING

Proudly supported by Swimming Victoria

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

- Venue:** MSAC – **Indoor Pool**, Aughtie Drive, Albert Park.
- Dates:** Combined Primary & Secondary: Thursday, May 1st, 2025.
- Doors Open:** The doors will not open until 9:00am.
- Entry Fee:** Adults: \$5
Students and Children (Under 15) are Free.
Teachers will be given free entry on production of their VIT Registration Card or school ID Card.
- Car Parking:** There is metered parking in the Lakeside Stadium Car Park and Albert Drive. The week day costs are \$6.00 per hour or All Day parking costs approx. \$14.30.
Alternatively, car parking at MSAC (multi story & southern car parks) is free for the first hour, then \$6.00 per hour or part thereof; \$30 maximum daily rate.
Please note that information is correct at the time of printing.
- Programs:** Programs will be not be available for sale at the venue. They can be downloaded free from the www.ssv.vic.edu.au website
- Warm Up Time:** Competitors will have access to the competition pool from 9:15am until 10:00am to warm up.
SSV will have two lanes in the indoor pool available for warming up and cooling down during competition. The indoor pool is accessible from the mezzanine foyer.
- Format:** Finals for swimmers qualifying from Region Championships.
- Conditions:** See School Sport Victoria's '[General Conditions of Competition](#)'.
All players, teachers, spectators and officials are bound by the '[SSV Codes of Conduct](#)'
Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.
- Rules:** Swimming is conducted under the rules of Australian Swimming Inc. unless otherwise stated.
Please see the [SSV Primary Schools Resource Manual](#) for more useful sport specific information.
- Age Restrictions:** Ages are calculated as at December 31 in the year of competition.
A competitor may compete in an older age group provided they only compete in one age group for all of their individual events.
A competitor may compete in a different relay age group to their individual event age group.
Competitors may only compete in one age group in each relay type (medley relay, freestyle relay).
The age group a swimmer/athlete competes in at District Level (Secondary – Division Level) cannot be changed when competing at higher levels of competition.
- Event Restriction:** Secondary competitors may compete in **not more than FIVE** swimming events. This excludes relays.
Primary competitors may compete in **not more than TWO** swimming events. This excludes relays.
Primary Multi Class swimmers may compete in not **more than THREE** swimming events. There are no Multi Class relays.
Changes to entries, as notified by the Region Coordinator, will only be accepted up to two (2) working days prior to the Championships. After this time, changes will not be accepted.
- Qualifying:** The competing swimmers are those who have qualified through from each of the eight Sporting Regions of the SSV and must be full time students attending schools that are members of SSV.
One swimmer per Sporting Region qualifies for State Championships (invitations excepted).
SSV reserves the right to invite more than one Multi Class swimmer based on times at Region and the Multi Class points system.

Relay Teams:	<p>The four members of each relay team must be students at the same school/campus, with names submitted on the relay team sheet prior to the competition.</p> <p>One team per Sporting Region qualifies for State Championships.</p> <p>Small schools from the same Sports District with a combined enrolment of 300 pupils or less may select a combined relay team.</p> <p>Teams will be disqualified if a relay team sheet is not supplied or swimmers in the event do not match the names listed. Alterations can be made to the team sheet up to 20 minutes prior to the event running.</p> <p>Girls are permitted to compete in a Boy/Mixed Relay provided they do not also compete in a Girls' Relay. A Boys/Mixed team must be made up of a minimum of one Boy.</p> <p>Boys are not permitted to compete in the Girls' Relay.</p>
Multi Class Swimmers:	<p>Multi Class events are conducted over 50 m in Freestyle, Backstroke, Breaststroke & Butterfly.</p> <p>Multi Class events will be conducted using the multi disability format for both boys and girls and results calculated using the Swimming Australia Multi Class Points Schedule (MCPS)</p> <p>Each Multi Class swimmer MUST have competed at the Region level.</p> <p>Students must hold a current classification. Students without a classification must contact Swimming Victoria.</p> <p>SSV reserves the right to invite extra Multi Class swimmers to the State Final that have not qualified by placing first at Region competition.</p> <p>Multi Class swimmers wishing to compete in able body events (including relays) must qualify according to the regular SSV progression pathway.</p>
Dress:	<p>Swimming costumes must comply with the Swimming Victoria Swimwear Bylaws and current related guidelines except <i>Swimming Victoria (SV) By-Law Competitions and Events 6.2 Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions.</i></p> <p><u>ie. SV By-Law 6.2 does not apply to School Sport Victoria events & Competitors 11 years and under are permitted to wear technical/performance suits.</u></p> <p>Competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.</p> <p>Swimwear for boys shall not extend above the navel nor below the knee, and for girls, shall not cover the neck, extend past the shoulder, nor shall extend below the knee.</p> <p>The costumes of all competitors shall be in good moral taste, non-transparent and suitable for the individual sports discipline.</p> <p>The Referee and/or Convener have the authority to exclude any competitor whose costume does not comply with this rule.</p> <p>Football shorts or board shorts are not considered suitable for competition at State Championships.</p> <p>Compression clothing (such as Skins, Underarmour, Performax etc) that are not specifically designed for swimming are not considered suitable. Swimmers wearing compression clothing that is not approved by FINA will not be permitted to compete. For a full list of approved FINA swim suits click here.</p>
Marshalling:	<p>Competitors must report to the marshalling area for their event at least 20 minutes prior to the scheduled starting time of the event.</p> <p>Competitors should be aware that the scheduled times printed in the program are approximate and subject to change.</p> <p>Appropriate announcements will be made concerning any substantial alterations.</p>
Presentations:	<p>At the conclusion of each event the first three placegetters will, when announced, mount the victory dais and be presented with awards. Placegetters are to wear their school tracksuit or school polo to presentations</p>

Protests:

Protests must be notified to the Referee in Charge on the day of competition only by either the competitor or teacher or adult responsible for the competitor.

Any competitor aggrieved by the ruling of the Referee may request to compete under protest (in the case of a disqualification/failed attempt) until their Appeal can be heard.

After the Referee has made his/her decision, there is an opportunity to lodge an appeal in writing with the Convenor within 10 minutes of the conclusion of the race or the Referee's decision, whichever comes first. There is an appeal fee of AUD\$50 cash to accompany any appeal.

Presentations will be withheld whilst any protest or appeal is being heard.

No protests or appeals will be heard after the day the competition is conducted.

Privacy:

SSV will publish the names of qualifiers to this event and their school names on the SSV web site for the official conduct and administration of this event.

In order to celebrate the achievements of student in school sport events, SSV will publish full results from the Championships, including competitors' names and schools on the SSV web page and will make full results available to Swimming Victoria for the purposes of official verification of times.

"Sports Trend", official photographer to SSV, will be taking action photos plus photos of all presentations at the Championships. SSV may forward suitable photos to the media (the Herald Sun, The Age etc) for inclusion in articles covering the Championships.

If you wish to have your (or your son's/daughter's) name and/or images withheld please contact the School Sport Victoria office on (03) 9084 9001 or school.sport.victoria@education.vic.gov.au

**State Team Selection
(Team Vic):**

The State Swimming Team will **NOT** be selected and announced after these Championships.

All swimmers who wish to be considered for Team Vic Swimming must nominate online at the School Sport Victoria website (www.ssv.vic.edu.au).

Please note that qualifying criteria and closing dates apply.





SCHOOL SPORT VICTORIA

SWIMMING

EVENTS CONDUCTED AND EVENT NUMBERS

AGE GROUP	9-10 Years		11 Years		12-13 Years Prim.		12-13 Years Sec.		14 Years		15 Years		16 Years		17 Years		18-20 Years	
Freestyle 200m							3	4	3	4	3	4	1	2	1	2	1	2
Breaststroke 50m	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
Breaststroke 50 m MC	133	136	134	137	135	138	139	142	139	142	140	143	140	143	141	144	141	144
Breaststroke 100m							5	6	5	6	5	6	5	6	5	6	5	6
Butterfly 50m	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44
Butterfly 50m MC	45	48	46	49	47	50	51	54	51	54	52	55	52	55	53	56	53	56
Butterfly 100m							25	26	25	26	25	26	25	26	25	26	25	26
Freestyle 50m	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78
Freestyle 50m MC	79	80	81	82	83	84	85	88	85	88	86	89	86	89	87	90	87	90
Freestyle 100m							57	58	57	58	57	58	59	60	59	60	59	60
Backstroke 50m	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110
Backstroke 50m MC	111	114	112	115	113	116	117	120	117	120	118	121	118	121	119	122	119	122
Backstroke 100m							91	92	91	91	91	92	91	92	91	92	91	92
Medley Relay	123	124	123	124	123	124	125	126	125	126	127	128	127	128	129	130	129	130
Freestyle 400m							131	132	131	132	131	132	131	132	131	132	131	132
Individual Medley 200m							145	146	145	146	145	146	147	148	147	148	147	148
Freestyle Relay	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166

MC = Multi Class

SCHOOLS' COMPETITION - SECONDARY

Points are awarded on a school basis as follows:

Event Type	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	10	8	6	5	4	3	2	1
Relay	20	16	12	10	8	6	4	2

Points are not awarded if competitors are disqualified, do not finish or do not marshal.

"Invitation" competitors cannot earn points for their school, but they may receive individual awards.

A Perpetual trophy is awarded to the school scoring the highest number of points.



SCHOOL SPORT VICTORIA

SWIMMING

M.S.A.C. MELBOURNE – THURSDAY 1 MAY 2025

Event No.	Indicative Time only	Event	Record Time	Record Holder	School	Year
1	10:15am	Girls 16-20 Years Freestyle, 200m	2:04.05	Kayla Costa	East Doncaster SC	2019
2		Boys 16-20 Years Freestyle, 200m	1:54.78	Silas Harris	Viewbank C	2019
3		Girls 12-15 Years Freestyle, 200m	2:08.68	Samantha Hamill	Sunbury SC	2005
4		Boys 12-15 Years Freestyle, 200m	2:01.40	Harrison Main	Tallangatta SC	2024
5	10:30am	Girls 12-20 Years Breaststroke, 100m	1:10.61	Tara Kinder	Montmorency SC	2021
6		Boys 12-20 Years Breaststroke, 100m	1:03.98	Daniel Cave	Williamstown HS	2016
7		Girls 9-10 Years Breaststroke, 50m	41.14	Molly Batchelor	Apollo Parkways PS	2011
8		Boys 9-10 Years Breaststroke, 50m	41.80	Austin Yuan	Wesley C	2024
9		Girls 11 Years Breaststroke, 50m	37.81	Chau Huynh	St Catherines PS Lalor West	2015
10		Boys 11 Years Breaststroke, 50m	37.25	Nicholas Stoupas	Armadale PS	2018
11		Girls 12-13 P Years Breaststroke, 50m	35.76	Paris Vasta	Westbourne GS	2011
12		Boys 12-13 P Years Breaststroke, 50m	34.31	Nicholas Stoupas	Armadale PS	2019
13		Girls 12-13 S Years Breaststroke, 50m	36.35	Tess Izard	Montmorency SC	2024
14		Boys 12-13 S Years Breaststroke, 50m	33.96	Renato Moutzouris	Good News Lutheran C	2012
15		Girls 14 Years Breaststroke, 50m	34.94	Erin Roberts	Lavalla Catholic C	2012
16		Boys 14 Years Breaststroke, 50m	32.63	Byron Geng	Ringwood SC	2024
17		Girls 15 Years Breaststroke, 50m	34.92	Amy Russell	Sunbury SC	1995
18		Boys 15 Years Breaststroke, 50m	32.00	Charles Lockley	Maribyrnong C	2018
19		Girls 16 Years Breaststroke, 50m	34.04	Charlie Millard	Melbourne GC	2021
20		Boys 16 Years Breaststroke, 50m	31.13	Sam Williamson	Sandringham SC	2013
21		Girls 17 Years Breaststroke, 50m	33.57	Stella Soesanto	Suzanne Cory HS	2021
22		Boys 17 Years Breaststroke, 50m	29.99	Daniel Cave	Williamstown HS	2016
23		Girls 18-20 Years Breaststroke, 50m	33.39	Tara Kinder	Montmorency SC	2021
24		Boys 18-20 Years Breaststroke, 50m	30.11	Cameron Jordan	Bendigo SSC	2019
25	11:00am	Girls 12-20 Years Butterfly, 100m	1:01.96	Kayla Costa	East Doncaster SC	2019
26		Boys 12-20 Years Butterfly, 100m	56.18	Matthew Temple	Greensborough SC	2017
27		Girls 9-10 Years Butterfly, 50m	33.37	Alisha Walters	Gilson C	2017
28		Boys 9-10 Years Butterfly, 50m	34.89	Teodor Bjelica	Dandenong North PS	2010
29		Girls 11 Years Butterfly, 50m	32.02	Alanah Ilioski	Mill Park Heights PS	2016
30		Boys 11 Years Butterfly, 50m	32.41	Anthony Lin	Glendal PS	2013
31		Girls 12-13 P Years Butterfly, 50m	30.31	Jemma Schlicht	MLC	2009
32		Boys 12-13 P Years Butterfly, 50m	30.07	Brayden Miles	The Peninsula S	2016
33		Girls 12-13 S Years Butterfly, 50m	29.48	Jumanah Fahmy	Balwyn HS	2024
34		Boys 12-13 S Years Butterfly, 50m	28.89	Ernest Chow	Brentwood SC	2016
35		Girls 14 Years Butterfly, 50m	28.93	Mikaela Cornelissen	Leongatha SC	2012
36		Boys 14 Years Butterfly, 50m	27.87	Duc Huy Du	Maribyrnong C	2019
37		Girls 15 Years Butterfly, 50m	28.81	Mikaela Cornelissen	Leongatha SC	2013
38		Boys 15 Years Butterfly, 50m	26.94	Stone Ma	Maribyrnong C	2019

39		Girls 16 Years Butterfly, 50m	27.87	Mikaela Cornelissen	Leongatha SC	2014
40		Boys 16 Years Butterfly, 50m	25.55	Stone Ma	Melbourne HS	2021
41		Girls 17 Years Butterfly, 50m	28.37	Lucy Soden	Canterbury Girls SC	2013
42		Boys 17 Years Butterfly, 50m	25.80	Stone Ma	Melbourne HS	2022
43		Girls 18-20 Years Butterfly, 50m	28.08	Emily Nicol	Strathmore SC	2011
44		Boys 18-20 Years Butterfly, 50m	25.51	Haruki Nakanishi	Glen Waverley SC	2023
45		Girls 9-10 P Years Butterfly, 50m [MC]				
46		Girls 11 P Years Butterfly, 50m [MC]				
47		Girls 12-13 P Years Butterfly, 50m [MC]				
48		Boys 9-10 P Years Butterfly, 50m [MC]				
49		Boys 11 P Years Butterfly, 50m [MC]				
50		Boys 12-13 P Years Butterfly, 50m [MC]				
51		Girls 12/13-14 S Years Butterfly, 50m [MC]				
52		Girls 15-16 Years Butterfly, 50m [MC]				
53		Girls 17-20 Years Butterfly, 50m [MC]				
54		Boys 12/13-14 S Years Butterfly, 50m [MC]				
55		Boys 15-16 Years Butterfly, 50m [MC]				
56		Boys 17-20 Years Butterfly, 50m [MC]				
57	11:50am	Girls 12-15 Years Freestyle, 100m	1:00.15	Aleisha Clark	Mount Waverley SC	2023
58		Boys 12-15 Years Freestyle, 100m	54.73	Nicolas Wu	Melbourne HS	2018
59		Girls 16-20 Years Freestyle, 100m	58.45	Aleisha Clark	Mount Waverley SC	2024
60		Boys 16-20 Years Freestyle, 100m	51.61	Lachlan Wells	Melbourne HS	2012
61		Girls 9-10 Years Freestyle, 50m	31.59	Kaitlyn Schnyder	Montpellier PS	2003
62		Boys 9-10 Years Freestyle, 50m	31.59	Jayden Askew	St Gabriels PS	2006
63		Girls 11 Years Freestyle, 50m	30.13	Olivia Lefoe	Loreto Mandeville	2014
64		Boys 11 Years Freestyle, 50m	29.46	Ernest Chow	Glendal PS	2014
65		Girls 12-13 P Years Freestyle, 50m	28.15	Ciara Jeffs	St Thomas the Apostle PS Greensborough	2022
66		Boys 12-13 P Years Freestyle, 50m	27.47	Taiga Yoshida	Kew East PS	2014
67		Girls 12-13 S Years Freestyle, 50m	27.64	Lushavel Stickland	Maribyrnong C	2011
68		Boys 12-13 S Years Freestyle, 50m	25.55	Stone Ma	Maribyrnong C	2018
69		Girls 14 Years Freestyle, 50m	27.23	Stephanie Mounsey	Melton SC	2008
70		Boys 14 Years Freestyle, 50m	26.04	James Li	Vermont SC	2012
71		Girls 15 Years Freestyle, 50m	27.60	Lushavel Stickland	Maribyrnong C	2013
72		Boys 15 Years Freestyle, 50m	24.99	Caiden Gill	Kurnai C	2013
73		Girls 16 Years Freestyle, 50m	27.17	Mikaela Cornelissen	Leongatha SC	2014
74		Boys 16 Years Freestyle, 50m	24.30	Joel Alati	Balwyn HS	2008
75		Girls 17 Years Freestyle, 50m	27.12	Lucy Soden	Canterbury Girls SC	2013
76		Boys 17 Years Freestyle, 50m	24.44	Jack Carr	Staughton C	2018
77		Girls 18-20 Years Freestyle, 50m	26.84	Evelyn Boldt	East Doncaster SC	2013
78		Boys 18-20 Years Freestyle, 50m	23.67	Allan Liang	Balwyn HS	2024
79		Girls 9-10 P Years Freestyle, 50m [MC]				
80		Girls 11 P Years Freestyle, 50m [MC]				
81		Girls 12-13 P Years Freestyle, 50m [MC]				
82		Boys 9-10 P Years Freestyle, 50m [MC]				

83		Boys 11 P Years Freestyle, 50m [MC]				
84		Boys 12-13 P Years Freestyle, 50m [MC]				
85		Girls 12/13-14 S Years Freestyle, 50m [MC]				
86		Girls 15-16 Years Freestyle, 50m [MC]				
87		Girls 17-20 Years Freestyle, 50m [MC]				
88		Boys 12/13-14 S Years Freestyle 50m [MC]				
89		Boys 15-16 Years Freestyle, 50m [MC]				
90		Boys 17-20 Years Freestyle, 50m [MC]				
91	1:05pm	Girls 12-20 Years Backstroke, 100m	1:06.01	Emily Kearns	Bendigo Senior SC	2022
92		Boys 12-20 S Years Backstroke, 100m	58.52	Will Sharp	McKinnon SC	2019
93		Girls 9-10 Years Backstroke, 50m	36.97	Mia Miles	The Peninsula School	2018
94		Boys 9-10 Years Backstroke, 50m	36.56	Stone Ma	St Margaret's PS	2015
95		Girls 11 Years Backstroke, 50m	34.62	Mia Miles	The Peninsula School	2019
96		Boys 11 Years Backstroke, 50m	34.13	Ryan Lobo	Greythorn PS	2014
97		Girls 12-13 P Years Backstroke, 50m	32.09	Ailin Liu	Gardenvale PS	2016
98		Boys 12-13 P Years Backstroke, 50m	31.08	Brayden Miles	The Peninsula S	2016
99		Girls 12-13 S Years Backstroke, 50m	31.69	Emily Kearns	Bendigo South East C	2018
100		Boys 12-13 S Years Backstroke, 50m	30.54	Stone Ma	Maribyrnong C	2018
101		Girls 14 Years Backstroke, 50m	31.45	Emily Kearns	Bendigo South East C	2019
102		Boys 14 Years Backstroke, 50m	29.56	Johann Stickland	Maribyrnong C	2017
103		Girls 15 Years Backstroke, 50m	30.90	Hayley Hogan	Notre Dame C	2013
104		Boys 15 Years Backstroke, 50m	29.00	Johann Stickland	Maribyrnong C	2018
105		Girls 16 Years Backstroke, 50m	30.88	Lucy Soden	Canterbury Girls SC	2012
106		Boys 16 Years Backstroke, 50m	27.87	Henry Allan	Girton GS	2024
107		Girls 17 Years Backstroke, 50m	30.32	Emily Nicol	Strathmore SC	2010
108		Boys 17 Years Backstroke, 50m	27.65	Will Sharp	McKinnon SC	2019
109		Girls 18-20 Years Backstroke, 50m	29.81	Emily Nicol	Strathmore SC	2011
110		Boys 18-20 Years Backstroke, 50m	27.19	Andrew Rice	Montmorency SC	2016
111		Girls 9-10 P Years Backstroke 50m [MC]				
112		Girls 11 P Years Backstroke 50m [MC]				
113		Girls 12-13 P Years Backstroke 50m [MC]				
114		Boys 9-10 P Years Backstroke 50m [MC]				
115		Boys 11 P Years Backstroke 50m [MC]				
116		Boys 12-13 P Years Backstroke 50m [MC]				
117		Girls 12/13-14 S Years Backstroke 50m [MC]				
118		Girls 15-16 Years Backstroke, 50m [MC]				
119		Girls 17-20 Years Backstroke, 50m [MC]				
120		Boys 12/13-14 S Years Backstroke 50m [MC]				
121		Boys 15-16 Years Backstroke, 50m [MC]				
122		Boys 17-20 Years Backstroke, 50m [MC]				
123	1:45pm	Girls 9-13 Years Medley Relay, 4 x 50m	2:18.06		St. Catherine's Toorak	2024
124		Boys/Mixed 9-13 Years Medley Relay, 4 x 50m	2:20.45		St. Kevin's C	2022

125		Girls 12-14 Years Medley Relay, 4 x 50m	2:11.28		Maribyrnong C	2012
126		Boys/Mixed 12-14 Years Medley Relay, 4 x 50m	2:03.74		Maribyrnong C	2019
127		Girls 15-16 Years Medley Relay, 4 x 50m	2:08.44		Maribyrnong C	2014
128		Boys/Mixed 15-16 Years Medley Relay, 4 x 50m	1:53.60		Maribyrnong C	2024
129		Girls 17-20 Years Medley Relay, 4 x 50m	2:10.13		East Doncaster SC	2024
130		Boys/Mixed 17-20 Years Medley Relay, 4 x 50m	1:51.55		Albert Park C	2022
131	2:15pm	Girls 12-20 Years Freestyle, 400m	4:26.16	Sophie Caldwell	Ringwood SC	2017
132		Boys 12-20 Years Freestyle, 400m	4:03.26	Silas Harris	Viewbank C	2019
133		Girls 9-10 P Years Breaststroke 50m [MC]				
134		Girls 11 P Years Breaststroke 50m [MC]				
135		Girls 12-13 P Years Breaststroke 50m [MC]				
136		Boys 9-10 P Breaststroke 50m [MC]				
137		Boys 11 P Years Breaststroke 50m [MC]				
138		Boys 12-13 P Years Breaststroke 50m [MC]				
139		Girls 12/13-14 S Breaststroke 50m [MC]				
140		Girls 15-16 Breaststroke, 50m [MC]				
141		Girls 17-20 Breaststroke, 50m [MC]				
142		Boys 12/13-14 S Breaststroke 50m [MC]				
143		Boys 15-16 Breaststroke, 50m [MC]				
144		Boys 17-20 Breaststroke, 50m [MC]				
145	2:45pm	Girls 12-15 Individual Medley, 200m	2:23.72	Samantha Hamill	Sunbury SC	2005
146		Boys 12-15 Individual Medley, 200m	2:18.95	Callum King	Bendigo SE SC	2012
147		Girls 16-20 Individual Medley, 200m	2:19.11	Tara Kinder	Montmorency SC	2021
148		Boys 16-20 Individual Medley, 200m	2:09.56	Will Sharp	McKinnon SC	2019
149	3.05pm	Girls 9-10 Freestyle Relay, 4 x 50m	2:25.22		Methodist Ladies College	2016
150		Boys/Mixed 9-10 Freestyle Relay, 4 x 50m	2:22.19		Christ Church GS	2018
151		Girls 11 Freestyle Relay, 4 x 50m	2:12.74		Methodist Ladies College	2023
152		Boys/Mixed 11 Freestyle Relay, 4 x 50m	2:10.64		Melbourne GS Grimwade	2017
153		Girls 12-13 P Freestyle Relay, 4 x 50m	2:05.01		Methodist Ladies College	2024
154		Boys/Mixed 12-13 P Freestyle Relay, 4 x 50m	2:06.19		Scotch College	2016
155		Girls 12-13 S Freestyle Relay, 4 x 50m	2:01.53		Melbourne GC	2016
156		Boys/Mixed 12-13 S Freestyle Relay, 4 x 50m	1:59.76		Kew HS	2019
157		Girls 14 Years Freestyle Relay, 4 x 50m	1:58.21		Maribyrnong C	2013
158		Boys/Mixed 14 Years Freestyle Relay, 4 x 50m	1:52.16		Maribyrnong C	2019
159		Girls 15 Years Freestyle Relay, 4 x 50m	1:57.37		Maribyrnong C	2013
160		Boys/Mixed 15 Years Freestyle Relay, 4 x 50m	1:47.06		Maribyrnong C	2023
161		Girls 16 Years Freestyle Relay, 4 x 50m	1:57.14		Melbourne GC	2019
162		Boys/Mixed 16 Years Freestyle Relay, 4 x 50m	1:42.62		Maribyrnong C	2024
163		Girls 17 Years Freestyle Relay, 4 x 50m	1:57.76		East Doncaster SC	2024
164		Boys/Mixed 17 Years Freestyle Relay, 4 x 50m	1:42.13		Catholic College Wodonga	2015

165		Girls 18-20 Freestyle Relay, 4 x 50m	1:58.60		Viewbank C	2018
166		Boys/Mixed 18-20 Freestyle Relay, 4 x 50m	1:41.26		Albert Park C	2022



2025 School Sport Victoria Surfing Titles

Convener: Surfing Victoria 5261 2907 / info@surfingvic.com

School Sport Victoria Member Schools (Full & Associate) Entry

Venue: Cape Woolamai, Phillip Island

Events / Dates:

- SSV Schools Mixed Teams Title – Thursday 8th May 2025
- SSV All Female Schools Teams Title – Thursday 8th May 2025

Start Time: Dependent on the number of schools entering the event start time will be confirmed Tuesday 30th April.

Format: Teams competition (outlined below).

Conditions: See General Conditions of Competition.

Surfing is conducted under rules contained in the current Surfing Australia Rule Book unless otherwise stated.

Age Eligibility Schools Teams Titles (mixed):

A team consists of 7 surfers all from the same school as follows:

- 1 designated female surfer
- 3 Under 16 surfers (as at 31 December 2025) must be born 2010 or later
- 3 Under 19 surfers (as at 31 December 2025) must be born 2007 or later

Age Eligibility Female Schools Teams Titles:

A team consists of 4 surfers all from the same school as follows:

- 1 Under 16 surfers (as at 31 December 2025) must be born 2010 or later
- 3 Under 19 surfers (as at 31 December 2025) must be born 2007 or later

Please note: the female team can be made up of all Under 16 aged surfers if required.

Competition Format Schools Teams (mixed):

- a) Each heat of 45-60 minutes [length determined by Contest Director]
- b) Each surfer will catch 2 waves and return to the designated area to tag the next team member.
- c) One designated surfer will be nominated prior to the heat/final and is permitted to select 1 wave to score Double Points by signaling immediately his ride on that wave concludes.
- d) The winning school team will be decided by adding the points scored for all rides of the team at the end of the heat/final.
- e) The team can compete in any order, but the order must be given to the Head Judge prior to the commencement of the heat/final.

Competition Format Female Schools Teams:

- a) Each heat of 30-45 minutes [length determined by Contest Director]
- b) Each surfer will catch 2 waves and return to the designated area to tag the next team member.
- c) One designated surfer will be nominated prior to the heat/final and is permitted to select 1 wave to score Double Points by signaling immediately his ride on that wave concludes.
- d) The winning school team will be decided by adding the points scored for all rides of the team at the end of the heat/final.
- e) The team can compete in any order, but the order must be given to the Head Judge prior to the commencement of the heat/final.

Champion State School: Champion State School will be determined on results of the School Sport Victoria Team competition.

Champion Female State School: Champion State School will be determined on results of the School Sport Victoria Team competition.

State Selection: Both the State Schools event and the Independent Schools event will form a part of the selection process for the Victorian Junior Surfing Team, for full selection policy please to www.surfingvic.com

Equipment to bring:

- First Aid Kit - Competing teams must provide a first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#). Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.



SCHOOL SPORT VICTORIA

TABLE TENNIS - SECONDARY

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These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format:	For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.
Team Size:	<p>A team consists of 4 to 6 players.</p> <p>A maximum of six (6) SSV medallions plus one (1) for the team coach will be awarded to placegetters.</p> <p>Extra medallions will NOT be available.</p>
State Format:	Split Round Robin, Cross Over Semi Finals, Final
State Match Schedule:	<p>There will be a Pre-Championships Briefing for all teams prior to the first round of matches.</p> <p>Please see the Table Tennis draw, on the SSV website, for the Briefing time and Match Schedule</p>
State Match Format:	<p>Matches will consist of 6 Rubbers (4 singles and 2 doubles).</p> <p>A Rubber is equal to the best of 5 x 11-point advantage Games.</p> <p>Any pairings may be used for the doubles to comprise 1st & 2nd Pairs. Teams must nominate their doubles pairings before the start of play in each match.</p> <p>Pairs may be changed following the singles by mutual agreement of the two coaches involved.</p> <p>Note that players are restricted to one singles game and one doubles game in each match.</p> <p>Changing of seedings will result in forfeiture of the relevant matches or forfeiture of the Rubber or disqualification, at the Convener's discretion.</p> <p>After each 2 points have been scored, the receiving player or pair shall become the serving player or pair. In the last possible game of a match the players or pairs shall change ends when first either player or pair scores 5 points. In the last possible game of a doubles match the pair due to receive next shall change their order of receiving when first either pair scores 5 points.</p>
State Game Winner:	A game shall be won by the player or pair first scoring 11 points with a 2-point advantage.
State Match Winner:	Match winners are decided on rubbers. If equal, on games. If still equal, then on points. If still equal, then a draw shall be declared.
State Round Robin Winner:	<p>Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss.</p> <p>If, at the end of the round robin, two teams are equal on matches won, then the winner of the face-to-face match will be declared the winner. If their face-to-face match was a draw, then total rubbers won shall determine the winner. If still tied, total games won. If still tied, total points won. If still tied, rubbers then games then points percentage will be used.</p> <p>If more than two teams are tied on matches won, total rubbers won from the matches involving the other tied teams shall determine the winner. If still tied, total games from the matches involving the other tied teams. If still tied, total points from the matches involving the other tied teams. If still tied, then percentage from the matches involving the other tied teams shall be used.</p>
State Final Winner	The Final will be decided on rubbers won. If equal, on games, If still equal then on points. If equal, then each team will nominate two doubles pairs who will then play an extra game simultaneously. If they win one game each, points total will decide the winning team.
Conditions:	<p>See the School Sport Victoria 'General Conditions of Competition'.</p> <p>All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'</p> <p>A girl cannot play in a girls' team and a boys/mixed team in the same sport.</p> <p>The level of competition chosen by a student at Division level remains binding through to Region and State levels.</p>
Rules:	Table Tennis is conducted under the International Table Tennis Federation Laws unless otherwise stated.

Toss for Ends/Service:	Players will toss for the choice of ends or service before all matches.
Hit Up Time:	The hit-up time for the first matches will be 2 minutes. For all subsequent matches, 1 min.
Doubles Service Rotation:	In doubles, at each change of service the previous receiver becomes the server, and the partner of the previous server becomes the receiver.
Dress:	<p>Competitors must be dressed in their school sports uniform or acceptable table tennis attire.</p> <p>Jeans, board shorts (surf shorts) and clothing with advertising or large manufacturer's logos are not acceptable. Non marking soled sports shoes must be worn.</p> <p>Players not correctly dressed will not be permitted to compete.</p>
Lateness Penalty:	<p>If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.</p> <p>If a team is more than 20 min late without notice or communication or in the convener's opinion their lateness makes the draw impracticable, then they will forfeit their number 3 and 4 singles 0:11 0:11 0:11.</p>
Equipment to Bring:	<p>Competing schools are to provide:</p> <ul style="list-style-type: none"> • TTA approved Table Tennis bats • The surface covering material must be matt with one side being blue, green, purple, pink or bright red and the other side being black. • 12 approved TTA balls with a diameter of 40 mm weighting 2.7 g • The ball shall be made of celluloid or similar plastics material and shall be white or orange, and matt. • Match balls will be provided for the State Finals, teams must provide their own practice balls. • Umpire • A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist. • Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition.

YEAR 7 / YEAR 8 / INTER / SENIOR

Boys/Girls

..... Vs

Winning Team:



SCHOOL SPORT VICTORIA

TENNIS – SECONDARY

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These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.

Team Size: A team consists of 4 to 8 players.

A maximum of eight (8) SSV medallions plus one (1) for the team coach will be awarded to placegetters.

Extra medallions will NOT be available.

State Format: Split Round Robin, Semi Final, Final

State Match Schedule: There will be a Pre-Championships Briefing for all competitors prior to the first round of matches

See the Tennis Draw, on the SSV website, for the Match Schedule

State Match Format: All matches (Round Robin, Semi Finals, Final) are to consist of 6 sets, 4 singles & 2 doubles.

Where players have a Universal Tennis Rating (UTR), individuals must be seeded according to their current rating. They must also list their current Universal Tennis Rating on the team sheet.

To search for and check on player Universal Tennis Ratings go to <https://www.universaltennis.com/>

All seedings must be adhered to. Any player playing in the order below their correct seeded order will forfeit their set 0:4.

Each player in rank order will play one Singles Set [first to 4 games] with a short tiebreak at 3 games all [first to 5 points, sudden death at 4 points all].

A short tiebreak is a tiebreak played as the first to five (5) points, sudden death at 4-4.

The player whose turn it is to serve at the commencement of the tie break (Player A) will serve one (1) point.

The opposing player (Player B) will then serve two (2) points. Player A (or the team mate of Player A in doubles) will then serve two (2) points.

Player B (or the team mate of Player B in doubles) will then serve the following two (2) points.

If the score reaches 4-4, Player B (or the team mate of Player B in doubles) will serve the final point of the tiebreak with Player A choosing which side the ball will be served.

Players will change ends only after the first four (4) points have been played.

Doubles set will be played first to 4 games with a short tiebreak at 3 games all [first to 5 points, sudden death at 4 points all].

All Singles and Doubles sets will be played using sudden death no-ad scoring with the receiver choosing the serve side when the game reaches deuce. [That means the receiver decides to which side the server will serve either forehand or backhand side when deuce is reached and whoever wins that point wins the game]

When players change ends at the end of a game and during a tiebreak game play will be continuous and the players shall change ends with players having to be ready within 60 seconds of the previous game's end. Players are NOT permitted to sit down during the change of ends during a set.

Any pairings may be used for the doubles to comprise a First Pair and a Second Pair.

Players are restricted to one singles game and one doubles game in each match.

Teams must nominate their doubles pairings before the start of play in each match.

Pairs may only be changed following the singles by mutual agreement of the two coaches involved.

The Convener has the right to halt play in any match once a result has been determined.

State Match Winner: Winners will be determined on number of sets won. If equal, then games won. If still equal, then a draw shall be declared.

State Round Robin Winner:	<p>Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 point for a draw and 0 for a loss.</p> <p>The State Round Robin Winner will be decided on matches won. If, at the end of the round robin, two teams are equal on matches won, then the winner of the face to face match will be declared the winner. If their face to face match was a draw, then each team shall nominate one doubles pair to play one tie-breaker set.</p> <p>If more than two teams are equal on matches won, then total sets won from the matches involving the other tied teams will be compared. If still equal, total games from the matches involving the other tied teams will be compared.</p>
State Final Winner:	The Final will be decided on sets won. If equal, on games won. If still equal, then each team shall nominate one doubles pair to play one extra tie-break set.
Conditions:	<p>See the School Sport Victoria 'General Conditions of Competition'.</p> <p>All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'</p> <p>A girl cannot play in a girls' team and a boys/mixed team in the same sport.</p> <p>The level of competition chosen by a student at Division level remains binding through to Region and State levels.</p>
Rules:	Tennis is conducted under the rules of the International Tennis Federation unless otherwise stated.
Hitting Up	<p>The maximum time permitted for a hit-up before commencement of each set is 5 minutes including serves from each player. Following the set warm-up, <u>players are not permitted to sit down</u> however they may go back to their chair/seat for a drink, but the player must be ready to play within 1 minute of the conclusion of the warm-up.</p> <p>A maximum of 5 minutes is permitted between the conclusion of the singles sets and the commencement of the warm-up of the doubles set.</p>
Coaching:	Coaches/teachers are not permitted on court and must not coach or communicate with players during play.
Dress:	<p>Competitors must be dressed in their school sports uniform or in neat tennis clothing.</p> <p>Tracksuits may not be worn during play.</p> <p>Board shorts (surf shorts) are not acceptable.</p> <p>Shirts with designs, large manufacturer's logos or advertising are not acceptable.</p> <p>Tennis shoes with flat tread must be worn.</p> <p>Players not correctly dressed will not be permitted to compete.</p>
Lateness Penalty:	<p>If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.</p> <p>If a team is 30 min late without notice or communication or in the convener's opinion their lateness makes the draw impracticable, then they will forfeit the first 2 sets. This continues for each 30 min.</p>
Equipment to Bring:	<p>Competing schools must provide:</p> <ul style="list-style-type: none"> • 8 new balls approved by Tennis Australia • Match balls will be provided for the State Final, teams will need to bring their own practice balls. • A first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: First Aid for Students & Staff & First Aid Kit Contents Checklist. Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.

NOTE: An up-to-date team sheet must be handed to the convenor on the day of competition. This team sheet must include the players in the correct seeded order. Any players on the team with a Universal Tennis Rating must also have this rating listed on the team sheet.



TENNIS SCORE SHEET

YEAR 7 / YEAR 8 / INTER / SENIOR

Boys / Girls

Round:.....

TEAMS

..... Vs

#1 SINGLES PLAYER	SET WON	GAMES WON
#2 SINGLES PLAYER	SET WON	GAMES WON
#3 SINGLES PLAYER	SET WON	GAMES WON
#4 SINGLES PLAYER	SET WON	GAMES WON
FIRST DOUBLES PAIRING	SET WON	GAMES WON
SECOND DOUBLES PAIRING	SET WON	GAMES WON
SETS WON		
GAMES WON		

#1 SINGLES PLAYER	SET WON	GAMES WON
#2 SINGLES PLAYER	SET WON	GAMES WON
#3 SINGLES PLAYER	SET WON	GAMES WON
#4 SINGLES PLAYER	SET WON	GAMES WON
FIRST DOUBLES PAIRING	SET WON	GAMES WON
SECOND DOUBLES PAIRING	SET WON	GAMES WON
SETS WON		
GAMES WON		

WINNING TEAM:

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Signatures:

Captain of 'Team A'

Captain of 'Team B'

- Each team must nominate their doubles pairings before the start of play in each round. Pairings may change following the singles (if the singles are played first) **only** by mutual agreement of the two coaches involved
- A maximum of 5 minutes warm-up is permitted on court before the start of each rubber
- Each set is the first to 4 games with a short tie-break being played at 3-all
- Tie Break Rules: First to 5 points. The first server has one serve then players alternate two serves each, 'Sudden death' at 4-all Change ends after every 4 points
- 'Sudden death' is played at deuce with the receiver nominating which side the server is to serve to
- A maximum of 5 minutes break is to be taken between the end of the singles and the start of the doubles
- The winner of the match is decided on the number of sets won. If teams have won an equal number of sets, then games will be compared to determine the winner. If still equal, then a draw will be awarded
- The Convener has a right to halt play in any match once a result has been determined.



SCHOOL SPORT VICTORIA

TRACK & FIELD – SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

- Venue:** Lakeside Stadium, State Athletics Centre, Albert Park
- Parking:** There is metered parking in the Lakeside Stadium Car Park and Albert Drive. The week day costs are \$6.00 per hour or All Day parking costs approx. \$14.30.
- Alternatively, car parking at MSAC (multi story & southern car parks) is free for the first hour, then \$6.00 per hour or part thereof; \$30 maximum daily rate.
- Please note that information is correct at the time of printing.
- Entry Fees:** Adults: \$5 Students and Children (Under 15) are free.
- Teachers will be given free entry on production of their VIT Registration Card or school ID Card.
- Event Officials will have their names listed on a sheet at the entry gate for free entry.
- Format:** Finals for athletes qualifying from Region finals
- Program Modification:** Please note that these State Championships will not be cancelled due to inclement weather.
- The Convener / Competition Coordinator has the right to modify the timing of the program to ensure efficient and safe conduct of the Championships.
- Conditions:** See the School Sport Victoria 'General Conditions of Competition'.
- All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'
- A girl cannot play in a girls' team and a boys/mixed team in the same sport.
- The level of competition chosen by a student at Division level remains binding through to Region and State levels.
- Qualifying Athletes:** Ages are calculated as at 31 December in the year of competition.
- Competing athletes are those who qualified at each of the eight Sporting Regions of SSV and must be bona-fide secondary students. For 3,000 metre events they must have satisfied the qualifying standard, as set out (below).
- Regions may be represented by 1 competitor in each event except 1500m and 3000m events in which case 2 competitors from each Region are eligible to compete. If a tie occurs this must be resolved at region e.g., Jump Off, Race Off etc.
- Each Region will have one representative qualify for each event on the program for students with a disability.
- A competitor may compete in an older age group provided they only compete in one age group for all of their individual events.
- They may, however, compete in an event in another age group for which they are eligible if there is no 'identical' event in their own age group. For the purposes of this rule, all Hurdle events shall be regarded as 'identical' as shall all Shot Put, Discus and Javelin events.
- A competitor may compete in a different relay age group to their individual event age group.
- Competitors may only compete in one age group in the relays. There are no Multiclass Athlete Relays.
- The age group an athlete competes in at Division Level cannot be changed when competing at higher levels of competition.
- Changes to entries, as notified by the Region Coordinator, will only be accepted up to two (2) working days prior to the Championships. After this time, changes will not be accepted.
- Qualifying Standards:** Athletes must satisfy the following standards to compete in the following events at State level:

Event	Qualifying Standard (mins)
Girls Open 3000m	13:00.00
Boys Open 3000m	11:00.00

Multiclass Athletes (MC):	<p>Multiclass events are conducted in 100m, 200m, 800m, Long Jump and Shot Put.</p> <p>Multiclass events will be conducted using the multi disability format for both boys and girls: Intellectual Impairment, Ambulant and Wheelchair. Results calculated using the Athletics Australia Multi Disability Standards (MDS) tables. Each event will be conducted using WA/IPC rules, with AV Officials as Referees.</p> <p>Each Multiclass competitor MUST have competed at the Region level.</p> <p>School Sport Victoria reserves the right to invite extra Multiclass athletes who have not placed 1st at their Region competition based on their region performances and the MDS points system.</p> <p>An athlete is not eligible to compete in the Multiclass and able-bodied event of the same discipline.</p> <p>Students must hold a current classification. Students without a classification must contact the Australian Paralympic Committee (see contact details on the SSV website)</p> <p>Multiclass Athletes wishing to compete in able body events (including relays) must qualify according to the regular SSV progression pathway.</p>
Maximum No. of Events:	Athletes are permitted to compete in a maximum of 5 events, which excludes relays and steeplechase.
Rules:	<p>The Championships are conducted under rules of World Athletics (WA), International Paralympic Committee (IPC) and the SSV unless otherwise stated.</p> <p>All events for students with a disability will be contested as multi disability format and results will be calculated using the Athletics Australia Multi Disability Standards (MDS) tables.</p>
Marshalling:	Competitors must report to their event site at least 20 minutes prior to the scheduled starting time of the event. Competitors should be aware that the scheduled times printed in the program are approximate and subject to change. Appropriate announcements will be made concerning any substantial alterations.
Track Events:	<p>All track events will be conducted as straight Finals.</p> <p>In 800m, Competitors will start in lanes and may move out of their lane after the first 100m has been completed and having crossed the green beak line.</p> <p>In 1500m and 3000m, competitors will start on the curved line.</p>
Lane Allocation:	<p>Lanes will be drawn according to the IAAF and IPC Rules.</p> <p>Track competitors may be required to wear identifying numbers on their uniform.</p>
Starts	<p>Competitors in events up to and including 400m events will be required to use a 'crouch' start. This includes Hurdle events.</p> <p>The one false start rule will be used. The first 'break' will be deemed a 'False Start'. Any further 'breaks' (by any competitor) will result in disqualification of the offending competitor.</p> <p>The use of starting blocks is not compulsory, but they will be provided.</p> <p>Private starting blocks will NOT be permitted.</p>
Relay Team Sheets:	<p>The four members of each relay team must be students at the same school/campus, with names submitted on the relay team sheet prior to the competition. Teams will be disqualified if a relay team sheet is not supplied or runners in the event do not match the names listed.</p> <p>Each school must submit One Relay Team sheet per relay team.</p> <p>Relay Team Sheets must be submitted to the convener a minimum of 48 hours prior to the championships. Alterations can be made to the team sheet up to 1 hour prior to the first relay event running.</p> <p>Girls are permitted to compete in a Boy/Mixed Relay provided they do not also compete in a Girls' Relay. A Boys/Mixed team must be made up of a minimum of one Boy.</p> <p>Boys are not permitted to compete in the Girls' Relay.</p> <p>Team sheets are to be emailed to: ssv.interschoolsport@education.vic.gov.au</p> <p>Each school may name a maximum of six (6) competitors, with four (4) to compete in the relay.</p> <p>School from within the same Secondary Division with a combined enrolment of no more than 300 students may enter Division, Region and State competitions as a combined representative team.</p> <p>Substitutions may only be made from the named emergency competitors.</p> <p>The level of competition chosen by a student at Division level remains binding through to Region and State levels.</p> <p>All competitors must comply with the relevant General Conditions of Competition Rules 1, 2 and 3 and the rules of the sport.</p>

Relay Batons:	Relay batons will be provided.
Field Event:	<p>The order of competition will be in accordance with IAAF and IPC Rules.</p> <p>In all field events, except High Jump, three rounds of competition will be held.</p>
Field Event Winner:	In all field events, other than the high jump, where two or more competitors have the same 'best' trial, their second-best trials will be compared to determine the winner. If still equal, the third best trials are compared.
Clash of Events:	<p>Where a clash of a track event and a field event occurs, a competitor must report to the field event official first and, if time permits, take one or more trials. The competitor must then marshal for his/her track event and return to the field event immediately after the track event and complete his/her three trials. The three trials must be completed within the time allocated to the event.</p> <p>Where a clash occurs between a track event and a high jump event the competitor must report to the high jump event prior to marshalling for his/her track event. The competitor must return to the high jump as quickly as possible after the track event. The high jump event will continue in their absence. The competitor must continue at the new height when he/she returns. The bar will not be lowered.</p>
Deletion of events:	The Steeplechase will not be conducted unless sufficient entries are received.
Protests (WA Rule):	<p>Protests will be heard on the day of competition ONLY. Protests received after the day of competition will not be accepted</p> <p>Protest concerning the conduct of an event, in the first instance, should be made to the appropriate Referee (Track Referee for all track events; Throws Referee for shot put and discus; Jumps Referee for high jump, long jump and triple jump; Disability Referee for all disability events) by the athletes or their teacher. If their teacher is not in attendance, the adult responsible for the athlete may act on the athlete's behalf. This can be made immediately an incident occurs or within 10 minutes of the conclusion of the event.</p> <p>If the Referee, makes a decision that is not agreed with, an appeal to the Jury of Appeal may be made, accompanied by a fee of A\$50 cash, which will be forfeited if the appeal is not upheld. This appeal must be in writing within 10 minutes of the conclusion of the event or the Referee's decision, whichever comes first. The written appeal must be given to the Administration Manager located in the Official's Room.</p> <p>No other form of protest will be heard.</p> <p>Presentations will be held for 10 minutes.</p>
Presentations:	Immediately after each event, unless there is a protest, the first 3 placegetters must report to the victory dais for presentation of medals.
Invitation Competitors:	<p>Invitations to compete can only be considered in competitions for individuals and teams and then only where space is available.</p> <p>Invitation requests can only be considered if the reason for an invitation satisfies one of the criteria in the School Sport Victoria Invitation Policy.</p> <p>The level of performance of the individual/team concerned must be able to be verified and be of sufficient standard to have normally qualified him/her for the level of competition.</p> <p>Invitation competitors are eligible to receive medals but do not gain points for their school in the schools' competition.</p>
Dress and Spikes:	<p>Students are expected to compete in appropriate school athletic uniforms [i.e. tracksuit bottoms are not appropriate for track events and jeans are not appropriate for field events.</p> <p>Maximum length of spikes is 7mm [track] and 9mm [javelin, high jump and horizontal jumps]</p> <p>Only 'Pyramid' or 'Christmas Tree' only are permitted in spike shoes</p> <p>Players not correctly dressed will not be permitted to compete.</p>
Hydration:	It is recommended that all athletes bring their own water bottles.
Sports Tape:	Sports Tape MUST be supplied by the student/competing team. Strapping for injury prevention as required MUST be performed by the student/competing team. NB. The First Aid Responder attending the state finals are NOT permitted to perform strapping.
SSV Privacy Policy:	<p>The Information Privacy Act 2000 requires School Sport Victoria to inform you that, in the conduct of school sport, photographs may be taken of participants and results compiled to record student participation, celebrate student success and achievement and to promote SSV and events conducted by SSV.</p> <p>We limit the use and disclosure of any personal information to the purpose of participating in school sport.</p> <p>By accepting the invitation to participate in events under the auspices of SSV, you undertake to abide by the SSV Privacy Policy.</p>

Trophy:

A perpetual trophy will be awarded to the school with the highest points total at the Championship and will hold the trophy for a one-year period.

Points are not awarded if competitors are disqualified, do not finish or do not marshal.

Invitation competitors cannot earn points for their school, but they may receive individual awards.

Points Allocation:

Placing	1	2	3	4	5	6	7	8	9	10	11	12
Individual events	10	8	6	5	4	3	2	1	1	1	1	1
Relay events	20	16	12	10	8	6	4	2	-	-	-	-

SCHOOL SPORT VICTORIA

SECONDARY TRACK & FIELD PROGRAM

Times in brackets () in the Records column are the electronic times equivalent to the hand held times.

G = Girls B = Boys B/M = Boys/Mixed

Photographs will be taken of all place-getters following each event.

No	Event Time	Age Group	Event	Record	Record Holder	School	Year
1	10:00	G 12-14 Yrs	Long Jump 2 [MULTI CLASS]				
2	10:00	B 12-14 Yrs	Shot Put 2 [MULTI CLASS]				
3	10:00	G 16 Yrs	Discus [1.0kg]	46.22	Kimberley Mulhall	Bentleigh	2006
4	10:00	B 17 Yrs	Javelin [700g]	64.72	Luke Bissett	Newcomb	2007
5	10:00	B 18-20 Yrs	110m Hurdles [99.1cm]	13.9 (14.15)	Kyle Vanderkuyp	Mullauna	1988
6	10:07	B 17 Yrs	110m Hurdles [91.4cm]	14.2 (14.45)	James Goodwin	Cleeland	1991
7	10:09	B 16 Yrs	110m Hurdles [91.4cm]	13.9	Tayleb Willis	Mooroolbark	2019
8	10:16	G 18-20 Yrs	100m Hurdles [84.0cm]	13.81	Celeste Mucci	Maribyrnong	2017
9	10:18	B 15 Yrs	100m Hurdles [84.0cm]	13.23	Aiden Saluni-Kettle	Casey Grammar	2016
10	10:20	B 14 Yrs	100m Hurdles [84.0cm]	13.71	Nathan Philactides	Blackburn	2019
11	10:25	G 17 Yrs	100m Hurdles [76.2cm]	14.72	Kelsey Dwyer	Scoresby	2006
12	10:27	G 16 Yrs	100m Hurdles [76.2cm]	13.65	Lateisha Willis	Mooroolbark	2016
13	10:30	G 15-16 Yrs	Long Jump 2 [MULTI CLASS]				
14	10:30	B 15-16 Yrs	Shot Put 2 [MULTI CLASS]				
15	10:34	G 15 Yrs	90m Hurdles [76.2cm]	13.08	Celeste Mucci	Maribyrnong	2014
16	10:36	G 14 Yrs	90m Hurdles [76.2cm]	12.45	Laura Wong	Glen Eira	2023
17	10:38	B 12-13 Yrs	90m Hurdles [76.2cm]	12.58	William Wong	Glen Eira	2019
18	10:40	B 16 Yrs	Discus [1.5kg]	51.00	Callum Baker	Lake Bolac	2012
19	10:40	G 17 Yrs	Javelin [600g]	42.6	Alycia Maher	Carrum Downs	2013
20	10:45	G 12-13 Yrs	80m Hurdles [76.2cm]	12.45	Laura Wong	Glen Eira	2022
21	10:55	G 12-20 Yrs	3000m	09:34.9	Abbey Caldwell	Doncaster	2018
22	11:00	G 17-20 Yrs	Long Jump 2 [MULTI CLASS]				
23	11:00	B 17-20 Yrs	Shot Put 2 [MULTI CLASS]				
24	11:00	B 15 Yrs	High Jump 1	1.96	David Baskin	Western Heights	2000
25	11:00	G 14 Yrs	Triple Jump	12.10	Kamau Amber	Frankston	2018
26	11:15	B 12-20 Yrs	3000m	08:15.0	Shawn Forrest	Vermont	2001
27	11:20	B 15 Yrs	Discus [1.0kg]	61.79	Bradley Butler	Frankston	2015
28	11:20	G 16 Yrs	Javelin [500g]	43.51	Dakira Cooper	Tallangatta	2022
29	11:30	G 12-13 Yrs	100m	12.36	Grace Kelly	Emmanuel	2019
30	11:30	B 12-14 Yrs	Long Jump 2 [MULTI CLASS]				
31	11:30	G 12-14 Yrs	Shot Put 2 [MULTI CLASS]				
32	11:30	G 12-13 Yrs	Long Jump 1	5.40	Leona Bilous	Shepparton	1997
33	11:30	B 14 Yrs	Triple Jump	13.18	Jotham Kuku	Tarneit	2015
34	11:30	G 15 Yrs	High Jump 2	1.70	Celeste Mucci	Maribyrnong	2014
35	11:30	G 18-20 Yrs	Shot Put 1 [4.0kg]	14.92	Anne Karner	Merrilands	1966
36	11:33	B 12-13 Yrs	100m	11.49	Max Busuttil	Maribyrnong	2019
37	11:36	G 14 Yrs	100m	12.35	Alicia Ockerby	Frankston	2019
38	11:39	B 14 Yrs	100m	11.25	Jack Boulton	Cathedral	2018
39	11:42	G 15 Yrs	100m	12.37	Lateisha Willis	Mooroolbark	2015
40	11:44	B 15 Yrs	100m	10.96	Jack Boulton	Cathedral	2019
41	11:46	G 16 Yrs	100m	12.11	Lateisha Willis	Mooroolbark	2016
42	11:48	B 16 Yrs	100m	10.70	Cameron Searle	Maribyrnong	2015
43	11:50	G 17 Yrs	100m	12.20	Christine Byrne	Leongatha	2016
44	11:53	B 17 Yrs	100m	10.7 (10.95)	David Stawicki	Corio	1991
45	11:56	G 18-20 Yrs	100m	11.96	Isabella Pasquali	Galen C Wangaratta	2024
46	12:00	B 15-16 Yrs	Long Jump 2 [MULTI CLASS]				
47	12:00	G 15-16 Yrs	Shot Put 2 [MULTI CLASS]				
48	12:00	G 15 Yrs	Discus [1.0kg]	43.32	Bianca Hansen	Ringwood	2014
49	12:00	B 16 Yrs	Javelin [700g]	63.35	Luke Bissett	Newcomb	2006
50	12:00	B 12-13 Yrs	Triple Jump	12.49	Brandon Cvetanoski	Maribyrnong	2022
51	12:00	G 18-20 Yrs	Long Jump 1	5.96	Deborah McLaughlin	Wangaratta HS	1992
52	12:00	B 17 Yrs	Shot Put 1 [5.0kg]	18.08	Ned Weatherly	Bellarine	2015
53	12:00	B 14 Yrs	High Jump 1	1.93	Toby Hamilton	St. Helena	2024
54	12:01	B 18-20 Yrs	100m	10.83	Alexander Colgan	CC Wodonga	2022
55	12:04	G 12-14 Yrs	100m [MULTI CLASS]				
56	12:07	B 12-14 Yrs	100m [MULTI CLASS]				
57	12:10	G 15-16 Yrs	100m [MULTI CLASS]				
58	12:13	B 15-16 Yrs	100m [MULTI CLASS]				
59	12:16	G 17-20 Yrs	100m [MULTI CLASS]				

60	12:19 B 17-20 Yrs	100m [MULTI CLASS]				
61	12:29 G 12-13 Yrs	800m	02:18.6	Kiara Flavel	Emerald	2018
62	12:30 G 17 Yrs	Shot Put 1 [3.0kg]	14.77	Emma Berg	Swan Hill	2018
63	12:30 B 18-20 Yrs	Long Jump 1	7.25	Ian Andison	Glen Waverley	1970
64	12:30 G 12-13 Yrs	Triple Jump	12.11	Ellie Symonds	Frankston	2019
65	12:30 G 14 Yrs	High Jump 2	1.71	Freya Langston	Maribyrnong	2014
66	12:33 B 12-13 Yrs	800m	02:09.4	Will Sharp	McKinnon	2015
67	12:40 G 14 Yrs	Discus [1.0 kg]	40.38	Aliyah Canepa	Maribyrnong	2016
68	12:40 B 15 Yrs	Javelin [700 g]	56.33	Nathan Krepp	Warrnambool	2009
69	12:41 G 14 Yrs	800m	02:17.0	Zoe Brito-Babapulle	Blackburn	2014
70	12:45 B 14 Yrs	800m	02:03.4	Luke Padgham	Bendigo SE	2015
71	12:49 G 15 Yrs	800m	02:14.1	Carley Feben	Viewbank	2002
72	12:53 B 15 Yrs	800m	01:58.3	Kang Nyoak	Whealers Hill	2015
73	12:57 G 16 Yrs	800m	02:13.3	Katherine Katsanevakis	Balwyn	2004
74	1:00 B 17-20 Yrs	Long Jump 2 [MULTI CLASS]				
75	1:00 G 17-20 Yrs	Shot Put 2 [MULTI CLASS]				
76	1:00 G 18-20 Yrs	Triple Jump	11.98	Jo Bromfield	Bendigo	2006
77	1:00 B 17 Yrs	Long Jump 1	7.34	Michael Morgan	Strathmore	1982
78	1:00 G 16 Yrs	Shot Put 1 [3.0kg]	15.09	Emma Berg	Swan Hill	2017
79	1:00 B 12-13 Yrs	High Jump 1	1.84	Lucas Thompson	McKinnon	2014
80	1:01 B 16 Yrs	800m	01:53.0	Ryan Patterson	Lilydale	2013
81	1:05 G 17 Yrs	800m	02:09.8	Katherine Katsanevakis	Balwyn	2005
82	1:09 B 17 Yrs	800m	01:55.0	Zac Patterson	Lilydale	2012
83	1:13 G 18-20 Yrs	800m	02:10.3	Janine McFadzean	Norwood	1976
84	1:17 B 18-20 Yrs	800m	01:50.5	Paul Byrne	Grovedale	1993
85	1:20 B 14 Yrs	Discus [1.0 kg]	56.17	Bradley Butler	Frankston	2014
86	1:20 G 15 Yrs	Javelin [500 g]	43.79	Chelsea Owen-Smith	Viewbank	2015
87	1:22 G 12-14 Yrs	800m [MULTI CLASS]				
88	1:27 B 12-14 Yrs	800m [MULTI CLASS]				
89	1:30 G 17 Yrs	Long Jump 1	5.85	Emma Cochrane	McKinnon	1996
90	1:30 B 18-20 Yrs	Triple Jump	16.08	Ian Campbell	Watsonia	1974
91	1:30 G 12-13 Yrs	High Jump 2	1.65	Deena Gerges	Greensborough	2023
				Jemmah Paton	Mentone Girls	2018
92	1:30 B 16 Yrs	Shot Put 1 [5.0 kg]	16.87	Callum Baker	Lake Bolac	2012
93	1:32 G 15-16 Yrs	800m [MULTI CLASS]				
94	1:37 B 15-16 Yrs	800m [MULTI CLASS]				
95	1:42 G 17-20 Yrs	800m [MULTI CLASS]				
96	1:47 B 17-20 Yrs	800m [MULTI CLASS]				
97	2:00 G 14 Yrs	Javelin [500 g]	39.55	Maree Muscara	Maribyrnong	2012
98	2:00 B 12-13 Yrs	Discus [1.0 kg]	47.16	Logan Sandland	CC Wodonga	2019
99	2:00 G 16 Yrs	Long Jump 1	5.86	Catherine Mendes	Maribyrnong	2016
100	2:00 B 18-20 Yrs	Shot Put 1 [6.0 kg]	16.85	Aaron Hartney	Heathmont	1999
101	2:00 B 17 Yrs	Triple Jump	14.62	Kyle Murphy	Wanganui Park	2016
102	2:00 B 18-20 Yrs	High Jump 1	2.25	Tim Forsyth	Trafalgar	1991
103	2:00 G 12-13 Yrs	200m	25.52	Katie Oliver	Montmorency	2019
104	2:03 B 12-13 Yrs	200m	23.38	Melvin Monleh	Maribyrnong	2015
105	2:06 G 14 Yrs	200m	25.26	Angel Ukpiebo	Maribyrnong	2018
106	2:09 B 14 Yrs	200m	22.33	Jack Boulton	Cathedral	2018
107	2:12 G 15 Yrs	200m	25.41	Jessica Calvert	Cathedral	2019
108	2:15 B 15 Yrs	200m	21.66	Jack Boulton	Cathedral	2019
109	2:18 G 16 Yrs	200m	24.62	Daniela Roman	The Grange	2012
110	2:21 B 16 Yrs	200m	21.68	Cameron Searle	Maribyrnong	2015
111	2:24 G 17 Yrs	200m	24.91	Sophie Taylor	CC Bendigo	2012
112	2:27 B 17 Yrs	200m	22.04	Matthew Rizzo	Elisabeth Murdoch	2015
113	2:30 B 12-13 Yrs	Long Jump 1	6.43	Melvin Monleh	Maribyrnong	2015
114	2:30 G 17 Yrs	Triple Jump	12.16	Evelyn Bucher	Diamond Valley	1991
115	2:30 G 15 Yrs	Shot Put 1 [3.0 kg]	14.92	Alyssa Benbow	Kurunjang	2022
116	2:30 G 18-20 Yrs	High Jump 2	1.76	Kirsty Rollinson	Western Port	1992
117	2:30 G 18-20 Yrs	200m	23.97	Isabella Pasquali	Galen C Wangaratta	2024
118	2:33 B 18-20 Yrs	200m	21.2 (21.45)	Rohan Robinson	Rosebud	1989
119	2:37 G 12-14 Yrs	200m [MULTI CLASS]				
120	2:40 G 12-13 Yrs	Discus [1.0 kg]	37.83	Bianca Hansen	Ringwood	2012
121	2:40 B 14 Yrs	Javelin [700 g]	49.21	Frank Mazza	Brookside	2019
122	2:40 B 12-14 Yrs	200m [MULTI CLASS]				
123	2:43 G 15-16 Yrs	200m [MULTI CLASS]				
124	2:46 B 15-16 Yrs	200m [MULTI CLASS]				
125	2:49 G 17-20 Yrs	200m [MULTI CLASS]				
126	2:52 B 17-20 Yrs	200m [MULTI CLASS]				
127	3:00 G 16 Yrs	Triple Jump	12.47	Allegra Orso	McKinnon	2024
128	3:00 B 17 Yrs	High Jump 1	2.07	Lawrie Peckham	Bentleigh	1963

129	3:00 G 14 Yrs	Shot Put 1 [3.0 kg]	13.63	Deena Gerges	Greensborough	2024
130	3:00 B 15 Yrs	Long Jump 1	6.58	Tyler Gray	Rowville	2016
131	3:20 G 18-20 Yrs	Discus [1.0 kg]	47.78	Kimberley Mulhall	Bentleigh	2008
132	3:20 B 12-13 Yrs	Javelin [600 g]	44.62	Darcy Edgerton	Murtoa	2014
133	3:30 B 16 Yrs	Triple Jump	14.23	Callan Rauchfuss	Melbourne	2008
134	3:30 B 14 Yrs	Shot Put 1 [4.0 kg]	17.85	Ned Weatherley	Bellarine	2012
135	3:30 G 17 Yrs	High Jump 2	1.77	Belinda Blay	Strathmore	1993
				Denise Snyder	Swan Hill	2009
136	3:30 G 15 Yrs	Long Jump 1	5.68	Bianca Hansen	Ringwood	2014
137	3:30 G 12-13 Yrs	400m	01:00.5	Billie Arch	Keilor Downs	2012
138	3:34 B 12-13 Yrs	400m	52.73	Jack Boulton	Cathedral	2017
139	3:38 G 14 Yrs	400m	57.4 (57.65)	Perca Scagliarini	Monterey	1981
140	3:42 B 14 Yrs	400m	50.76	Jack Boulton	Cathedral	2018
141	3:46 G 15 Yrs	400m	56.95	Carly Feben	Viewbank	2002
142	3:50 B 15 Yrs	400m	50.8	Marlon Trevitt	Elwood	2018
143	3:54 G 16 Yrs	400m	57.17	Carly Feben	Viewbank	2003
144	3:58 B 16 Yrs	400m	50.15	Callum Bott	Galen C Wangaratta	2024
145	4:00 B 12-13 Yrs	Shot Put 1 [3.0 kg]	17.01	Logan Sandland	CC Wodonga	2019
146	4:00 B 16 Yrs	High Jump 1	2.01	Phil Oliver	Rochester	1994
147	4:00 G 14 Yrs	Long Jump 1	5.54	Rachel Kothe	Wodonga	1982
148	4:00 B 18-20 Yrs	Discus [1.75 kg]	50.40	Nathan Krepp	Warrnambool	2012
149	4:00 G 12-13 Yrs	Javelin [400 g]	42.21	Kelsey Loudon	Rowville	2024
150	4:00 B 15 Yrs	Triple Jump	13.63	Randika Senadheera	Melbourne	2002
151	4:02 G 17 Yrs	400m	56.18	Carly Feben	Viewbank	2004
152	4:06 B 17 Yrs	400m	48.02	Lawson Power	Frankston	2015
153	4:10 G 18-20 Yrs	400m	54.43	Isabella Pasquali	Galen C Wangaratta	2024
154	4:14 B 18-20 Yrs	400m	48.0 (48.25)	Rohan Robinson	Rosebud	1989
155	4:25 G 12-13 Yrs	1500m	04:42.2	Lucinda Rourke	Williamstown	2017
156	4:30 G 16 Yrs	High Jump 2	1.74	Anne Rutherford	Daylesford	1983
157	4:30 B 14 Yrs	Long Jump 1	6.24	Jack Boulton	Cathedral	2018
158	4:30 G 15 Yrs	Triple Jump	11.98	Elyssa Kenshole	Eltham	2018
159	4:30 G 12-13 Yrs	Shot Put 1 [3.0 kg]	12.9	Alyssa Benbow	Kurunjang	2019
160	4:32 B 12-13 Yrs	1500m	04:21.7	Finn Kane	Maribyrnong	2022
161	4:39 G 14 Yrs	1500m	04:53.5	Samantha Prime	Berwick	2009
162	4:40 B 17 Yrs	Discus [1.5 kg]	64.69	Ronnie Buckley	Broadford	2002
163	4:40 G 18-20 Yrs	Javelin [600 g]	45.88	Kathryn Mitchell	Ballarat HS	2000
164	4:46 B 14 Yrs	1500m	04:15.7	Shawn Forrest	Vermont	1997
165	4:53 G 15 Yrs	1500m	04:41.5	Claudia Michel	Brentwood	1986
166	5:00 B 15 Yrs	Shot Put 1 [4.0 kg]	19.09	Ned Weatherly	Bellarine	2013
167	5:00 B 16 Yrs	Long Jump	6.92	Joshua Sullivan	Kambrya	2022
168	5:00 B 15 Yrs	1500m	04:03.4	Shawn Forrest	Vermont	1998
169	5:07 G 16 Yrs	1500m	04:34.7	Abbey Caldwell	Doncaster	2017
170	5:14 B 16 Yrs	1500m	03:59.1	Shawn Forrest	Vermont	1999
171	5:20 G 17 Yrs	Discus [1.0 kg]	46.58	Kimberley Mulhall	Bentleigh	2007
172	5:20 B 18-20 Yrs	Javelin [800g]	60.74	Andrew Martin	McKinnon	1998
173	5:21 G 17 Yrs	1500m	04:32.7	Melisaa Duncan	Upwey	2006
174	5:28 B 17 Yrs	1500m	04:01.1	Chris Unthank	Frankston	1988
175	5:35 G 18-20 Yrs	1500m	04:31.0	Anne Lord	Ringwood	1977
176	5:42 B 18-20 Yrs	1500m	03:50.7	Malcolm Norwood	Echuca	1982
177	6:00 G 12-13 Yrs	4x100m	52.86		Maribyrnong	2013
178	6:04 B/M 12-13 Yrs	4x100m	47.33		Maribyrnong	2014
179	6:08 G 14 Yrs	4x100m	51.61		Maribyrnong	2014
180	6:12 B/M 14 Yrs	4x100m	46.53		Maribyrnong	2015
181	6:16 G 15 Yrs	4x100m	50.35		Maribyrnong	2015
182	6:20 B/M 15 Yrs	4x100m	45.31		Bendigo South East	2016
183	6:24 G 16 Yrs	4x100m	50.54		Maribyrnong	2018
184	6:28 B/M 16 Yrs	4x100m	43.34		Maribyrnong	2015
185	6:32 G 17 Yrs	4x100m	50.6 (50.85)		Doncaster	1992
186	6:34 B/M 17 Yrs	4x100m	43.67		Frankston	2015
187	6:38 G 18-20 Yrs	4x100m	48.09		Maribyrnong	2017
188	6:42 B/M 18-20 Yrs	4x100m	43.2 (43.45)		Rosanna East	1981

Events No Longer Contested from 2024

B 12-20 Yrs	Steeplechase 2000m	5.56.65	Nathan Percy	Ringwood	2015
G 12-20 Yrs	Steeplechase 2000m	06:43.2	Maxine Paholek	Seymour	2017
G 12-15 Yrs	1500m Walk	06:36.3	Alanna Peart	Ballarat HS	2018
B 12-15 Yrs	1500m Walk	5:58:20	Nathan Brill	Rosebud	2011
G 16-20 Yrs	1500m Walk	06:25.9	Alana Peart	Ballarat HS	2019
B 16-20 Yrs	1500m Walk	05:38.8	Dion Russell	Balwyn	1992



SCHOOL SPORT VICTORIA

PRIMARY & SECONDARY

TRACK & FIELD SPECIFICATIONS

HURDLES

	Age Section	Line Colour	Event Dist	Hurdle Ht	No. of Flights	Mt to First	Mt Apart	Mt to End
Primary Championships: Hurdles used for Primary hurdles races (ie. 9/10 years, 11 years and Primary 12/13 years) must be collapsible in line with Little Athletics Victoria specifications.								
Girls	9-10 Years	Black	80 m	60 cm	9	12.00	7.00	12.00
Girls	11 Years	Black	80 m	60 cm	9	12.00	7.00	12.00
Girls	12-13 Years	Black	80 m	68 cm	9	12.00	7.00	12.00
Boys	9-10 Years	Black	80 m	60 cm	9	12.00	7.00	12.00
Boys	11 Years	Black	80 m	60 cm	9	12.00	7.00	12.00
Boys	12-13 Years	Black	80 m	68 cm	9	12.00	7.00	12.00

Secondary Championships

Girls	12-13 Years	Black	80 m	76.2 cm	9	12.00	7.00	12.00
Girls	14 Years	White	90 m	76.2 cm	9	13.00	8.00	13.00
Girls	15 Years	White	90 m	76.2 cm	9	13.00	8.00	13.00
Girls	16 Years	Yellow	100 m	76.2 cm	10	13.00	8.50	10.50
Girls	17 Years	Yellow	100 m	76.2 cm	10	13.00	8.50	10.50
Girls	18-20 Years	Yellow	100 m	84.0 cm	10	13.00	8.50	10.50
Boys	12-13 Years	White	90 m	76.2 cm	9	13.00	8.00	13.00
Boys	14 Years	Yellow	100 m	84.0 cm	10	13.00	8.50	10.50
Boys	15 Years	Yellow	100 m	84.0 cm	10	13.00	8.50	10.50
Boys	16 Years	Blue	110 m	91.4 cm	10	13.72	9.14	14.02
Boys	17 Years	Blue	110 m	91.4 cm	10	13.72	9.14	14.02
Boys	18-20 Years	Blue	110 m	99.1 cm	10	13.72	9.14	14.02

SHOT PUT WEIGHTS

Age Section	Weight of Shot	Age Section	Weight of Shot
Primary Championships			
Girls 9-10 Years	2.0 kg	Boys 9-10 Years	2.0 kg
Girls 11 Years	2.0 kg	Boys 11 Years	2.0 kg
Girls 12-13 Years	3.0 kg	Boys 12-13 Years	3.0 kg
Secondary Championships			
Girls 12-13 Years	3.0 kg	Boys 12-13 Years	3.0 kg
Girls 14 Years	3.0 kg	Boys 14 Years	4.0 kg
Girls 15 Years	3.0 kg	Boys 15 Years	4.0 kg
Girls 16 Years	3.0 kg	Boys 16 Years	5.0 kg
Girls 17 Years	3.0 kg	Boys 17 Years	5.0 kg
Girls 18-20 Years	4.0 kg	Boys 18-20 Years	6.0 kg



SCHOOL SPORT VICTORIA

PRIMARY & SECONDARY

TRACK & FIELD SPECIFICATIONS

DISCUS WEIGHTS

Age Section			Weight of Disc	Age Section			Weight of Disc
Primary Championships							
Girls	9-10 Years		500 g	Boys	9-10 Years		500 g
Girls	11 Years		750 g*	Boys	11 Years		750 g*
Girls	12-13 Years		750 g*	Boys	12-13 Years		750 g*
Secondary Championships							
Girls	12-13 Years		1.00 kg	Boys	12-13 Years		1.00 kg
Girls	14 Years		1.00 kg	Boys	14 Years		1.00 kg
Girls	15 Years		1.00 kg	Boys	15 Years		1.00 kg
Girls	16 Years		1.00 kg	Boys	16 Years		1.50 kg
Girls	17 Years		1.00 kg	Boys	17 Years		1.50 kg
Girls	18-20 Years		1.00 kg	Boys	18-20 Years		1.75 kg

* 750 g discus must be rubber with a diameter of 15.5 cm

JAVELIN WEIGHTS – SECONDARY

Age Section			Weight of Javelin	Age Section			Weight of Javelin
Girls	12-13 Years		400 g	Boys	12-13 Years		600 g
Girls	14 Years		500 g	Boys	14 Years		700 g
Girls	15 Years		500 g	Boys	15 Years		700 g
Girls	16 Years		500 g	Boys	16 Years		700 g
Girls	17 Years		500 g	Boys	17 Years		700 g
Girls	18-20 Years		600 g	Boys	18-20 Years		800 g

HIGH JUMP - STARTING HEIGHTS – STATE CHAMPIONSHIPS:

Age Section		Start Height	Bar Rises	Age Section		Start Height	Bar Rises
Primary Championships							
Girls	9-10 Years	1.05 m	5 cm for 2 rises, then 3 cm	Boys	9-10 Years	1.10 m	5 cm for 2 rises, then 3 cm
Girls	11 Years	1.15 m	5 cm for 2 rises, then 3 cm	Boys	11 Years	1.20 m	5 cm for 2 rises, then 3 cm
Girls	12-13 Years	1.15 m	5 cm for 2 rises, then 3 cm	Boys	12-13 Years	1.20 m	5 cm for 2 rises, then 3 cm
Secondary Championships							
Girls	12-13 Years	1.25 m	5 cm rises	Boys	12-13 Years	1.35 m	5 cm rises
Girls	14 Years	1.30 m	5 cm rises	Boys	14 Years	1.40 m	5 cm rises
Girls	15 Years	1.35 m	5 cm rises	Boys	15 Years	1.45 m	5 cm rises
Girls	16 Years	1.35 m	5 cm rises	Boys	16 Years	1.50 m	5 cm rises
Girls	17 Years	1.40 m	5 cm rises	Boys	17 Years	1.55 m	5 cm rises
Girls	18-20 Years	1.40 m	5 cm rises	Boys	18-20 Years	1.60 m	5 cm rises



SCHOOL SPORT VICTORIA

PRIMARY & SECONDARY

TRACK & FIELD SPECIFICATIONS

HIGH JUMP – SUGGESTED STARTING HEIGHTS – PRIMARY DISTRICT, DIVISION AND REGION:

Age Section	Start Height	Bar Rises	Age Section	Start Height	Bar Rises
Girls 9-10 Years	95 cm	5 cm for 2 rises, then 3 cm	Boys 9-10 Years	1.00 m	5 cm for 2 rises, then 3 cm
Girls 11 Years	95 cm	5 cm for 2 rises, then 3 cm	Boys 11 Years	1.00 m	5 cm for 2 rises, then 3 cm
Girls 12-13 Years	1.00 m	5 cm for 2 rises, then 3 cm	Boys 12-13 Years	1.05 m	5 cm for 2 rises, then 3 cm

Starting heights for District, Division and Region competitions are suggestions only.

If you find it necessary to lower or raise the starting height, this can be done.

The starting height cannot be lower than the height of the landing area.

The bar rises are recommendations only, but should not be less than 3 cm

HIGH JUMP – SUGGESTED STARTING HEIGHTS – SECONDARY DIVISION AND REGION:

Girls 12-13 Years	1.10 m	5 cm rises	Boys 12-13 Years	1.20 m	5 cm rises
Girls 14 Years	1.15 m	5 cm rises	Boys 14 Years	1.25 m	5 cm rises
Girls 15 Years	1.20 m	5 cm rises	Boys 15 Years	1.30 m	5 cm rises
Girls 16 Years	1.20 m	5 cm rises	Boys 16 Years	1.35 m	5 cm rises
Girls 17 Years	1.25 m	5 cm rises	Boys 17 Years	1.40 m	5 cm rises
Girls 18-20 Years	1.25 m	5 cm rises	Boys 18-20 Years	1.45 m	5 cm rises

Starting heights for District, Division and Region competitions are suggestions only.

If you find it necessary to lower or raise the starting height, this can be done.

The starting height cannot be lower than the height of the landing area.

The bar rises are recommendations only, but should not be less than 3 cm

TRIPLE JUMP BOARDS:

At the State Championships, the only boards available for competition for boys and girls will be the:

- 5 m Board
- 7 m Board
- 9 m Board
- 11 m Board
- 13 m Board

No additional boards will be marked on the runway



SCHOOL SPORT VICTORIA

PRIMARY & SECONDARY

TRACK & FIELD SPECIFICATIONS

SHOT PUT WEIGHTS FOR MULTI CLASS ATHLETES

Weights in kilograms (kg)

Classification	9/10 Years		11 Years		12/13 Years		14 Years		15 Years		16 Years		17 Years		18 - 20 Years	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Hearing Impairment																
F01	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
Visually Impairment																
F11, F12, F13	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
Intellectual Impairment																
F20	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
F21	2	1.5	2	2	3	2	3	2	3	2	3	2	4	3	4	3
Autism Spectrum Disorder (ASD) TRIAL																
ii3	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
Physical Impairment – Cerebral Palsy																
F32 (Seated)	1	1	1	1	1	1	1	1	1	1	2	2	2	2	2	2
F33 (Seated)	1	1	1	1	2	1	2	2	2	2	3	3	3	3	3	3
F34 (Seated)	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	3	4	3	4	3
F35	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	3	4	3	4	3
F36	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	3	4	3	4	3
F37	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	3	4	3	5	3
F38	2 (1.5)	2 (1.5)	2	2	2	2	3	2	3	2	4	3	4	3	5	3
Physical Impairment – Dwarfism/Short Stature																
F40/41	1.5	1.5	1.5	1.5	2	2	3	2	3	2	4	3	4	3	4	3
Physical Impairment – Amputee and Les Autres																
F42, F43/44	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
F45, F46	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
F61, F62	2	2	2	2	3	3	3	3	3	3	4	3	4	3	4	3
F63, F64	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4
Physical Impairment – Wheelchair/Seated																
F52	1.5	1.5	1.5	1.5	1.5	1.5	2	2	2	2	2	2	2	2	2	2
F53	1.5	1.5	1.5	1.5	2	1.5	2	2	2	2	3	2	3	2	3	3
F54	1.5	1.5	2	1.5	2	2	2	2	2	2	3	2	3	2	4	3
F55	1.5	1.5	2	1.5	2	2	2	2	2	2	3	2	3	2	4	3
F56	1.5	1.5	2	1.5	2	2	2	2	2	2	3	2	3	2	4	3
F57	1.5	1.5	2	1.5	2	2	2	2	2	2	3	2	3	2	4	3
Transplant																
F60	2	2	2	2	3	3	4	3	4	3	5	3	5	3	6	4

- **Note:** If the weight differs in a classification for the 9 and 10 years age groups, the weight for 9 year olds is in brackets.
- If a 1.5 kg is not available, those athletes are to use a 2 kg shot put
- This table has been updated September 2018



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

FIELD EVENT - SPECIAL INSTRUCTIONS

Field events are to start at the advertised times unless otherwise instructed. At no time are field events to run ahead of schedule.

LATE ARRIVALS

1. All athletes must arrive through the Call Room. If a competitor arrives late for the start of their event, they may still take their trials as long as the time allocated to the event has not expired.
2. **Clash of Events:** Where a clash of a track event and a field event occurs, a competitor must report to the field event official first and, if time permits, take one or more trials. The competitor must then marshal for his/her track event and return to the field event immediately after the track event and complete his/her three trials. The three trials must be completed within the time allocated to the event.

Where a clash occurs between a track event and a high jump event the competitor must report to the high jump event prior to marshalling for his/her track event. The competitor must return to the high jump as quickly as possible after the track event. The high jump event will continue in their absence. The competitor must continue at the new height when he/she returns. The bar will not be lowered.

3. If all competitors have not reported in, then final results may not be calculated until the time allocated to the event has expired.
4. Any competitor who unreasonably delays making a trial renders himself/herself liable to having that trial disallowed and recorded as a fault. See Time allowed for Trials below.
5. Above all, please be sympathetic. If a student has a good reason for being delayed then try and fit them into the event. If, however, the student is rude or aggressive then you may apply the rules as you see fit.
6. Any problems should be referred to the field referee.

TIME ALLOWED FOR TRIALS

Event	All Throws	High Jump	Long/Triple Jumps
More than 3 Competitors start or remain	1 min	1 min	1 min
2 or 3 Competitors start or remain	1 min	1.5 mins	1 min
1 Competitor remain	1 min	3 mins	1 min
Consecutive Trials	2 mins	2 mins	1 min

SUBSTITUTE COMPETITORS

1. A substitute may not take a competitor's place in an event unless official notification has been received from the Championship Convener.

PROTESTS/APPEALS

1. Field event officials are to follow any instructions given by the AV Field Referees.
2. An athlete or teacher may make an oral protest, in the first instance, concerning the conduct of the event to the AV Field referee who will be moving around the various field events.
3. If the athlete or teacher disagrees with the Referee's decision, an Appeal to the Jury of Appeal may be made with a few of A\$50 cash within 10 minutes of the conclusion of the event or the Referee's decision which ever comes first. The written appeal must be handed to the SSV Coordinator in charge of the competition. The jury's decision is final. Presentations will be held until the appeal is heard.



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

DISCUS - OFFICIALS INSTRUCTIONS

GENERAL INSTRUCTIONS

1. Each event should start at the designated time. Try to ensure completion of each event within the time allocated.
2. Check the names and school of each competitor on the recording sheet for each event. Competitors will be called to throw in the order designated on the event sheet, except where they must leave to compete in another event. Track events will not be held up for competitors at field events. It is permissible for competitors to take their attempts out of order and consecutively, if necessary.
3. Competitors must return to the field event prior to the advertised starting time of the next event or they will forfeit their remaining attempts.
4. Competitors are expected to be dressed in approved athletic uniforms or track pants.
5. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

1. Each competitor receives 3 attempts.
2. The final placings will be decided from all attempts.
3. The competitor must start the attempt from a stationary position. The discus may be held in any manner and any throwing technique may be used.
4. The throw is a failure if:
 - a. After commencing the action, the thrower touches with any part of the body either the top of the ring bounding the circle or the ground beyond it. This rule remains in force while the discus is in flight.
 - b. Leaves the circle before the discus has landed
 - c. Does not leave the circle from the back half of the circle
 - d. The discus does not land fully within the sector (the sector tape is OUT)
 - e. Takes longer than the specified time below to commence the attempt
5. Time allowed for each trial including consecutive attempts:

Event	All Throws
More than 3 Competitors start in the competition	1 min
2 or 3 Competitors start the competition	1 min
Consecutive Trials	2 mins

6. If a competitor is required to take consecutive throws eg when returning from another event, then the time allowed for consecutive attempts is 2 minutes.
7. Providing there has been no infringement, a competitor is permitted to re-start their throw within the time allowed to take their trial. The time clock will not be re-started.
8. In measuring, the zero of the tape is placed on the nearer edge of the mark made by the discus and the tape is taken through the centre of the throwing circle. The distance is read from the inner edge of the metal rim. The distance is taken in metres and to the nearest centimetre equal to or less than the distance thrown.
9. The longest throw of each competitor is used to determine their places. In the event of a tie, the next best throw of the tied competitors will determine their places.

IMPLEMENT WEIGHTS

These can be found on the SSV Website. [Click here](#) for the Specifications

SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

HIGH JUMP - OFFICIALS INSTRUCTIONS

GENERAL INSTRUCTIONS

1. The uprights are to be set up with the bar supports pointing inwards. The bar must have the opportunity of falling off either towards or away from the landing area.
2. The crossbar must always be replaced with the same surfaces facing upward and forward.
3. Competitors may not mark their run ups with chalk. Competitors may use two marks for run-up and take-off. Masking tape or a moveable object may be used.
4. Maximum spike length is 7 mm at Lakeside Stadium. For Division and Region competitions, this should be checked with the competition venue management.
5. Measurements are made perpendicularly from the ground to the upper side of the centre (lowest) part of the bar
6. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

7. The jump is a failure if a competitor:-
 - a) dislodges the bar. (The competitor may hit the bar, however, it must stay lodged on the stands for a reasonable length of time.) A foul may be recorded even if the competitor has landed and moved from the landing area;
 - b) takes off from two feet;
 - c) touches the white tape or ground, including the landing area, beyond the plane of the upright, either between or outside the uprights, with any part of the body without clearing the bar;
 - d) takes longer than the time specified below to commence their attempt.

Time allowed for each trials including consecutive attempts:

Event	High Jump
More than 3 Competitors start in the competition	1 min
2 or 3 Competitors start or remain in the competition	1.5 mins
1 Competitor remains in the competition	3 mins
Consecutive Trials	2 mins

8. Three consecutive foul jumps constitutes elimination from the competition.
9. Competitors may commence jumping at any height above the minimum and may pass at any height.
A competitor having missed one or two attempts at a particular height may 'pass' and make the next attempt at a subsequent height
10. Competitors who leave the event to compete in another events must continue at the new height when they return. The bar must not be lowered.
11. The event is continued until the final competitor (the winner) fails with three consecutive jumps. When only one competitor remains, however, he/she may choose to retire and not make further attempts

10. STARTING HEIGHTS IN STATE FINALS

	Boys	Girls
12 – 13 Years	1.35 m	1.25 m
14 Years	1.40 m	1.30 m
15 Years	1.45 m	1.35 m
16 Years	1.50 m	1.35 m
17 Years	1.55 m	1.40 m
18 – 20 Years	1.60 m	1.40 m

*Rises in 5cm
until two competitors remain.
The two remaining athletes
may agree between
themselves the increase
in height.*

SUGGESTED STARTING HEIGHTS IN DIVISION AND REGION EVENTS

	Boys	Girls
12 – 13 Years	120 cm	110 cm
14 Years	125 cm	115 cm
15 Years	130 cm	120 cm
16 Years	135 cm	120 cm
17 Years	140 cm	125 cm
18 – 20 Years	145 cm	125 cm

Recommended: 5 cm rises as
above

The starting heights for Division and Region competitions are suggestions only. If you find it necessary to lower or raise the starting height, this can be done. The starting height cannot be lower than the height of the landing area.

Bar rises are recommendations only, but should not be less than 3 cm.

RESOLVING TIES

- The competitor with the lowest number of attempts at the height at which the tie occurs (i.e. the last height cleared) shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared will be awarded the higher place.
- If the tie still remains the competitors shall be awarded the same place in the competition.

There will be no jump offs at the State Championships.

A jump off may be required at Division and/or Region competitions if a tie remains for first place. This jump off is for advancement to the next level of competition only. Only those involved in the tie need jump off.

Example:-

	1.35 m	1.40 m	1.45 m	1.50 m	1.55 m	1.60 m	1.65 m	Failures	Place
Forsyth	-	X O	O	X O	-	X X O	X X X	4	= 2
Fosbury	O	O	O	X -	X O	X X O	X X X	4	= 2
Inverarity	O	-	-	X X O	X X O	X O	X X X	5	1
Peckham	O	O	X -	O	X X O	X X O	X X X	5	4

['O' = Cleared the height 'X' = Failed to clear the height '-' = Passed]-



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

JAVELIN - OFFICIALS INSTRUCTIONS

GENERAL INSTRUCTIONS

1. Each event should start at the designated time. Try to ensure completion of each event within the time allocated.
2. Check the names and school of each competitor on the recording sheet for each event. Competitors will be called to throw in the order designated on the event sheet, except where they must leave to compete in another event. Track events will not be held up for competitors at field events. It is permissible for competitors to take their attempts out of order and consecutively, if necessary.
3. Competitors must return to the field event prior to the advertised starting time of the next event or they will forfeit their remaining attempts.
4. Competitors are expected to be dressed in approved athletic uniforms or track pants.
5. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

1. Each competitor receives 3 attempts.
2. The final placings will be decided from all attempts.
3. The javelin must be held with one hand at the binding. It must be thrown over the shoulder or the upper part of the throwing arm. It must be neither slung nor hurled.
4. The metal head of the javelin must strike the ground first, before any other part of the javelin, within the marked sector. The javelin does not have to stick in the ground or leave a mark.
5. A throw is a failure if:-
 - a. the thrower touches any part of their body on the runway lines, front arc or the ground outside these. The competitor must not leave the runway until the javelin has landed and only from the behind the arc;
 - b. the tip of the javelin does not strike the ground first.
 - c. the competitor runs on or outside the runway lines.
 - d. the javelin does not land fully within the sector (the sector tape is OUT)
 - e. takes longer than the specified time below to commence the attempt
6. Time allowed for each trial including consecutive attempts:

Event	All Throws
More than 3 Competitors start in the competition	1 min
2 or 3 Competitors start the competition	1 min
Consecutive Trials	2 mins

7. If a competitor is required to take consecutive throws eg when returning from another event, then the time allowed for consecutive attempts is 2 minutes.
8. Providing there has been no infringement, a competitor is permitted to re-start their throw within the time allowed to take their trial. The time clock will not be re-started.
9. Make sure the throw area is clear of any danger. Javelins must be carried back, not thrown.
10. In measuring, the zero of the tape is placed on the nearer edge of the mark made by the shot and the tape is taken to the nearest edge of the arc. The distance is read from the inside edge of the white arc. The distance is taken in metres and to the nearest centimetre equal to or below the distance thrown.
11. The longest throw of each competitor is used to work out their placings. In the event of a tie, the next best throw of the tied competitors will determine the placings.

IMPLEMENT WEIGHTS

These can be found on the SSV Website. [Click here](#) for the Specifications.



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

LONG JUMP - OFFICIAL'S INSTRUCTIONS

GENERAL INSTRUCTIONS

1. Each event should start at the designated time. Try to ensure completion of each event within the time allocated.
2. Check the names and school of each competitor on the recording sheet for each event. Competitors will be called to jump in the order designated on the event sheet, except where they must leave to compete in another event. Track events will not be held up for competitors at field events. It is permissible for competitors to take their attempts out of order and consecutively, if necessary.
3. Competitors are expected to be dressed in approved athletic uniforms or track pants.
4. Maximum spike length is 7 mm at Lakeside Stadium. For Division and Region competitions, this should be checked with the competition venue management.
5. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

1. Each competitor receives 3 attempts.
2. The final placings will be decided from all attempts.
3. Competitors may use two runway markers which can be tape or a moveable object.
4. A jump is a failure if:
 - a) any part of the foot goes over the front line of the take-off board whether running up without jumping or in the act of jumping.
 - b) the competitor after landing walks back through the landing area.
 - c) the competitor employs any form of somersaulting.
 - d) takes longer than the time specified below to commence their attempt.

Time allowed for each trials including consecutive attempts:

Event	Long/Triple Jumps
More than 3 Competitors start the competition	1 min
2 or 3 Competitors start the competition	1 min
Consecutive Trials	1 min

5. If a competitor is required to take consecutive jumps eg when returning from another event, then the time allowed for consecutive attempts is 2 minutes
6. The sand in the landing area should be raked level before every jump.
7. A jump is measured from the nearest break made in the landing area by any part of the competitor's body. Measurement is up to the front line of the take off board (i.e. nearest the pit) and at right angles to it. Distances are measured in metres and to the nearest cm below the distance jumped.
8. The competitor with the longest jump will be judged the winner. In the event of a tie, the next best jump of the tied competitors will determine the placings.

MULTI CLASS ATHLETES

1. All the above rules apply to Multi Class (MC) competitions and athletes.
2. Multi Class athletes with certain classification are permitted to take off from the edge of the runway. A temporary board of white tape will be put down for this purpose. Please verify the classes eligible with the Referee or the SSV Coordinator
3. Multi Class athletes are permitted to have ONE carer accompany them through the Call Room to the event site. The carer must be wearing a distinguishing vest and should sit separately from the athletes. Officials should use their discretion if a young athlete needs their carer (usually a parent) to sit with them.
4. The carer is under the control of the Official conducting the event at all times. The carer is there to assist the athlete with placement on the runway and, if necessary, exiting the pit.
UNDER NO CIRCUMSTANCES IS THE CARER PERMITTED TO COACH WHILST ON THE FIELD OF PLAY.
5. The results for Multi Class events will be based on percentages from the current Multi Disability Standard Tables. These will be calculated by the Administration Delegate at the State Championships and the relevant SSV Coordinator at lower levels of competition.



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

RELAY CHANGEOVER UMPIRES

BEFORE EACH RACE

1. Competitors will come directly to the Change Over Zone from the Call Room.
2. Until placed in lanes, competitors marshalling should occur outside lane 8
3. The Change Over Zone is 30 m designated by yellow 'ticks'. Competitors are placed in their starting positions in their lanes **INSIDE** the first yellow line. They are not permitted to start running from outside the Change Over Zone.
4. Competitors must be placed in the lanes as indicated on the marshalling card unless directed otherwise by the Track Referee.
5. If a team is not present then leave that lane empty.
6. Check that competitors are listed on the marshalling team sheets, if not contact the Track Referee
7. A competitor may use **ONE** check marker that must be placed inside the white line of their lane
8. When requested, either by raising a white flag or giving a 'Ready at Changeover x' over the two way radio, indicate when all competitors are ready in their lanes.

DURING THE RACE

1. Position yourself and assistants, so that you have a clear view of the Change Over Zone. At least one person should be able to see the start of each Change Over Zone. At least one person should be able to see the end of each Change over Zone.
2. You are watching for the following infringements of the rules:
 - The outgoing runner starts running **BEFORE** the 30m Change Over Zone
 - Passing the baton, including the first touch of the baton by the outgoing runner, is clearly outside the the Change Over Zone.
Note: It is the baton that must be passed within the Change Over Zone. The runner may be outside the Zone with their arm extending inside the Zone.
 - Running outside the team's lane in such a way as it causes interference to another team or shortens the distance run.
 - Dropping the baton during the changeover and not picked up by the runner who drops it. The runner must continue the pass or the race from where the baton was dropped
If the baton is dropped during the process of passing it, the incoming runner must pick it up and pass it to the outgoing runner from where it was dropped

AFTER EACH RACE

1. After all teams have passed and there has been no infringements, either by raising a white flag or giving an 'All clear at changeover x' over the two way radio.
2. If you believe, or if you are unsure, there has been an infringement of the rules, raise a red flag or give 'Infringement at changeover x' over the two way radio. The Track referee will the ask you for:
 - The lane/school
 - The infringement

The Track Referee will make the decision on whether a disqualification is warranted

As soon as each race is finished, clear the competitors from the track and place the competitors in their lanes for the next race.



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

SHOT PUT - OFFICIAL'S INSTRUCTIONS

GENERAL INSTRUCTIONS

1. Each event should start at the designated time. Try to ensure completion of each event within the time allocated.
2. Check the names and school of each competitor on the recording sheet for each event. Competitors will be called to throw in the order designated on the event sheet, except where they must leave to compete in another event. Track events will not be held up for competitors at field events. It is permissible for competitors to take their attempts out of order and consecutively, if necessary.
3. Competitors are expected to be dressed in approved athletic uniforms or track pants.
4. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

1. Each competitor receives 3 attempts.
2. The final placings will be decided from all attempts.
3. The competitor must begin his/her put from a stationery position. Only one hand may be used and this hand must not drop below its starting position throughout the putting action. The shot shall be put from the shoulder, chin or neck and must not be brought behind the plane of the shoulders.
4. The throw is a failure if:
 - a. After commencing the action, the thrower touches with any part of the body either the top of the ring bounding the circle, the top or edge of the stop board or the ground beyond it. This rule remains in force while the shot is in flight.
 - b. The throwing hand drops below its starting position
 - c. Leaves the circle before the shot has landed
 - d. The implement does not land fully within the sector (the sector tapes are OUT)
 - e. Does not leave the circle from the back half of the circle
 - f. Takes longer than the time specified below to commence their attempt.
7. Time allowed for each trial including consecutive attempts:

Event	All Throws
More than 3 Competitors start in the competition	1 min
2 or 3 Competitors start in the competition	1 min
Consecutive Trials	2 mins

7. Providing there has been no infringement, a competitor is permitted to re-start their throw within the time allowed to take their trial. The time clock will not be re-started.
8. In measuring, the zero of the tape is placed on the nearer edge of the mark made by the shot and the tape is taken through the centre of the putting circle. The distance is read from the inside edge of the step board. The distance is taken in metres and to the nearest centimetre below the distance put.
9. The longest throw of each competitor is used to work out their placings. In the event of a tie, the next best put of the tied competitors will determine the placings.

MULTI CLASS ATHLETES

1. All the above rules apply to Multi Class (MC) competitions and athletes.
2. Multi Class athletes must throw the implement weight that corresponds to their age and their classification. See Implement Weights link below.
3. Multi Class athletes are permitted to have ONE carer accompany them through the Call Room to the event site. The carer must be wearing a distinguishing vest and should sit separately from the athletes. Officials should use their discretion if a young athlete needs their carer (usually a parent) to sit with them.
4. The carer is under the control of the Official conducting the event at all times. The carer is there to assist the athlete with entry, correct placement and exit of the circle. **UNDER NO CIRCUMSTANCES IS THE CARER PERMITTED TO COACH WHILST ON THE FIELD OF PLAY.**
5. The results for Multi Class events will be based on percentages from the current Multi Disability Standard Tables. These will be calculated by the Administration Delegate at the State Championships and the relevant SSV Coordinator at lower levels of competition.

IMPLEMENT WEIGHTS

These can be found on the SSV Website. [Click here](#) for the Specifications.



SCHOOL SPORT VICTORIA

STATE TRACK & FIELD FINALS

TRIPLE JUMP - OFFICIALS INSTRUCTIONS

GENERAL INSTRUCTIONS

1. Each event is to start at the designated time. Try to ensure completion of each event within the time allocated.
2. Check the names and school of each competitor on the recording sheet for each event. Competitors will be called to jump in the order designated on the event sheet, except where they must leave to compete in another event. Track events will not be held up for competitors at field events. It is permissible for competitors to take their attempts out of order and consecutively, if necessary.
3. Competitors are expected to be dressed in approved athletic uniform.
4. Maximum spike length is 7 mm at Lakeside Stadium. For Division and Region competitions, this should be checked with the competition venue management.
5. Triple Jump Boards available for competition at the State Championships will be the 5m, 7m, 9m, 11m and 13 m Boards only.
6. At the completion of each event send the Presentation Slip and the first three place-getters to the presentation area. The signed results sheet must be taken to the administration room.

RULES

1. Each competitor receives 3 attempts.
2. The top 8 competitors at the conclusion of Round 3 will receive a further 1 attempt.
3. The final placings will be decided from all attempts.
4. Competitors may use two runway markers which can be tape or a moveable object.
5. A jump is a failure if:
 - a. Any part of the foot goes over the front line of the take-off board whether running up without jumping or in the act of jumping.
 - b. The competitor after landing walks back through the landing area.
 - c. The competitor does not complete the sequence in the prescribed order
 - d. The competitor does not complete the hop and step on the runway
 - e. Takes longer than the time specified below to commence the attempt
6. A triple jump comprises a hop, step and jump sequence:
 - a. for the hop the competitor must land on the same leg as was used to take off from.
 - b. for the step the competitor must land on the opposite foot from the take off foot.

Note: It is no longer a foul for the "sleeping leg" to touch the ground during the triple jump action.
7. Time allowed for each trials including consecutive attempts:

Event	Long/Triple Jumps
More than 3 Competitors start the competition	1 min
2 or 3 Competitors start the competition	1 min
Consecutive Trials	1 min

8. If a competitor is required to take consecutive jumps eg when returning from another event, then the time allowed for consecutive attempts is 2 minutes
9. The sand in the landing area should be raked level before every jump.
10. A jump is measured from the nearest break made in the landing area by any part of the competitor's body. Measurement is up to the front line of the take off board (nearest the pit) and at right angles to it. Distances are measured in metres and to the nearest cm below the distance jumped.
11. The competitor with the longest jump will be judged the winner. In the event of a tie, the next best jump of the tied competitors will determine the placings.



SCHOOL SPORT VICTORIA

VOLLEYBALL – SECONDARY

Proudly supported by Volleyball Victoria

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

Match Format: For Regions and Division match format, please consult the relevant page on the SSV website or contact the relevant Coordinator.

State Format: Split Round Robin, Cross-Over Semi Finals, Final.

State Match Schedule: There will be a Pre-Championships Briefing for all teams prior to the first round of matches
See the Volleyball Draw, on the SSV website, for the Match Schedule

State Match Format: All matches will be played as the best of three, rally point sets. The first two sets will be played to 20 points with a two-point advantage. The third set, if played, will be played to 15 points with a two-point advantage.

There will not be a time limit imposed on matches, however, warmups will be restricted to 5 minutes.

Prior to the start of each set, coaches must provide the scorers with names, numbers and positions of players in the starting line-up.

Rules relating to the number of substitutes and the manner of making same will be enforced.

State Round Robin Winner: Points will be allocated for Round Robin matches as follows: 4 points for a win, 2 points for a draw and 0 for a loss.

If, at the end of the round robin, two teams are equal on matches won, then the winner of their face-to-face match will be declared the winner.

If more than two teams are equal on matches won, then the winner will be determined by set percentage (sets for / sets for + sets against) against the other tied teams, then on points percentage (points for / points for + points against) against the other tied teams.

Conditions: See the School Sport Victoria's 'General Conditions of Competition'. All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct' and the 'Participant Behaviour Policy'.

A girl cannot play in a girls' team and a boys/mixed team in the same sport.

The level of competition chosen by a student at Division level remains binding through to Region and State levels.

Team Size: A maximum of fifteen (15) players may be used in one day.

Six (6) players are to be named for each game. Teams may nominate a libero player for each set and still have 12 substitutions to choose from (12 subs can be made).

Only fifteen (15) SSV medallions plus one (1) for the team coach will be awarded to placegetters.

Extra medallions will NOT be available.

Rules: Volleyball is conducted under the FIVB (Fédération Internationale de Volleyball) rules, unless otherwise stated.

Net Heights:	Senior Boys	2.43 m	Senior Girls	2.24 m
	Intermediate Boys	2.35 m	Intermediate Girls	2.15 m
	Year 8 Boys	2.24 m	Year 7 & 8 Girls	2.10 m
	Year 7 Boys	2.10 m		

Officials: First referees will be provided at the State Final.

Duty Requirements: All participating teams will be assigned match duties during the day. Duty teams are required to provide:

- The second (net) referee; with a whistle.
- Two competent scorers.
- Two lines-people.

Teams have 'duty' during their 'byes' so that 'duty' can be carried out by team members.

Duty – Finals: **Non-finalists will be required to carry out duty in the Semi-Finals.**
Losing semi-finalists will be required to carry out duty in the Final.

Dress: All team members must be attired in uniform shirts and uniform shorts. Shirts must have clearly visible numbers on both the front and back.
A libero, if used, must wear a contrasting shirt.
For each player incorrectly dressed the side will be penalised one point per set.

Lateness Penalty: If a team is late for the start of their match for reasons beyond their control and the team communicates with the convener, then the convener will try to accommodate the team as best he/she can.

If a team is 10 min late without notice or communication **or** in the convener's opinion their lateness makes the draw impracticable, then they will forfeit the first set 20-0. This continues for each 10 min.

Equipment to Bring: Each team is to provide:

- one match leather volleyball
- Match balls (Mikasa MVA 200s) for the State Finals will be provided; teams will need to provide their own practice balls.
- a towel
- a first aid kit - Competing schools are responsible for ensuring that reasonable provision is made for the treatment of injuries. All schools participating in SSV Team Sports final are required to bring their own applicable first aid kit (appropriate to the location as there is potential for sporting activities to be some distance away from emergency services) – For more detailed information: [First Aid for Students & Staff](#) & [First Aid Kit Contents Checklist](#).
- Sports Tape **MUST** be supplied by the student/competing team. Strapping for injury prevention as required **MUST** be performed by the student/competing team. NB. The First Aid Responder attending the state finals are **NOT** permitted to perform strapping.

REMINDER: Teams will be assigned match duties during the day. Please check with the Convener upon arrival (see above)

NOTE: An up-to-date team sheet must be handed to the convener on the day of competition. This team sheet must include players' uniform numbers.



VOLLEYBALL SCORE SHEET

Primary / Year 7 / Year 8 / Intermediate / Senior

Boys / Boys/Mixed / Girls

SET 1	A					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET 1	B					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET 2	B					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET 2	A					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET 3	A					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET 3	B					S R	Points
I	II	III	IV	V	VI		1 11 21
							2 12 22
							3 13 23
							4 14 24
							5 15 25
							6 16 26
							7 17 27
							8 18 28
							9 19 29
							10 20 30
"T"	:	:					

SET RESULTS	'A'	'B'
SET 1		
SET 2		
SET 3		


MATCH RESULT	'A'	'B'
SETS WON		
POINTS WON		


WINNING TEAM:	
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Signatures:


Captain of 'Team A'


Captain of 'Team B'


		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:


		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:


		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:

		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:

		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:

		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:

		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign:

		
Team:		Set:
IV	III	II
V	VI	I
Libero (#):		Coach Sign: